



# Helping HANDS

JULY / AUGUST 2022

A Publication of the HANDS Foundation

HELPING TO ASSIST AND INFORM OLDER ADULTS AND SENIORS IN MEDINA COUNTY

## SENIOR DAY 2022!

78 EXHIBITORS AND OVER 540 ATTENDED  
POPULAR EVENT AT THE FAIRGROUNDS ON MAY 17.



The Medina County Office for Older Adults (MCOOA) 2022 Senior Day was a smashing success! Seniors attended the expo and joined staff, volunteers and 78 exhibitors to have a wonderful time. The Roaring 20s was the theme for this year's event which was held Tuesday, May 17.

While last year's drive-thru event saw over 300 seniors attend, over 540 attended this year's event which returned to inside the Community Center at the Medina County Fairgrounds. Attendees received a boxed lunch provided by Honey Baked Ham.

Commissioner Bill Hutson read a resolution proclaiming May 2022 as Older Americans Month and May 17, 2022 as Senior Day in Medina County.

### THE PROCLAMATION READ:

"WHEREAS, Medina County, Ohio, includes a growing number of older Americans who contribute their strength, wisdom, and experience to our community;...

CONTINUED ON NEXT PAGE ►



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A PUBLICATION OF THE HANDS FOUNDATION  
HANDS Across Medina County Foundation  
P.O. Box 868 | Brunswick, Ohio | 44212  
Visit us on the Web: [HANDS-Foundation.org](http://HANDS-Foundation.org)



# SENIOR DAY

>> CONTINUED FROM FRONT PAGE



and “WHEREAS, communities benefit when people of all ages, abilities, and backgrounds are welcomed, included, and supported; and

“WHEREAS, the Medina County Board of Commissioners and Office for Older Adults recognize our need to create a community that provides the services and supports older Americans’ need to thrive and live independently for as long as possible;

and “WHEREAS, the Medina County Board of Commissioners and Office for Older Adults can work to build an even better community for our older residents by:

- Planning programs that encourage independence;
- Ensuring activities are responsive to individual needs and preferences; and
- Increasing access to services that support aging in place.

“NOW, THEREFORE, BE IT RESOLVED that we, the Board of Commissioners of Medina County, Ohio, do hereby proclaim May 2022 to be Older Americans Month, and May 17, 2022 to be Senior Day in Medina County. We urge every resident to recognize the contributions of our older citizens, help to create an inclusive society, and join efforts to support older Americans’ choices about how they age in their communities.”



MCOOA staff and volunteers.  
LEFT: Marine Corps Color Guard League Randy Schmidt, John Dague and Jake Forster presented the flag and led the Pledge of Allegiance.



A packed crowd checking out all of the exhibitors.



Lisa Bertok and Camille Patera having lots of fun!



Joan Weigel and Sally Gardner at the raffle table.



Brunswick Activity Coordinator, Darlene Jarvis handing out materials to attendees.

## HANDS FOUNDATION

Mailing ..... P.O. Box 868 • Brunswick, OH 44212  
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Web ..... HANDS-Foundation.org  
Email ..... OfficeHandsFound@aol.com

## BOARD MEMBERS/STAFF

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**Ad & Article Deadline for SEPT / OCT Issue: 8/12/22**

## GET ON OUR MAILING LIST

If you would like to get on our mailing list, please contact Liz Murphy at the HANDS Foundation office at:  
**330-225-4242**  
Tues, Wed, Thurs, 9:30 am - 12:30 pm  
or by email at: OfficeHandsFound@aol.com

# Exclusive Living

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Joanne Meincke (MCOOA Media/Activity Supervisor) and Jenny Kiouis (Medina Activity Coordinator)



Medina Senior and Adult Foundation Board Members, Mary Meli and Mishalene Wasmer.



County Transit driver Ken Schulz with his wife Teri.



Medina County Auditor, Mike Kovack with Community Relations Coordinator, Sue Pappas.



Dianne Madonna.



I LOVE  
SENIOR  
DAY!

## 5-Star Rated PPO Plans from Medicare Advisors of Ohio

319 SOUTH COURT | MEDINA

Medicare <sup>OF</sup>  
Advisors *Ohio*



## Switch to Ohio's Only 5-Star Rated PPO Plan for Individuals

MedMutual Advantage PPO® plans include everything you need in one plan—hospital, medical, prescription drug, dental, vision and hearing coverage, plus a SilverSneakers® fitness membership at no additional cost. You'll be able to access care anywhere, even when traveling.

Our plans include benefits such as:

\$0

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STARS FOR 2022



Medical Mutual's PPO plans are the only PPO plans for individuals in Ohio to receive **5 out of 5 stars** — Medicare's highest rating — for 2022. You can enroll today through a 5-Star Special Enrollment Period.



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Tami Glover  
330-247-4111 (TTY: 711)  
tami@maohio.com

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\*Plan features may vary by location and plan type. MedMutual Advantage plans are HMO and PPO plans offered by Medical Mutual of Ohio with a Medicare contract. Enrollment in a MedMutual Advantage plan depends on contract renewal. Every year, Medicare evaluates plans based on 5-star rating system. SilverSneakers is a registered trademark of Tivity Health, Inc. Medical Mutual of Ohio complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. ©2022 Medical Mutual of Ohio. Medical Mutual is a registered trademark of Medical Mutual of Ohio.

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MEDINA  
SQUARE  
FARMERS  
MARKET



Opens May 14!

Saturday mornings, 9am-1pm  
May 14-October 15, 2022  
Medina Public Square



Sponsored by:



With additional support from:





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <div> <h1>July 2022</h1> <p>Medina County Office for Older Adults</p> <p>Activities subject to change * = Fee required • Z = Zoom Class</p> <p>www.mcooa.org</p> </div>				
<b>4</b>  <p><b>MCOOA OFFICE CLOSED</b></p>	<b>5 BILLIARDS ALL DAY</b> 9:00 Edwina's Exercise 10:00 Edwina's Exercise 11:30 Lunch 12:00 14 - Card Game 12:30 Veteran's Lunch 12:30 Ukulele Lessons 1:00 Hook Nook	<b>6 BILLIARDS ALL DAY</b> 9:30 Bingo - LifeCare - Z 10:00 Painting 11:00 Lunch/Learn - Brunswick Pointe "You need skilled nursing, now what?" 12:00 Pinochle 1:00 Chair Yoga w/Lisa* 5:00 Tai Chi*	<b>7 BILLIARDS ALL DAY</b> 9 & 10 Edwina's Exercise 10:00 BP Screening 11:30 Lunch 12:00 Euchre 12:30 Hand & Foot 1:00 Parkinson's Support 1:00 Watercolors 2:30 BalloFlex*	<b>8 BILLIARDS ALL DAY</b> 9:30 Bingo-Broadway Creek - Z 10:45 Let's Get Strong w/Lisa* 11-1 <b>PICNIC ON THE PATIO</b> w/John & Kate* 12:00 Pinochle
<b>11 BILLIARDS ALL DAY</b> 9:30 Chair Yoga w/Jackie 10:30 BalloFlex* 11:30 Lunch* 12:00 Bridge 1:00 Line Dancing 1:00 Mahjong	<b>12 BILLIARDS ALL DAY</b> 9:00 Edwina's Exercise 10:00 Edwina's Exercise 10:00 Lilly's Acrylic Class* 11:30 Lunch 12:00 14 - Card Game 12:30 Veteran's Lunch 12:30 Ukulele Lessons 1:00 Hook Nook	<b>13 BILLIARDS ALL DAY</b> 9:30 Bingo - Devoted - Z 10:00 Painting 11:00 Lunch/Learn - OSU Ext Ofc "Wits & Wisdom Part 3" 12:00 Pinochle 1:00 Chair Yoga w/Lisa* 5:00 Tai Chi*	<b>14 BILLIARDS ALL DAY</b> <b>HOLLYWOOD GAMING TRIP</b> 9 & 10 Edwina's Exercise 10:00 Guided Autobiography 11:30 Lunch 12:00 Euchre 12:30 Hand & Foot 1:00 Jammers Jam Session 1:00 Watercolors 2:30 BalloFlex*	<b>15 BILLIARDS ALL DAY</b> 9:30 Bingo - Samaritan 10:45 Let's Get Strong w/Lisa* 11:00 Leo's Jammers Concert 11:30 Lunch* 12:00 Pinochle
<b>18 BILLIARDS ALL DAY</b> 9:30 Chair Yoga w/Jackie 10:30 BalloFlex* 11:30 Lunch* 12:00 Bridge 1:00 Line Dancing 1:00 Mahjong	<b>19 BILLIARDS ALL DAY</b> 9:00 Edwina's Exercise 10:00 Edwina's Exercise 11:30 Lunch 12:00 14 - Card Game 12:30 MOVIE: Coda 12:30 Veteran's Lunch 12:30 Ukulele Lessons 1:00 Hook Nook	<b>20 BILLIARDS ALL DAY</b> 9:30 Bingo - Willowood - Z 10:00 Painting 11:00 Lunch/Learn - Medina Cty Parks "Birds of Medina Cty" 12:00 Pinochle 1:00 Chair Yoga w/Lisa* 1:00 Friends 'n Focus 5:00 Tai Chi*	<b>21 BILLIARDS ALL DAY</b> 9 & 10 Edwina's Exercise 10:00 BP Screening 10:00 Guided Autobiography 11:30 Lunch 12:00 Euchre 12:30 Hand & Foot 1:00 Watercolors 2:30 BalloFlex*	<b>22 BILLIARDS ALL DAY</b> 9:30 Bingo-Echelon - Z 10:45 Let's Get Strong w/Lisa* 11-1 <b>PICNIC ON THE PATIO</b> w/Holly Prather* 12:00 Pinochle
<b>25 BILLIARDS ALL DAY</b> 9:30 Chair Yoga w/Jackie 10:30 BalloFlex* 11:30 Lunch* 12:00 Bridge 1:00 Line Dancing 1:00 Mahjong	<b>26 BILLIARDS ALL DAY</b> 9:00 Edwina's Exercise 10:00 Edwina's Exercise 11:30 Lunch 12:00 14 - Card Game 12:30 Veteran's Lunch 12:30 Ukulele Lessons 1:00 Hook Nook	<b>27 BILLIARDS ALL DAY</b> <b>RABBIT RUN THEATER TRIP</b> 9:30 Bingo - Summa - Z 10:00 Painting 11:00 Lunch/Learn-Brookdale "Dealing with Diabetes" 12:00 Pinochle 1:00 Chair Yoga w/Lisa* 5:00 Tai Chi*	<b>28 BILLIARDS ALL DAY</b> 9 & 10 Edwina's Exercise 10:00 Guided Autobiography 11:30 Lunch 12:00 Euchre 12:30 Hand & Foot 1:00 Watercolors 2:30 BalloFlex*	<b>29 BILLIARDS ALL DAY</b> 9:30 Bingo - Z 10:45 Let's Get Strong w/Lisa* 11:00 Lunch/Learn - Footsteps World Travel "Discovering Italy"* 12:00 Pinochle

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1 BILLIARDS ALL DAY</b> 9:30 Chair Yoga w/Jackie 10:30 BalloFlex* 11:30 Lunch* 12:00 Bridge 1:00 Line Dancing 1:00 Mahjong	<b>2 BILLIARDS ALL DAY</b> 9:00 Edwina's Exercise 10:00 Edwina's Exercise 11:30 Lunch 12:00 14 - Card Game 12:30 Veteran's Lunch 12:30 Ukulele Lessons 1:00 Hook Nook	<b>3 BILLIARDS ALL DAY</b> 9:30 Bingo - Life Care - Z 10:00 Painting 11:00 Lunch/Learn Area Pro's "Do's and Don'ts of Downsizing" 12:00 Pinochle 1:00 Chair Yoga w/Lisa* 5:00 Tai Chi*	<b>4 BILLIARDS ALL DAY</b> 9 & 10 Edwina's Exercise 10:00 BP Screening 10:45 Nutrition Class 11:30 Lunch 12:00 Euchre 12:30 Hand & Foot 1:00 Parkinson's Support 1:00 Watercolors 2:30 BalloFlex*	<b>5 BILLIARDS ALL DAY</b> 9:30 Grocery Bingo - Z 10:45 Let's Get Strong w/Lisa* 11-1 <b>PICNIC ON THE PATIO</b> w/Greg Crowe* 12:00 Pinochle
<b>8 BILLIARDS ALL DAY</b> 9:30 Chair Yoga w/Jackie 10:30 BalloFlex* 11:30 Lunch* 12:00 Bridge 1:00 Line Dancing 1:00 Mahjong	<b>9 BILLIARDS ALL DAY</b> <b>GREEKTOWN CASINO TRIP</b> 9:00 Edwina's Exercise 10:00 Edwina's Exercise 11:30 Lunch 12:00 14 - Card Game 12:30 Veteran's Lunch 12:30 Ukulele Lessons 1:00 Hook Nook	<b>10 BILLIARDS ALL DAY</b> 9:30 Bingo - Devoted - Z 10:00 Painting 11:00 Lunch/Learn - Senior Care Authority/HMC Hospice "Mindfulness Matters" 12:00 Pinochle 1:00 Chair Yoga w/Lisa* 1-3:00 Ask an Attorney 5:00 Tai Chi*	<b>11 BILLIARDS ALL DAY</b> 9 & 10 Edwina's Exercise 10:45 Nutrition Class 11:30 Lunch 12:00 Euchre 12:30 Hand & Foot 1:00 Jammers Jam Session 1:00 Watercolors 2:30 BalloFlex*	<b>12 BILLIARDS ALL DAY</b> 9:30 Bingo - Broadway Creek - Z 10:45 Let's Get Strong w/Lisa* 11:00 Jolly Jammers Concert 11:30 Lunch* 12:00 Pinochle
<b>15 BILLIARDS ALL DAY</b> 9:30 Chair Yoga w/Jackie 10:30 BalloFlex* 11:30 Lunch* 12:00 Bridge 1:00 Line Dancing 1:00 Mahjong	<b>16 BILLIARDS ALL DAY</b> 9:00 Edwina's Exercise 10:00 Edwina's Exercise 11:30 Lunch 12:00 14 - Card Game 12:30 Veteran's Lunch 12:30 MOVIE: Minari 12:30 Ukulele Lessons 1:00 Hook Nook	<b>17 BILLIARDS ALL DAY</b> 9:30 Bingo - Willowood - Z 10:00 Painting 11:00 Lunch/Learn-OSU Ext Ofc "Wits & Wisdom Part 4" 12:00 Pinochle 12:00 Friends 'n Focus Grp. 1:00 Chair Yoga w/Lisa* 5:00 Tai Chi*	<b>18 BILLIARDS ALL DAY</b> <b>CANTEENS, CARRIAGES &amp; COLLECTIONS TRIP</b> 9 & 10 Edwina's Exercise 10:00 BP Screening 10:45 Nutrition Class 11:30 Lunch 12:00 Euchre 12:30 Hand & Foot 1:00 Watercolors 2:30 BalloFlex*	<b>19 BILLIARDS ALL DAY</b> 9:30 Bingo - Samaritan - Z 10:45 Let's Get Strong w/Lisa* 11-1 <b>PICNIC ON THE PATIO</b> <b>LUAU</b> w/Scott Sopata* 12:00 Pinochle
<b>22 BILLIARDS ALL DAY</b> 9:30 Chair Yoga w/Jackie 10:30 BalloFlex* 11:30 Lunch* 12:00 Bridge 1:00 Line Dancing 1:00 Mahjong	<b>23 BILLIARDS ALL DAY</b> 9:00 Edwina's Exercise 10:00 Edwina's Exercise 11:30 Lunch 12:00 14 - Card Game 12:30 Veteran's Lunch 12:30 Ukulele Lessons 1:00 Hook Nook	<b>24 BILLIARDS ALL DAY</b> 9:30 Bingo - Z 10:00 Painting 11:00 Lunch/Learn - Humana "Tech 101" 12:00 Pinochle 1:00 Chair Yoga w/Lisa* 5:00 Tai Chi*	<b>25 BILLIARDS ALL DAY</b> 9 & 10 Edwina's Exercise 11:30 Lunch 12:00 Euchre 12:30 Hand & Foot 1:00 Watercolors 2:30 BalloFlex*	<b>26 BILLIARDS ALL DAY</b> 9:30 Bingo-Echelon - Z 11:00 MCOOA ukulele band "The Silver Strings" Concert 11:30 Lunch* 12:00 Pinochle
<b>29 BILLIARDS ALL DAY</b> 9:30 Chair Yoga w/Jackie 10:30 BalloFlex* 11:30 Lunch* 12:00 Bridge 1:00 Line Dancing 1:00 Mahjong	<b>30 BILLIARDS ALL DAY</b> 9:00 Edwina's Exercise 10:00 Edwina's Exercise 11:30 Lunch 12:00 14 - Card Game 12:30 Veteran's Lunch 12:30 Ukulele Lessons 1:00 Hook Nook	<b>31 BILLIARDS ALL DAY</b> 9:30 Bingo - Z 10:00 Painting 11:00 Lunch/Learn - Brookdale "Exercise: Keep it Moving" 12:00 Pinochle 1:00 Chair Yoga w/Lisa* 5:00 Tai Chi*	<div> <h1>August 2022</h1> <p>Medina County Office for Older Adults</p> <p>Activities subject to change. Call to confirm</p>  </div>	

\*=Fee required • Z=Zoom class

# July

# CALENDAR

# MEDINA

# August

## OFFICE FOR OLDER ADULTS AND SENIOR CENTER MEDINA


246 Northland Drive  
330-723-9514 • 844-722-3800  
www.mcooa.org



**LAURA TOTH**  
LToth@medinaco.org

All Senior Center events are listed on the calendar day in which they occur. Any questions about specific events or other details can be directed to the Senior Center.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
See our upcoming July newsletter for a full list of programs and descriptions, available on our website: <a href="http://www.wadsworthcity.com/SopremaSeniorCenter">www.wadsworthcity.com/SopremaSeniorCenter</a>		<b>*PROGRAMS MARKED WITH AN * ARE IN PERSON AND ZOOM PLEASE RSVP FOR PROGRAMS</b>	Grilled specials at the Pavilion every Friday. See menu in Café. Come Enjoy!	<b>1</b> Mystery Game 10:00 Live Music in Pavilion w/ Steve Miracle 12:00 Make Me H.H. (Zoom) 12:00 Claire's Crafty Friends 12:00 Walking Track 12:00-2:00 Genealogy 2:00
<b>4</b>  Independence Day City Holiday/Center Closed	<b>5</b> Walking Track 10:00-12:00 Watercolor 10:00 Coupon Clippers 12:00 Euchre 12:30 General Caregivers Support * 1:00	<b>6</b> Gentle Exercise 10:00 Chess 11:00 Walking Track 12:00-2:00 Dominoes/Games 1:00	<b>7</b> Mah Jong 9:30 Walking Track 10:00-12:00 Bridge 11:00 Alzheimer's Caregivers Support* 1:00	<b>8</b> Summer Bingo 10:00 Live Music in Pavilion w/ Steve Miracle 12:00 Make Me H.H. (Zoom) 12:00 Claire's Crafty Friends 12:00 Walking Track 12:00-2:00 Genealogy 2:00
<b>11</b> Pinochle 10:00 Walking Track 12:00-2:00 Movie at Wads. Library 1:00 Coloring Club 1:00 Medicare 101 Hybrid* 3:00	<b>12</b> Crafts/Puzzles w/Windfall 10:00 Walking Track 10:00-12:00 Coupon Clippers 12:00 Table Talk with Dr. Patel *12:00 Euchre 12:30	<b>13</b> Summa Health Chat * 10:00 Chess 11:00 Walking Track 12:00-2:00 Poetry in Pavilion 12:30 Dominoes/Games 1:00 Laugh & Learn w/ Brookdale * 2:00 pm	<b>14</b> Mah Jong 9:30 Learn to Draw 10:00-11:30 Walking Track 10:00-12:00 Bridge 11:00 County Assistance (in person by appt.) 2:00 Wadsworth Library Fun 1:00	<b>15</b> Mystery Game 10:00 Live Music in Pavilion w/ Steve Miracle 12:00 Make Me H.H. (Zoom) 12:00 Claire's Crafty Friends 12:00 Walking Track 12:00-2:00 Genealogy 2:00
<b>18</b> Pinochle 10:00 Blood Press. Checks 11:00 Walking Track 12:00-2:00 Coloring Club 1:00	<b>19</b> Walking Track 10:00-12:00 Watercolor 10:00 Coupon Clippers 12:00 Euchre 12:30 Parkinson's Caregivers* 1:00	<b>20</b> Gentle Exercise 10:00 Chess 11:00 Walking Track 12:00-2:00 Poetry in Pavilion 12:30 Dominoes/Games 1:00	<b>21</b> Mah Jong 9:30 Walking Track 10:00-12:00 Bridge 11:00 Yoga and Balance 1:00 Virtual Bingo (Zoom) 1:00	<b>22</b> Summer Bingo 10:00 Live Music in Pavilion w/ Steve Miracle 12:00 Make Me H.H. (Zoom) 12:00 Claire's Crafty Friends 12:00 Walking Track 12:00-2:00 Genealogy 2:00
<b>25</b> Pinochle 10:00 Walking Track 12:00-2:00 Coloring Club 1:00 Cooking with Liberty 2:00	<b>26</b> Walking Track 10:00-12:00 Garden Chat *11:00 Coupon Clippers 12:00 Euchre 12:30 Tech Tuesday 1:00-3:00	<b>27</b> Gentle Exercise 10:00 Chess 11:00 Walking Track 12:00-2:00 Poetry in Pavilion 12:30 Dominoes/Games 1:00 CPR Grandparent/child 2:00 Hall of Fame 6:00	<b>28</b> Mah Jong 9:30 Learn to Draw 10:00-11:30 Walking Track 10:00-12:00 Bridge 11:00 Senior Book Club* 1:00 Grief Support 2:00	<b>29</b> Summer Bingo 10:00 CG Event 11:00 Make Me H.H. (Zoom) 12:00 Claire's Crafty Friends 12:00 Walking Track 12:00-2:00 Genealogy 2:00

JULY

OF  
EVENTS

# CALENDAR

# WADSWORTH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Pinochle 10:00 Blood Press. Checks 11:00 Walking Track 12:00-2:00 Coloring Club 1:00	<b>2</b> Walking Track 10:00-12:00 Watercolor 10:00 Coupon Clippers 12:00 Euchre 12:30 General Caregivers Support * 1:00	<b>3</b> Hearing Screenings 10:00-3:00 (in person, by appt.) Gentle Exercise 10:00 Chess 11:00 Walking Track 12:00-2:00 Poetry in Pavilion 12:30 Dominoes/Games 1:00 Therapy Dog intro 2:00	<b>4</b> Mah Jong 9:30 Sewing Seniors 9:30-11:00 Walking Track 10:00-12:00 Bridge 11:00 Alzheimer's Caregiver Support * 1:00	<b>5</b> Skin Checks 9:30-12:30 (in person, by appt.) Summer Bingo 10:00 Island Party in Pavilion w/Jim Gill's live music 12:00 Make Me H.H. (Zoom) 12:00 Claire's Crafty Friends 12:00 Walking Track 12:00-2:00 Genealogy 2:00
<b>8</b> Pinochle 10:00 Walking Track 12:00-2:00 Coloring Club 1:00 Movie at Wads. Library 1:00 Medicare 101 Hybrid * 3:00	<b>9</b> Walking Track 10:00-12:00 Crafts/Puzzles w/Windfall 10:00 Coupon Clippers 12:00 Table Talk with Dr. Patel *12:00 Euchre 12:30	<b>10</b> Gentle Exercise 10:00 Chess 11:00 Walking Track 12:00-2:00 Dominoes/Games 1:00 Laugh & Learn w/ Brookdale * 2:00	<b>11</b> Mah Jong 9:30 Learn to Draw 10:00 Walking Track 10:00-12:00 Bridge 11:00 Wadsworth Library Fun 1:00	<b>12</b> Summer Bingo 10:00 Make Me H.H. (Zoom) 12:00 Claire's Crafty Friends 12:00 Walking Track 12:00-2:00 Genealogy 2:00
<b>15</b> Pinochle 10:00 A Matter of Balance 10:00 Blood Press. Checks 11:00 Walking Track 12:00-2:00 Coloring Club 1:00	<b>16</b> Walking Track 10:00-12:00 Watercolor 10:00 Coupon Clippers 12:00 Euchre 12:30 Parkinson's Caregivers * 1:00	<b>17</b> Gentle Exercise 10:00 Chess 11:00 Walking Track 12:00-2:00 Dominoes/Games 1:00 Chats with Humana 1:00	<b>18</b> Mah Jong 9:30 Sewing Seniors 9:30-11:00 Walking Track 10:00-12:00 Bridge 11:00 Yoga and Balance 1:00 Virtual Bingo (Zoom) 1:00 County Assistance (in person by appt.) 2:00	<b>19</b> Summer Bingo 10:00 Make Me H.H. (Zoom) 12:00 Claire's Crafty Friends 12:00 Walking Track 12:00-2:00 Genealogy 2:00
<b>22</b> Pinochle 10:00 A Matter of Balance 10:00 Walking Track 12:00-2:00 Coloring Club 1:00 Cooking with Liberty 2:00	<b>23</b> Walking Track 10:00-12:00 Coupon Clippers 12:00 Garden Chat * 11:00 Euchre 12:30 Tech Tuesday 2:00-4:00	<b>24</b> Gentle Exercise 10:00 Chess 11:00 Walking Track 12:00-2:00 Healthy Living w/Humana* 1:00 Dominoes/Games 1:00	<b>25</b> Mah Jong 9:30 Learn to Draw 10:00 Walking Track 10:00-12:00 Bridge 11:00 Senior Book Club * 1:00 Grief Support 2:00	<b>26</b> Summer Bingo 10:00 Make Me H.H. (Zoom) 12:00 Claire's Crafty Friends 12:00 Walking Track 12:00-2:00 Genealogy 2:00
<b>29</b> Pinochle 10:00 A Matter of Balance 10:00 Walking Track 12:00-2:00 Coloring Club 1:00	<b>30</b> Walking Track 10:00-12:00 Coupon Clippers 12:00 Euchre 12:30	<b>31</b> Gentle Exercise 10:00 Chess 11:00 Walking Track 12:00-2:00 Dominoes/Games 1:00	<b>*PROGRAMS MARKED WITH AN * ARE IN PERSON AND ZOOM PLEASE RSVP FOR PROGRAMS</b>	See our newsletter for a full list of programs and descriptions, available on our website: <a href="http://www.wadsworthcity.com/SopremaSeniorCenter">www.wadsworthcity.com/SopremaSeniorCenter</a>

AUGUST

## SOPREMA SENIOR CENTER & CAFE WADSWORTH

617 School Drive  
Wadsworth, OH 44281  
330-335-1513



ssc@wadsworthcity.org

All Senior Center events are listed on the calendar day in which they occur. Any questions about specific events or other details can be directed to the Senior Center.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <h1>July 2022</h1>  <p>Activities subject to change. Call to confirm</p>				<b>1</b> 11:30 OOA Nutrition 12:30 Ladies Pinochle
<b>4</b>  <b>MCOOA OFFICE CLOSED</b>	<b>5</b> 8:00 Cards 10:00 Book Club 1:00 Bingo	<b>6</b> 9:00 Vintage Artists 10:00 Advisory Board 11:30 OOA Nutrition 12:00 Mah Jongg	<b>7</b> 8:00 Cards 11:30 Line Dance (Beg) 1:00 Bingo w/Altehmeim	<b>8</b> 11:30 OOA Nutrition 12:30 Ladies Pinochle
<b>11</b> 9:30 Art Critique Grp. 11:00 Lunch & Learn (prior sign up required) 11:15 Line Dance (Inter) 12:00 Mah Jongg	<b>12</b> 8:00 Cards 1:00 Bingo w/Crossroads Hospice	<b>13</b> 9:00 Vintage Artists 11:30 OOA Nutrition 12:00 Mah Jongg	<b>14</b> 8:00 Cards 8:30 <b>HOLLYWOOD GAMING TRIP</b> 11:30 Line Dance (Beg)	<b>15</b> 11:30 OOA Nutrition 12:30 Ladies Pinochle
<b>18</b> 11:00 Lunch & Learn (prior sign up required) 11:15 Line Dance (Inter) 12:00 Mah Jongg	<b>19</b> 8:00 Cards 12-1 Blood Pressure Checks-Danbury 1:00 Bingo	<b>20</b> 9:00 Vintage Artists 11:30 OOA Nutrition 12:00 Mah Jongg 1:00 OOA Benefits w/Sean	<b>21</b> 8:00 Cards 11:00 <b>"SUMMERTIME" PKG LOT BINGO</b> 11:30 Line Dance (Beg) 1:00 Ask an Attorney (appt only)	<b>22</b> 11:30 OOA Nutrition 12:30 Ladies Pinochle
<b>25</b> 11:00 Lunch & Learn (prior sign up required) 11:15 Line Dance (Inter) 12:00 Mah Jongg	<b>26</b> 8:00 Cards 1:00 Bingo w/Crossroads Hospice	<b>27</b> 9:00 Vintage Artists 11:30 OOA Nutrition 12:00 Mah Jongg 3:15 <b>RABBIT RUN THEATER TRIP</b>	<b>28</b> 8:00 Cards 11:30 Line Dance (Beg) 1:00 Bingo w/Pearlview	<b>29</b> 11:30 OOA Nutrition 12:30 Ladies Pinochle
SILVER SNEAKERS CLASSES ARE STILL AVAILABLE BUT SCHEDULE IS NOT FINALIZED IN TIME FOR PRINTING. PLEASE SEE REC CENTER FOR SCHEDULE				

# Y-C-J CALENDAR BRUNSWICK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <b>11:15</b> Line Dance (Inter) <b>12:00</b> Mah Jongg	<b>2</b> <b>8:00</b> Cards <b>10:00</b> Book Club <b>1:00</b> Bingo	<b>3</b> <b>9:00</b> Vintage Artists <b>10:00</b> Advisory Board <b>11:30</b> OOA Nutrition <b>12:00</b> Mah Jongg	<b>4</b> <b>8:00</b> Cards <b>11:30</b> Line Dance (Beg) <b>1:00</b> Bingo w/Altenheim	<b>5</b> <b>11:30</b> OOA Nutrition <b>12:30</b> Ladies Pinochle
<b>8</b> <b>9:30</b> Art Critique Grp. <b>11:00</b> Lunch & Learn (prior sign up required) <b>11:15</b> Line Dance (Inter) <b>12:00</b> Mah Jongg	<b>9</b> <b>8:00</b> <b>GREEKTOWN CASINO TRIP</b> <b>8:00</b> Cards <b>1:00</b> Bingo	<b>10</b> <b>9:00</b> Vintage Artists <b>11:30</b> OOA Nutrition <b>12:00</b> Mah Jongg	<b>11</b> <b>8:00</b> Cards <b>11:00</b> <b>"DOG DAYS OF SUMMER" PARKING LOT BINGO</b> <b>11:30</b> Line Dance (Beg)	<b>12</b> <b>11:30</b> OOA Nutrition <b>12:30</b> Ladies Pinochle
<b>15</b> <b>11:15</b> Line Dance (Inter) <b>12:00</b> Mah Jongg	<b>16</b> <b>8:00</b> Cards <b>12-1</b> Blood Pressure Checks-Danbury <b>1:00</b> Bingo	<b>17</b> <b>9:00</b> Vintage Artists <b>11:30</b> OOA Nutrition <b>12:00</b> Mah Jongg <b>1:00</b> OOA Benefits w/Sean	<b>18</b> <b>8:00</b> Cards <b>8:15</b> <b>CANTEENS, CARRIAGES &amp; COLLECTIONS TRIP</b> <b>11:30</b> Line Dance (Beg)	<b>19</b> <b>11:30</b> OOA Nutrition <b>12:30</b> Ladies Pinochle
<b>22</b> <b>11:00</b> Lunch & Learn (prior sign up required) <b>11:15</b> Line Dance (Inter) <b>12:00</b> Mah Jongg	<b>23</b> <b>8:00</b> Cards <b>1:00</b> Bingo	<b>24</b> <b>9:00</b> Vintage Artists <b>11:30</b> OOA Nutrition <b>12:00</b> Mah Jongg	<b>25</b> <b>8:00</b> Cards <b>11:30</b> Line Dance (Beg) <b>1:00</b> Bingo w/Pearlview	<b>26</b> <b>11:30</b> OOA Nutrition <b>12:30</b> Ladies Pinochle
<b>29</b> <b>11:15</b> Line Dance (Inter) <b>12:00</b> Mah Jongg	<b>30</b> <b>8:00</b> Cards <b>1:00</b> Bingo	<b>31</b> <b>9:00</b> Vintage Artists <b>11:30</b> OOA Nutrition <b>12:00</b> Mah Jongg	<div><h1>August 2022</h1><div></div><p>Activities subject to change. Call to confirm</p></div>	
SILVER SNEAKERS CLASSES ARE STILL AVAILABLE BUT SCHEDULE IS NOT FINALIZED IN TIME FOR PRINTING. PLEASE SEE REC CENTER FOR SCHEDULE.				

## AUGUST

### OFFICE FOR OLDER ADULTS

### BRUNSWICK

### BRUNSWICK REC CENTER

3637 Center Road  
330-416-3680 • 330-273-8000  
[www.mcooa.org](http://www.mcooa.org)



**LAURA TOTH**  
LToth@medinaco.org

All Brunswick Rec Center activities are listed on the calendar day in which they occur. Any questions about specific events or other details can be directed to the Senior Center.





# FROM YOUR STATE REPRESENTATIVE



SHARON RAY

## Volunteer to be a Precinct Election Official

*"Now is the time for all good men to come to the aid of their country."*

The origins of the above phrase are varied; some say it was a call to arms uttered by Patrick Henry, others claim it was a phrase developed as a typing test by a man named Charles E. Weller in 1867. I learned it as part of a typing class I took back in the 1970's - who knew that typing would become such a utilized skill in today's world.

The truth is your country does need you...to volunteer to work the polls at the upcoming August 2nd primary. Elections and how they are executed, have become a topic of great interest of late. The best way to see the process and understand how it works is to volunteer to be a Precinct Election Official. Precinct Election Officials receive training in the process with plenty of trained staff to help along the way. While the position does pay, it is more of a stipend.

Elections are put on by your neighbors and friends, Republicans and Democrats who selflessly work to ensure a successful election process. Please consider volunteering to help your country this election cycle.

**If interested, please call the Medina County Board of Elections at 330-722-9278.**

## Former Senate President Larry Obhof Portrait Unveiling

I was honored to attend the June 8th, 2022, portrait unveiling for former Ohio Senate President Larry Obhof. It was an amazing ceremony featuring both Republican and Democrat leaders expressing their appreciation for Larry's leadership in the Senate.

Hundreds of Larry's former colleagues, friends and family attended the event which featured Gov. Michael DeWine, House Speaker, Bob Cupp and current Senate President, Matt Huffman. Larry's wife Nicole and daughters Bree, Lily and Belle surrounded Larry as he unveiled the portrait. The portrait will now hang outside the Senate President's office at the Statehouse.



## Medina County Emergency Shelter Update

I think we can all agree that housing security in Medina County is a problem. Recent population data shows that 28% of our county's population is living either below the poverty line or surviving paycheck to paycheck. Medina County is the largest county in the State of Ohio that has no emergency shelter, thankfully, that could change in the near future.

The Medina County Housing Network comprised of the Medina Metropolitan Housing Organization, the Medina County ADAMH Board, the Salvation Army, Love INC, Operation Homes, Medina County Job and Family Services, the Medina County Veterans Association as well as a number of Faith Based organizations have adopted a coordinated community plan to prevent and end homelessness.

Through their dedication and the support of many local, county and state officials the project moved another step forward with a \$ 450,000 grant from the State of Ohio Capital budget adopted on June 1, 2022.

I am so proud and inspired by the number of people who have joined together to work on this project. This is a heavy lift requiring countless hours compiling data, applying for grants and coordinating with the various organizations. Luckily, Medina County is full of some very special people who are dedicated to helping their fellow residents.



NOT FOR PROFIT



FAITH BASED



LOCALLY OPERATED

**LESS WORRY.  
MORE WHIMSY.  
THIS IS LIVING  
YOUR BEST LIFE.**

When your plan for the future includes a full continuum of care and support to address whatever comes your way, planning joyful moments in your day becomes routine. At The Village of St. Edward, we invite you to learn more about a lifestyle of convenience and security for those seeking purpose and promise.

[VSECOMMUNITIES.ORG](http://VSECOMMUNITIES.ORG)

**INDEPENDENT & ASSISTED LIVING • MEMORY CARE • NURSING CARE**

FAIRLAWN: 3125 Smith Road, Fairlawn, OH 44333, 330-668-2828 • GREEN: 3813 Fortuna Drive, Akron, OH 44312, 234-294-0010  
WADSWORTH: 880 Main Street, Wadsworth, OH 44281, 234-217-8735



**SHARON A. RAY**  
State Representative  
House District 69

614-466-8140  
[Rep69@OhioHouse.gov](mailto:Rep69@OhioHouse.gov)

77 South High Street / Columbus, Ohio 43215

PAID FOR BY SHARON RAY FOR REPRESENTATIVE



**MEDINA COUNTY  
AUDITOR'S OFFICE**

**Mike Kovack, Auditor**  
[AuditorKovack@medinaco.org](mailto:AuditorKovack@medinaco.org)

144 N. Broadway Street | Medina, OH 44256  
Tel: (330) 725-9754 Toll Free: (844) 722-3800 ext. 9754  
[www.MedinaCountyAuditor.org](http://www.MedinaCountyAuditor.org)



# FROM YOUR TREASURER



JOHN BURKE

## JOHN BURKE'S LIVING HISTORY



A lover of history and historical reenactor, Treasurer Burke, is shown here portraying General Lachlan McIntosh.

### Ohio's Revolutionary War Fort Laurens

At the beginning of the Revolutionary War there were no forts in the western frontier known as the Ohio country. This area was inhabited by numerous Indian tribes including the Wyandotte, Miami, Shawnee, Ottawa, Mingo, Seneca, and Delaware tribes.

British commander Colonel Hamilton of Fort Detroit was using the Ohio country as a staging area to encourage the Indians in their hit-and-run raids against settlements in Western Pennsylvania, New York, and south of the Ohio River. Hamilton was commonly known as the "hair buyer" because he paid his Indian allies \$50 for a scalp.

During the 1778 winter at Valley Forge, General Washington decided to send General Lachlan McIntosh and 1,500 troops to the western frontier that spring. His plan was to march on Fort Detroit, but first he would need to build new forts in the Ohio country to garrison troops and protect the 30 settlements along the Ohio River between Marietta and Fort Pitt in Pittsburgh.

In August, General McIntosh called a council at Fort Pitt with neighboring tribes to secure their goodwill and assistance.

Medina County Homeowners  
Does your home need some help?

# Fix-It Funds

Low Fixed Interest Rate  
Home Improvement Loans

**UP TO 2% BELOW**  
the bank's current interest rate  
for home improvement loans  
*Available through September 2022*

APPLICATIONS AND INFORMATION AVAILABLE FROM  
**Medina County Treasurer: 330.725.9746**  
**Westfield Bank: 330.764.6091, 330.722.8774**  
or 330.661.6083

Westfield Bank, FSB (NMLS #507706) Member

[www.medinacountytreasurer.com/FixItFunds](http://www.medinacountytreasurer.com/FixItFunds)

A program of Medina County Treasurer  
**John Burke**  
Authorized by the Board of Medina County Commissioners

The tribe most populated in the Ohio country was the Delaware. In September, a treaty was signed by Delaware Chiefs White Eyes, Leatherneck, and Kill Buck. Captain Pipe whose village was near Portage Lake refused to sign and joined the British.

This was the first treaty between the United States and any Indian tribe. The Delaware agreed to allow the building of a fort on the north side of the Ohio in exchange for protection against their enemies.

In late September, McIntosh left Fort Pitt with 1,500 soldiers from the 8th Pennsylvania and 13th Virginia regiments. They traveled about 5 miles a day guided by several Delaware Indians who were instructed to put on a deer tail on their heads with the white side

turned out to distinguish them in battle against other Indians.

By mid-November, the army reached a ford on the Tuscarawas River near the current town of Bolivar south of Canton. Here they built the first fort in the Ohio country. Covering about an acre, it had 4 bastions, picket walls of 14 feet and a deep ditch in the front, but no cannon. There were only two gates with a palisade walkway to the river to supply water. The fort, completed by the first snow on December 8, 1778, had two large buildings serving as barracks and storehouse. McIntosh named it Fort Laurens after his friend and mentor Henry Laurens, President of our Continental Congress, for whom he had been an

■ CONTINUED ON NEXT PAGE ►



TREASURER >> CONT. FROM PAGE 8

accounting clerk as a young man in Savannah.

Late in the season and with no supplies, General McIntosh returned with his army to Fort Pitt, leaving Colonel John Gibson and 150 men at the new fort. By January, Gibson was short of winter clothing and food. Nearby Moravian Indian missions declined to send supplies for fear of retaliation by hostile tribes.

On January 21, 1778, a relief column from Fort Pitt commanded by Capt. John Clark was intercepted by British renegade Simon Girty and 30 Mingos. Two men were killed, four wounded, and one captured. The column turned back to Fort Pitt. Then, Major Taylor of the 13th Virginia attempted to resupply Fort Laurens by water. He was ambushed by the Indians at the mouth of the Muskingum and returned to Fort Pitt.

On February 22, 1789, Fort Laurens was surrounded by British Captain Byrd with 50 regulars from the Kings 8th and over 200 Indian allies. It was reported that Simon Girty was there with Wyandot Chief Half King and Captain Pipe of the Delaware. On February 24th they ambushed a work party of 19 men outside the fort, killing and scalping seventeen men. The other two men were taken prisoner and tortured to death.

The British and Indians continued the siege on the Fort during which time the defenders could not hunt for fresh game. Soon there was nothing left to eat with only enough stores for one biscuit a day for each man. They resorted to boiling the hides of old moccasins in kettles to make broth.

Finally, on March 20th, another relief column of 500 men arrived from Fort Pitt. The 102 survivors in the fort fired their

guns in excitement, unfortunately frightening the pack-horses, driving them into the woods. Most of the supplies were lost or captured by the surrounding Indians.

Seeing the reinforcements, the British and Indians lifted the siege and withdrew. The bodies of the 17 slain men from February still lying outside the Fort were immediately buried. The relief column returned to Fort Pitt and left 106 regulars under the command of Major Vernon at Fort Laurens. At the end of March another wood cutting party was attacked by Indians and two men killed and scalped.

General McIntosh was reassigned to Savannah, Georgia and Colonel Broadhead, the new commander of Fort Pitt, ordered Fort Laurens abandoned on August 2, 1779. As the soldiers left, the Indians sniped at the column and killed two soldiers. The Indians burnt the fort to the ground. No other fort was built in Ohio during the Revolutionary War.

The Revolutionary War ended in 1783. In 1784 the United States signed the Fort Stanwix Treaty paying the Indians \$5,000 to give up all lands East of the Cuyahoga to the ford of the Tuscarawas near the old Fort Laurens in Bolivar, Ohio and from there a straight-line west to the Indiana territory – all land south of that line was also traded away.

The land set aside for the Indians, west of the Cuyahoga River and north of the line from Bolivar to the Indiana border, encompassed Medina County. This remained Indian land until after the War of 1812 when the first pioneers came to Medina County.

PLEASE JOIN US FOR

# SUMMER Breezes

AT THE OAKS LAKESIDE

Saturday, August 13th at 6:00p.m.

*The Oaks Lakeside*  
5878 Longacre Lane  
Chippewa Lake, Ohio 44212

RSVP TO [CHRISSEY@PLUMCREEKSENIORLIVING.COM](mailto:CHRISSEY@PLUMCREEKSENIORLIVING.COM)



Dinner & auction hosted by the **HANDS** Foundation to raise awareness and funds for seniors in Medina County

## GET YOUR TICKETS!

**RSVP**    ☐ I would like \_\_\_\_\_ tickets at **\$75 each**  
                  ☐ I would like a **table for 8** at **\$550**

Names: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## BE A SPONSOR!

**Sponsorship levels are:**

- ☐ **\$150** and donate a silent auction basket
- ☐ **\$250** (includes 1 free ticket)
- ☐ **\$500** (includes 2 free tickets)
- ☐ **\$1000** (includes 4 free tickets & ad in Helping HANDS Paper)
- ☐ **\$2000** (includes a table of 8 & ad in Helping HANDS Paper)
- ☐ **Donate a silent auction basket**

Name: \_\_\_\_\_  
Billing Address: \_\_\_\_\_  
\_\_\_\_\_  
Phone Number: \_\_\_\_\_  
Email Address: \_\_\_\_\_



Please cut out and mail with your payment to Chrissy at:  
**891 Marks Road, Brunswick, OH 44212**  
(OR) Email your information to:  
**[Chrissy@PlumCreekSeniorLiving.com](mailto:Chrissy@PlumCreekSeniorLiving.com)**





# COMMISSIONERS' CORNER



## Saving Electricity at the Liverpool Waste Water Treatment Plant

The anaerobic digester located at the Liverpool Waste Water Treatment Plant has been online since January 2019. Superintendent Dawn Taylor has worked at the treatment plant for almost 22 years. She started as a lab technician and soon became a lab supervisor. Taylor is now the superintendent at the treatment plant.

Since the digester's inception, the plant has continued to realize cost-saving measures in regards to electricity use. According to Taylor, in 2016 the plant used about 14 megawatt hours per year. However, for the past two years, they have used about four and a half megawatt hours per year.

### INTRODUCTION TO ANAEROBIC DIGESTION

The following is a case study provided by the Medina County Sanitary Engineers: The anaerobic digestion is a commonly used technology in municipal and industrial solid stabilization processes. Stabilization is a process that reduces the treatment process' sludge pathogen content, rendering the product safe for beneficial use or disposal.

Anaerobic digestion is used in various private industries and is utilized by roughly 10% of all Municipal Water Resource Recovery Facilities (WRRF). Anaerobic digestion differs from other stabilization processes in its potential to recover energy via captured biogas.

Biogas is produced as a by-product of the digestion process and can be used in boiler

systems for heat production, engines/turbines connected to generators for energy generation or even further treated to produce other fuels, such as natural gas.

This ability to capture stored energy present in our waste streams makes anaerobic digestion an attractive technology as water resource recovery facilities continue to work towards resource recovery as an integrated aspect to regulatory compliance.

Anaerobic digesters are fed by sludge captured or generated by upstream processes in the WRRF liquid treatment stream as well as captured fats, oils, and greases (FOG) or food/industrial wastes. While there are many specific configurations for anaerobic digesters (mesophilic, thermophilic, etc.) the objective remains the same — create an environment that promotes the controlled and stable decomposition of organic matter via naturally occurring biological pathways.

This is accomplished in four simultaneous stages: Hydrolysis, Acidogenesis, Acetogenesis, and Methanogenesis. Methane-forming bacteria are sensitive to many process conditions, including temperature, pH, and the presence of various toxins. Optimal performance occurs within a pH range of 6.8–7.2. If pH levels drop in the digester, the methane-formers can be inhibited, halting the digestion process and biogas production altogether.



Anaerobic Digester.



War Bonds Building.

## War Bonds Building Moving to McDowell

The commissioners have agreed to move the War Bond Headquarters building to the McDowell-Phillips property on a permanent foundation with the county maintaining the structure. Last September, Commissioner Steve Hambley mentioned moving the building to public property located closer to Medina Square at the request of Main Street Medina for the purpose of easier access to the public for viewing.

Various potential locations were discussed including near the current courthouse, the Community Garden, Medina Square, and the Medina County Fairgrounds. While the Fair Board was favorable to having the building moved to the fairgrounds, Hambley said he spoke with Medina County Historical Society President Brian Feron who indicated concerns with it being located there regarding accessibility and security.

Commissioner Bill Hutson later spoke to Feron who said the Historical Society voted to accept the building and having it relocated to the McDowell-Phillips property on Prospect Street in Medina. County Administrator Scott Miller will work with Feron to coordinate the move.

This structure was built in 1842 and placed in Medina Square, where it was used as a location for the sale of war bonds during World War II. At the end of the war, it was moved into city storage, then transferred to the property of Dr. Frederick Fri, a World War II Purple Heart recipient. Medina General Hospital acquired the Fri property in 1997.

The war bond building was refurbished in 2000 by the Medina Jaycees in tribute to those at home and abroad who participated in the war effort.



**RE-ELECT**

**COLLEEN SWEDYK**

**MEDINA COUNTY COMMISSIONER**

Elect  
Elect  
Elect

**FISCAL RESPONSIBILITY**

**EXPERIENCE**

**DEDICATED LEADERSHIP**

Paid for by Citizens for Colleen M. Swedyk



# FROM YOUR AUDITOR



MIKE KOVACK

## Auditor Mike Kovack Issues \$5.5 Million Tax Refund to Schools and Local Governments

Due to the Medina County Auditor's Office's prudent and efficient use of taxpayer dollars, Auditor Mike Kovack will be refunding a record \$5.5 million to local schools, townships and municipalities from the Real Estate Assessment Fund. The refund was issued Friday, June 10.

The Real Estate Assessment Fund comes from a portion of property taxes collected and set aside to pay for real estate appraisals. The fees are mandated by state law for every county in the state and

are used to finance the State Mandated Reappraisal process, but auditors can refund the fees following reappraisals if they have completed the work for less than the amount. The surplus is redistributed to local governments and schools in proportion to the amount they contributed to the fund. The Medina County Auditor's Office completed the State Mandated Reappraisal in 2020 but delayed the refund due to uncertainties associated with the COVID 19 pandemic.



Medina County schools will receive \$3.84 million of the refund. County agencies will be given \$723,500 while municipalities and townships will receive about \$645,000.

"We are very proud of the highly efficient operation we run at the auditor's office, allowing this surplus to accrue,"

Kovack said. "Local governments can now best serve their constituents with these additional moneys."

The new record amount is 10 percent greater than the previous high. That previous record total came in 2014 when Auditor Kovack returned \$5 million to local municipalities. Medina County had the lowest per parcel appraisal cost in the state that year.

The \$5.5 million amount was determined after accounting for the expenditures of the 2019 Sexennial Reappraisal and estimating the level of money needed for the

upcoming 2022 Triennial Reappraisal. The return of the \$5.5 million refund still allows Kovack's office ample resources for the immediate future, including enough resources to cover planned technology improvements.

For more information or to view a complete breakdown of the redistribution of moneys, visit <https://www.medina-countyauditor.org/download/press/2022-auditor-issues-refund.pdf> or call 330-764-8051.

### Are you getting your Homestead Exemption Tax Credit?

Did you know you are entitled to an exemption of up to \$25,000 of market value on your home if you qualify for Homestead Exemption? You must:

- Own your own home as your principal place of residence on Jan. 1, 2022.
- Be at least age 65 or totally and permanently disabled (proof of age or disability required).
- Have adjusted gross income in 2021 or \$34,600 or less (line 3 of the Ohio Income Tax Return).

For more information, please contact the Medina County Auditor's Office at 330-725-9756.



**Mike Kovack**

MEDINA COUNTY AUDITOR  
144 N. BROADWAY ST.  
MEDINA, OH 44256  
330-725-9754

## Medina County to Undergo State-Mandated Reappraisal in 2022

### \*\*\*\* HOW THIS AFFECTS YOU! \*\*\*\*

Medina County Auditor Mike Kovack has been notified by the Ohio Department of Taxation that they are ordering Medina County real estate values for tax purposes to increase 27% next year, based on sales in the county over the past three years. Medina County is undergoing the State-Mandated Triennial Reappraisal process this year.

Auditor Kovack has said he hopes to negotiate that rate downward slightly with the state, but there is no doubt homeowners will see large value increases this year. "These past three years have been, without question, the hottest real estate market I've ever seen in Medina County," Kovack said. "And I have seen some real boom times here."

Medina County's real estate value increases are reflective of the nation at large. The National Association of Realtors indicated home sale prices across the country increased 16.9% just last year, the highest increase on record. Medina County last adjusted property values in 2019, based on sales between 2015 and 2018.

"We will now begin the process of reviewing the state's order and implementing increases across the 54 taxing districts in the county," Kovack said. He expects notifications to start going out to homeowners on a rolling basis by the middle of August. At that time, informal hearings will be set up across the county to allow homeowners to discuss valuations with the auditor's office staff.

Kovack reminds homeowners that property taxes do not automatically increase by the same percentage as value increases. Due to Ohio's "rollback law," voted tax rates are lowered, or rolled back, as property values increase. Non-voted levies, or inside millage, are not rolled back, leading to property tax increases. There are a number of different factors that will affect property owners tax bills from the reappraisal, but most of those factors will not be known until the State-Mandated Reappraisal is complete later this year.



# FROM YOUR VETERANS OFFICE



ED ZACKERY

# REMEMBER. REFLECT. RESPECT. and the PACT Act

Well, I hope everyone is enjoying their summer. We had beautiful weather for this year's Memorial Day Services, and it was good that all the communities here in the County were able to hold ceremonies this year. After a two-year pause due to the pandemic. I know everyone was eager to get back to normal and spend the day honoring our fallen comrades. Traditionally this is the start of summer, and everyone is eager to spend time with family and friends.

Our communities here within Medina County REMEMBER those that gave their lives during their service. We REFLECT the sacrifices that these Americans have given for our freedom. And RESPECT the service of those who volunteered and others that were called up but served willingly and with honor. It is important to do this so that their service and those lives were not in vain and to show our next generation just how important and fragile our freedoms really are and that they are worth fighting and dying for.

Memorial Day is the only day where the Flag is at half staff from sunrise until noon, then raised at noon to full staff for the remainder of the day. In the morning, we take the time to remember and honor those now gone and the lives lost. In the afternoon, we celebrate their lives and the lives of their comrades still with us that fought with them. We do this well here in Medina County and should be proud of that.

## THE PACT ACT

There is a lot coming down the pipeline hopefully soon with VA benefits. As I write this, one of the largest pieces of legislation is currently being reviewed by the US Senate. The PACT Act would be one of the largest substantive health and benefit expansions in VA's history, comparable in scale and impact to the Agent Orange Act in 1991.

The bill itself will cost an estimated \$226 Billion Dollars over a twenty-year period and has been backed by every major veteran's organization out there. Some of the issues it addresses.

- Expands VA care to more than 3.5 million post-9/11 veterans exposed to toxins.

- Adds 23 conditions to VA's presumption list for toxic exposure.

- Provides toxic exposure screenings to all veterans at VA medical appointments and boosts training and education for VA personnel on illnesses connected to toxins.

- Establishes 31 new VA facilities and invests in VA claims processing.

- Expands the list of locations with presumed exposure to Agent Orange to include Thailand, Cambodia, Laos, Guam, American Samoa, and Johnston Atoll, covering Vietnam War-era service in most instances and extending past the war's end for some locations.

- Require a series of research projects, studies, and surveys tracking toxic exposure-related health care concerns, ranging from cancer rates to mental health issues to overall VA treatment.

Officially known as the Sergeant First Class Heath Robinson Honoring our **Promise to Address Comprehensive Toxics** (PACT) Act is important to all veterans that have served in the last sixty or so years and those that will serve in the future. Its not a done deal even though the President has stated if passed and sent to him that he will sign it. I encourage you to contact your legislators and encourage them to support the PACT Act. Hopefully by the time this goes to print it may be a done deal and already passed.

With that said, the VA currently adjudicates about 1.5 million claims per year for disability compensation, they expect that to double with the passing of PACT Act. We expect the process to slow a bit on the VA's side which is something that doesn't make any of us, especially our veterans happy. Our office although small in size completes an estimated four-hundred new claims each for disability compensation. With that number expected to double soon we have already set things in motion to be able to handle them here at the Medina County Veterans Service Office.

Last year even prior to this bill going to congress I reported to the Medina County Veterans Service Commission that we have reached capacity and couldn't do much more with the current structure.

From 2008 until 2019 we increased the number of clients, we see by 400%, from approximately 700-800 per year to more than 3,000 per year. We have also increased the services and programs we provide to our veterans. We went from three main services or programs to more than ten. That coupled with additional administrative and technical requirements we needed to expand to keep up the great service our veterans and their families have come to expect from our office.

We put a proposal forward to the Board of County Commissioners which was unanimously

approved for American Rescue Plan Act (ARPA) funds to expand our building footprint and move forward into the future. We are in the first phase of planning but some of things we are looking at are two additional offices, a community room, and an expanded waiting room. We are glad that we have such a supporting Board of County Commissioners and that they share our vision of taking care of our veterans hear in Medina County. We are hoping to have the project completed by the end of 2023.



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(330) 722-9368  
[veterans@medinacountyveterans.org](mailto:veterans@medinacountyveterans.org)



**Veterans Day**  
at the Medina  
County Fair will be  
Monday, August  
1<sup>st</sup>. This year the  
338<sup>th</sup> Army County  
Band will  
entertain us from  
1PM – 3PM  
Special events will  
take place from Noon to 5PM in the  
Main Pavilion. Free admission for all  
veterans with proper ID. We hope to see  
everyone that day, we will have several  
veterans' organizations there along with  
the VA to answer questions. So come on  
out to the Fair. It's a Moooving experience!

*"Service for Those That Served and Their Families"  
Because - We are Family*



# NEWS FROM DANBURY



## Meet Sara Szink!

Danbury Senior Living is excited to introduce our new Director of Sales & Marketing, Sara Szink. Sara has been part of the Danbury family since 2016 when she started as a dining server at the Danbury in North Canton. Her roles have also included Resident Companion, Life Enrichment Assistant, and Home Office Marketing Specialist. Sara's robust background in each department has helped her to be well versed in all aspects of our senior living community. Her passion for helping seniors and their families will be a great asset to anyone searching for senior living. Give us a call if you'd like to stop in and take a tour with Sara. We'd love for you to get to know her and our community! 330-460-4244

## EXPERIENCE THE Danbury Difference!

The goal of a senior living community is to give you the freedom to enjoy your senior years while making sure that all of your needs are met. That freedom may look different to each resident, but luckily at Danbury Senior Living we'll put together a plan for you according to your wants and needs!

Call 330.460.4244 to schedule your tour!

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## ORAL HEALTH

# Cosmetic vs. Therapeutic Mouthwash

From: STRONGSVILLE SMILE KEEPERS



Swish, Gargle, Spit. Simple enough, right? Mouthwash is usually seen as an addition to your oral health, an added boost to your hygiene routine. But are you using the right kind and are you using it correctly?

Cosmetic mouth rinses temporarily control, reduce or mask bad breath and leave the mouth with a pleasant taste. However, none of these mouth rinses help reduce plaque, or gingivitis.

Therapeutic Antimicrobial Mouth Rinses serve a clinical purpose such as attacking bacteria and plaque or strengthening teeth with fluoride. They have active ingredients intended to help control or reduce conditions like bad breath, gingivitis, plaque, and tooth decay. Some can be purchased over the counter and others require a prescription.

Therapeutic mouth rinses on the market today typically have ingredients including: Cetylpyridinium chloride, or CPC—this is an antiseptic that kills and reduces bacteria in your mouth and has been used since 1939.

Some products contain essential oils such as eucalyptus, menthol, methyl salicylate and thymol. This combination of ingredients is anti-microbial and specifically designed to deeply penetrate plaque biofilm and reduce or kill bacteria that can lead to gingivitis.

Fluoride is an important anti-cavity ingredient. It is usually found in toothpaste, but some rinses have it available in over the counter formulations. Fluoride helps to

strengthen tooth enamel and make it more resistant to decay. After using these types of rinses, it is necessary to refrain from eating and drinking for 30 minutes to give it time to reach peak effectiveness. Be sure to read the instructions on the proper usage of this product.

Peroxide – this is an antibacterial ingredient that will help to disinfect your mouth without the burn associated with other rinses. It helps to reduce inflammation in the mouth and will reduce the viral and bacterial count in the mouth. It will also help soothe mouth sores.

Chlorhexidine- available by prescription only. It is an antimicrobial mouthwash that works by killing bacteria and reducing bleeding associated with gingivitis.

Be aware that children younger than the age of 6 should not use mouthwash because they may inadvertently swallow large amounts of the product. Also, when choosing a product, look for the ADA Seal of Acceptance for safety and effectiveness. A company earns the ADA Seal of Acceptance by providing scientific evidence that demonstrates the safety and efficacy of its product.

If you have a specific issue, like periodontal disease, bleeding gums or chronic bad breath, talk to us about it. We can recommend the best treatment and direct you to specific products that can help your specific problem.

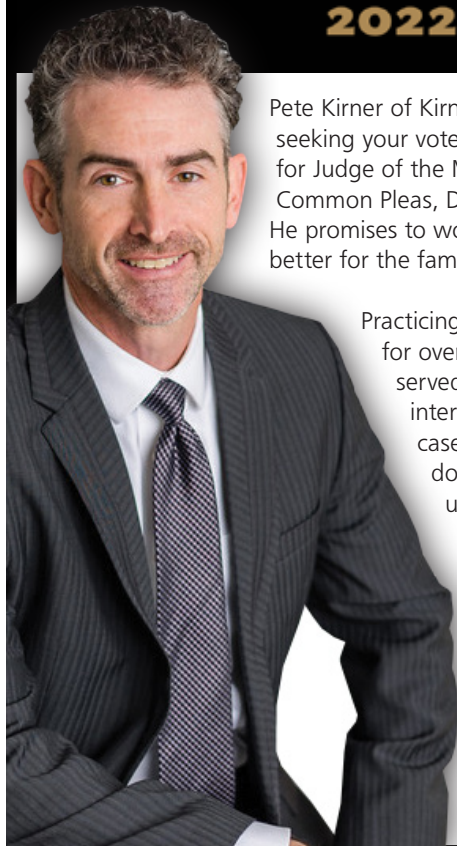
**STRONGSVILLE SMILE KEEPERS**  
**440-508-4566**

*We love seeing those healthy smiles!*

## ★ ★ ELECT ★ ★ KIRNER FOR JUDGE Medina Domestic Relations Court

Our Families - Our Community - Our Future

**2022**



Pete Kirner of Kirner & Boldt Co., L.P.A is seeking your vote for the November election for Judge of the Medina County Court of Common Pleas, Domestic Relations division. He promises to work daily to make the Court better for the families of Medina County.

Practicing domestic relations law for over fifteen years, Kirner has served to represent the best interests of children of divorce cases. His experience in domestic relations law is unmatched by his opponent.

Kirner is a member of the Medina, Parma and Cleveland Bar associations and previously served as a magistrate in Parma City Schools Truancy Court. Kirner currently serves on several bar association committees.



# Medina Lions UPDATE



## LIONS YEAR-END CELEBRATION

Each year Medina Lions members make changes at our year-end celebration. This year we celebrated on June 28th at The Medina Eagles Club. A wonderful BBQ chicken dinner was prepared by the Eagles staff. We welcomed Past District Governor Dan Lester who inducted our 2022-23 Officers and new members. We reported our final total for the OH3 District Parade of Checks at \$71,380.

## SPECIAL DONATIONS

Ohio Lions Eye Research, Sight and Hearing, Pilot Dogs, Pediatric Cancer Foundation, and Akron Children's Hospital Diabetes Program, are a few of the eleven recipients within our district we donate to. Special guests included our Scholarship recipients and their families. Keon Johnson, Sydni Taylor, and Faith Webb. Each were awarded a Certificate and \$1000 check. If they come to our year-end celebration next year and speak to us about their experiences during their first year of higher education they would be awarded an additional \$500. Returning from last year were, Jordan Ruppelli and Aiden Bonitz. Congratulations to all our recipients!

## CHILDREN'S CENTER OF MEDINA COUNTY

A visit/tour was made by members to The Children's Center of Medina County. Their mission is to reduce trauma by providing a pathway to healing for children and families impacted by abuse, neglect, and exploitation. After a short introduction by our guide Anna, donations of books and toys were presented.

## MIRACLE LEAGUE BALLGAME AND PICNIC

Boy, was it a hot one during the Miracle League Ballgame/Picnic on Tuesday, June 14th. What a great group of people who helped grill all those hot dogs and hamburgers for the team, family, and guests of Medina Lions. Many grabbed a second cold drink, water, or wedge of watermelon from the coolers. Can you blame them! All of you are invited to watch the games being played on this dedicated ball-field at Medina's Sam Massi Park off route 57. Have you visited this amazing park?



Roger Grabowski, President, Medina Lions Club, Inc. with Ken Richardson, President, NE Ohio Miracle League.



Miracle League Batter.



Roger Grabowski, George Fields and Sandy Sampsel ready to deliver all those boxed eye glasses to The Lions Eye Program.

Would you like to join us? Contact Lion Joyce at: 330-635-0331 or [medinalions@zoominternet.net](mailto:medinalions@zoominternet.net)

# SAVE THE DATES!

AT LIFE CARE CENTER OF MEDINA



## JULY 29

### COMMUNITY YARD SALE

- JULY 29TH
- 10AM TO 4PM
- SOMETHING FOR EVERYONE
- DONATIONS ACCEPTED DURING WORK HOURS

## AUGUST 31

### FUN-FILLED CARNIVAL

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Early Voting  
begins Oct. 12.

Election Day  
is Nov. 8.

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# WRMC IS GROWING BY THE DAY



## From: WESTERN RESERVE MASONIC COMMUNITY

Everyone who drives past Western Reserve Masonic Community (WRMC) is amazed at the progress that is happening with the expansion project. The first goal was to complete the Community Center and it's complete! Events have already taken place. Everything from luncheons to concerts have been a huge success.

A special bit of technology has improved the community members' lives significantly. Hearing can be a problem as people age. Being in large groups with extraneous noises can be very challenging. The Community Center has blue tooth installed under the carpet that automatically connects to over 95% of the hearing aids on the market. This totally changes the experience when community members or guests are listening to the different programs. Jason French, WRMC President shared, "Do to the size and the renovations of our Community Center, we can bring experiences to our community members without having to leave the campus. This type of technology is new in the Medina area and has been very well received."

It won't be long until the Community Center will be open to the public for meetings, educational programing and other opportunities. Watch for more information on the timing and details for reserving the Community Center.

The next big project in the WRMC expansion is the Healthcare Center. WRMC is making great progress on building a new Healthcare Center. It's under roof and the construction is being closely watched by the community members. If construction continues at the current pace, it will open in 2023. Fifty state of the art private suites is a comfort to the community members. They know that if their health changes, they can receive rehab or long term care without needing to move to a new location. These suites will be larger, making their stay more comfortable. All rooms will have computers which will provide for better staff efficiency which ultimately means better patient care.



## BUILDING FOR THE FUTURE

The New Health Care Center at Western Reserve Masonic Community

Construction is well under way on the Western Reserve Masonic Community Healthcare Center. It's under-roof and the construction is moving along. What can Medina and the surrounding communities expect? Fifty state-of-the-art private suites that will assure everyone that they will be comfortable and well cared for. The Healthcare Center will have short-term rehabilitation as well as long-term skilled nursing and memory care.

*Follow the WRMC Facebook page to keep up with the progress.*

**For more information, or to inquire with the sales team, contact Melissa Todd**  
(330) 642-3863 | [MTodd@ohiomasonichome.org](mailto:MTodd@ohiomasonichome.org) | [www.wrmcohoio.org](http://www.wrmcohoio.org)

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**WRMC**

>> CONTINUED FROM PAGE 16

Construction of the main entrance to the Healthcare Center.



The Community Center is already proving to be a favorite gathering place at WRMC.



The Healthcare Center will have short term rehabilitation as well as long term skilled nursing and memory care. The Healthcare Center will be available to Western Reserve Masonic Community members as well people being released from local hospitals.

You just had surgery, and you need short term rehab. WRMC will have just what you need. For those individuals needing rehab for a surgery such as a hip or knee replacement, there will be a girder system so there will be zero weight when coming off of such a major surgery. This will be a safer means of rehab that should help to get you back home quicker.

A new offering in short term rehab will be for those people who have just been released from bariatric surgery. After bariatric surgery physical therapy regimens are suggested to include cardio-aerobic exercise to strengthen the heart and lungs as well as to increase bone density. Strength training is another suggestion to maintain muscle mass and to keep the bones strong. Staying active is a good way to speed the recovery process. WRMC will be able to help you with this process.

Exemplary physical as well as occupational and speech therapy will be offered in bright, new surroundings with top of the line equipment. WRMC will offer rehab that is more advanced than anything currently available in Medina.

If your family member's health has taken a downward turn and they need long term care, WRMC will have that too. If that long term care happens to be memory care, WRMC is where you want your loved ones to be. Memory care is a specialized field. You can be assured that your loved ones will have specially trained professionals taking care of their needs.

The Memory Care area will be divided into separate "neighborhoods." Each neighborhood will have its own dining room. The meals will be cooked to order. Do you ever wake up and feel hungry? What if it's 2:00 AM? That doesn't matter. With the dining program that WRMC offers, the staff will see that you get what you need or want at any hour of the day or night. You won't find that type of care anywhere else.

Watch for further updates in Helping Hand and on our Facebook page. Learn how the WRMC Healthcare Center is progressing and can benefit you and your loved ones. This will bring exciting, new health care options to the greater Medina area.



Community Center.



Jason French, WRMC President checks out the progress of the state-of-the-art Healthcare Center.

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# NEWS FROM THE OFFICE FOR OLDER ADULTS

## Put Your Compassion Into Action! Make a difference in the life of a senior

If you have a desire to make a difference in the life of our area's seniors, Medina County Office for Older Adults (MCOOA) may have just the program you are looking for. MCOOA recently began administering Faith in Action's non-medical volunteer caregiving program and have dubbed the new group "Compassion in Action."

There are seniors in our community who are struggling every day to maintain their independence. They are our neighbors: our mothers, fathers, sisters, brothers and friends. But all too often, their simple needs are not met, and the ability to stay in their own homes is jeopardized.

Compassion in Action has an answer to meet these needs. And the answer is you!

CIA is looking for more volunteers to help senior Medina County neighbors. These volunteer efforts help people maintain their independence for as long as possible. How is this done?

By providing non-medical assistance with daily activities, volunteers make the difference in the lives of our neighbors right here in this community.

Volunteer activities may include shopping for groceries, providing rides to medical appointments, doing light housework or yardwork, small errands, and providing companionship through visits or phoning.

So many volunteers tell remark that they get more out of volunteering than the people they help. The program has seen some wonderful relationships develop, and they are looking for more people to put their compassion into action. Only a few hours a week can make a world of difference.

To learn more about the possibilities provided through this program call **330-723-9514**.



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# NEWS FROM THE OFFICE FOR OLDER ADULTS

## Summer Fun with MCOOA's Picnic on the Patio Series

The Medina County Office for Older Adults' "Picnic on the Patio" series is back this year! We kicked off POTP last year and over 90 people came and enjoyed the sunshine, grilled hot dogs, and music by area favorites Frank and Dean. The event was sponsored by LifeCare/Compassionate Care Hospice.

Held on Fridays from 11:00 a.m. to 1:00 p.m. at the Medina Senior Center throughout the summer, Picnic on the Patio includes lunch and live entertainment all for \$5 Seniors; \$6 all others. No reservations are required. Menus will be made available on the agency's Facebook page before each event: [www.facebook.com/MCOfficeforOlderAdults](http://www.facebook.com/MCOfficeforOlderAdults).

The Picnic on the Patio series is open to the public. Everyone is invited to come and enjoy the music, meet your neighbors and friends for lunch and check out the Senior Center. Future dates and entertainment are as follows:

- July 8, John & Kate sponsored by Medina Center for Rehab & Nursing;
- July 22 Holly Prather sponsored by Western Reserve Masonic Community;
- August 5, Greg Crowe sponsored by Pearlview;
- August 19, LUAU with Scott Sopata on steel drums sponsored by the Medina County Senior and Adult Foundation

Please call the MCOOA office at 330-723-9514 with any questions.



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### Assisted and Independent Living

At Generations Senior Living, we support independence through compassionate, personalized care for our residents. We have two beautiful and unique communities in Berea and Strongsville for older adults who may need a bit of help with everyday activities. Each community offers a comfortable and unique aesthetic, a bustling activity and entertainment calendar, and more.

### Providing Care with Integrity and Respect

We are dedicated to treating every individual with the utmost respect and unwavering integrity. Whether we're providing beautiful accommodations in our Independent and Assisted Living communities, or working with other organizations to help seniors reach their potential, we give everyone the same treatment we'd give our own family.



## Medicare Savings Programs

You can get help from your state paying your Medicare premiums. In some cases, Medicare Savings Programs may also pay Medicare Part A (Hospital Insurance) and Medicare Part B (Medical Insurance) deductibles, coinsurance, and co-payments if you meet certain conditions. Check with the Office for Older Adults' Aging and Disabilities Resource Center for more information and to determine if you qualify. 330-723-9514.

## CUSTOM INSURANCE PLANS FOR SENIORS



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**Mark Herwick**

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# How to Combat Healthcare Cost Inflation in Retirement



CLAUS MEYER

By: CLAUS MEYER, Certified Financial Planner,<sup>TM</sup> Retirement Income Certified Professional<sup>TM</sup> with Raymond James

## RAYMOND JAMES

You're ready for retirement. You've prepared mentally, emotionally and financially. But inflation may occupy a corner of your mind, considering the jumps it has made over the past year. The U.S. Bureau of Labor Statistics reported an increase in the Consumer Price Index (CPI) of 5.4% in July from a year earlier, matching the largest rise since August 2008. While everyone is talking about inflation for all sorts of reasons, it may affect retirees in other ways – namely, rising healthcare costs.

Even with Medicare, healthcare costs can add up to a major component in a retiree's budget. According to the 2021 Retirement Healthcare Costs Data Report, lifetime health costs for couples retiring in 2021 can range widely – from \$156,208 to \$1,022,997. Factors that impact expenditures include coverage, health, longevity, income and state of residence. And, unfortunately, the historical trend that healthcare costs rise 2 to 2.5 times faster than overall U.S. inflation is expected to continue.

No reason to panic. Remember, you've planned for this and you have an advisor to help you through it.

### HOW TO COMBAT IT

There's nothing we can do to stop inflation, but we can make a plan to deal with its potential implications. Knowing unpredictable healthcare costs may be coming – and will likely be higher than they are today – it's wise to examine your specific situation with your advisor so you can set yourself up for the retirement you envisioned. Here are some do's and don'ts as they pertain to your financial planning for rising healthcare costs due to inflation.

**Don't expect Medicare to take care of it all.** Despite having Medicare coverage, there are still out-of-pocket costs, such as dental, vision, long-term care and other potential expenses. It pays to learn how the system works and what can be done to minimize costs. Work with a trusted advisor to help navigate the waters and understand the differences in coverage options. That might mean considering a Medicare Advantage Plan (or Part C) or a Medicare supplement to ensure you're covered. Determining if your doctor and preferred facilities accept Part A and Part B, as well as ongoing medication costs (Part D), should all be calculated when comparing plans – and

recalculated when open enrollment launches each October. Also, keep in mind that Medicare does not cover long-term care, so you would need to consider adding that coverage separately.

**Do optimize your Social Security strategy.** Before you stop working, think about when and how to implement a claiming strategy that will help your household get the most from Social Security. So much of our strategy on how to maximize Social Security retirement benefits depends on guesses as to how long we'll live. How are your blood pressure, cholesterol, weight and other health markers? How long have your parents and other relatives lived?

Another thing to remember is that Social Security is indexed to inflation, so there's built-in protection (even if it's not as high as medical inflation). Remember, too, that you don't have to take Social Security just because you're retired. If you can live without the income until age 70, then you will ensure the maximum payment for yourself and lock in the maximum spousal benefit. Just be sure that you have enough other income to keep you going and that your health is good enough that you are likely to benefit from the wait.

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**Don't forget about your health savings account (HSA).** While you're still working, consider maxing out contributions to your HSA. The annual limit for 2022 is \$3,650 for self-only coverage and \$7,300 for a family plan. It might not seem like much but, because contributions never expire, you can sock these savings away to use in retirement. A bonus? For those 55 and older, you can elect to add \$1,000 annually as a catch-up contribution. Years

of these contributions do add up and can lessen the blow of medical expenses later in life.

Remember, these contributions are pre-tax and withdrawals for qualified medical expenses are tax-free. Some plans even allow you to invest unused funds. After you reach age 65 or if you become disabled, you can withdraw HSA funds without penalty but the amounts withdrawn will be taxable as ordinary income.

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# Healthcare Cost Inflation

>> CONTINUED FROM PAGE 20

**Do consider a line of credit for health emergencies.** If you're concerned about unforeseen medical expenses, think about opening a line of credit that would give you peace of mind. Doing so leaves invested funds working toward your larger financial plan, while an open line of credit with securities as collateral can be leveraged in case of an emergency. Homes are typically retirees' largest assets, so a home equity loan may be an option to consider. There are even medical credit cards that offer zero interest for promotional periods that could be of use in an emergency and allow you to pay it in full before you incur any fees.

**Don't take on additional risk to make income.** It may be tempting to get more aggressive with your investments to make up for the gap inflation is causing, but you've been too calculated and strategic

all these years to make a hasty decision like that. Consult your advisor to determine if your risk level is ideal for your situation, taking into account your concerns about inflation. Your situation is not like anyone else's, so you can't let headlines sway you from your well-thought-out plans. Getting riskier is just that and not a mitigation tactic for inflation.

The biggest do when thinking about how inflation is affecting your retirement plans is to have these discussions with your advisor. The value of having a financial advisor at your side is to help guide you through the considerations and trade-offs you should think through. They know your specific situation and can partner with you to make adjustments if needed. With proper precautions in place, you'll be able to achieve the retirement you've been dreaming about.

Sources: [thestreet.com](http://thestreet.com); [hvsfinancial.com](http://hvsfinancial.com); [medicare.gov](http://medicare.gov); [forbes.com](http://forbes.com); [shrm.org](http://shrm.org); [jackson.com](http://jackson.com); [nerdwallet.com](http://nerdwallet.com)

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Commissioner

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**CONTACT ANTHONY & ANGELA TODAY!**

**440-387-5180**  
**NCOhio.CarePatrol.com**

## Meet Anthony & Angela Coleman from CarePatrol

Why are they in the business of helping seniors?

For many professionals working in the senior care industry it starts out with a personal experience. For them, it was Anthony's grandmother. She had multiple strokes that developed into vascular dementia. It was a family effort with Anthony's dad, Bob, being the primary caregiver. She was in and out of the hospital and nursing facilities and oftentimes did not receive the best care. Bob eventually moved in with her because she required 24/7 care and supervision. This took an immense toll on Bob and if she would have lived any longer, he wouldn't have been able to continue.

They experienced, firsthand, just how challenging this process can be. They were introduced to different options like nursing homes, assisted living, memory care, and private duty in home care. Trying to sort through all these options was exhausting and left them asking a simple question, "How do families find the safest care options?" At that point in their lives, they just didn't know.

Shortly after this experience, Anthony was transitioning out of a business and wasn't sure what he wanted to do next.

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A close friend told them about a franchise called CarePatrol. As they researched the mission of CarePatrol (to help families find safer senior living options) they felt that it was a perfect fit for that point in their lives. They started their CarePatrol business a few months later and at that time Angela was still a high school science teacher.

Over the next few years, Angela watched her husband Anthony help families at a time when they were overwhelmed with making

decisions about the safest care options for their loved ones. Angela was so drawn to the business that she decided to quit teaching and join CarePatrol. They have enjoyed working together and watching their business grow over the last five years and feel that their life has been blessed in ways that are hard to comprehend.

Things have come full circle and recently they needed to place Anthony's dad, Bob, in assisted living. Now working as a Certified Senior Advisor, the process was much easier than what they endured with Anthony's grandmother. Having the knowledge and skills to navigate senior living options resulted in a safe and effective placement. Bob is now well taken care of and happy in a great community that fits his needs.

So why do they do what they do? A personal experience was their call to action that created an undeniable passion to advocate for seniors and families. They never want a family to feel how they felt. CarePatrol's services are always FREE, call them at **440-387-5180** if they can be of service to you.



# Should I get Remarried?

## Estate Planning Issues Surrounding Remarriage



ANN SALEK



By: ANN SALEK, Certified Elder Law Attorney (CELA) Critchfield, Critchfield & Johnston

As people live longer, remarriage becomes more and more common. People may lose their spouse or divorce while still contemplating a long life ahead for themselves. Statistics show that the largest population of people getting remarried are in the age group over 55.

Remarriage can generate some unique issues from an estate planning perspective. I often have clients who are in a second marriage but they have children from a first marriage to consider when deciding who should receive their assets upon death.

In Ohio, even if a decedent leaves a properly executed Will directing assets to children, a surviving spouse may "elect to take against that Will" and receive a significant portion of the decedent's estate. Furthermore, even if the Will directs assets to children, if the assets are non-probate assets, there is usually a beneficiary designation that controls who receives the asset

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upon death. Therefore, the Will is irrelevant for directing non-probate assets.

I often have remarried clients who want to provide for their surviving spouse but when that surviving spouse dies, they want any remaining assets directed to their children from a prior marriage. The couples often agree to this plan while both are living. However, the survivor's thinking may shift a couple years after their spouse's death. The survivor may decide their own children should receive all the assets or the survivor may even get remarried again. Even if the survivor still intends to honor the original plan, the survivor may inadvertently co-mingle the decedent spouse's funds with their own funds so that everything ends up being distributed to their children.

In order to accomplish estate planning goals when couples are in a second marriage, trust planning is often required. In addition, it is best to enter a remarriage with a pre-nuptial agreement that addresses some of these issues prior to marriage. The pre-nuptial agreement can establish the parameters regarding any subsequent divorce but also the parameters of what happens to assets upon death. The trust planning will then ensure the agreement is implemented.

When clients ask me, "should I get remarried" I tell them there are legal benefits to marriage and legal benefits to not being married. You just need to know the repercussions and plan accordingly.

There are also many "elder law" issues surrounding remarriage. Such issues warrant a separate article. Look for part two of "SHOULD I GET REMARRIED?" in the next issue.

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Nestled in the trees at Brunswick Lake, Susan Hambley Nature Center is operated by the park district in partnership with the city of Brunswick. Built in 2008, the facility was funded with a grant from the State of Ohio and is named in memory of Brunswick Resident and Councilwoman Susan Hambley. During her lifetime, Susan was an inspiration to all as she battled Muscular Dystrophy while remaining active in community affairs.

Brunswick Lake City Park totals over 79 acres including the 13.2-acre lake. The nature center is located in a portion of the property that was spared from development over the years. As a result, there is an impressive stand of beech, maple, oak, and ash trees, some of which are over 200 years old. Visitors can explore the wooded area on a one-half mile nature trail that was created with the help of the Brunswick High School track and cross-country teams. The trail winds through the forest passing near wetlands. Turtles, frogs, wood ducks, and mink inhabit the area. In the spring, a broad array of wild flowers can be found at the site.

Park district naturalists operate the facility and provide numerous program opportunities throughout the year. The park district also endeavors to provide a number of interesting things to see and do on a regular basis inside the center. Stop in to see a variety of live native Ohio animals; relax and read a book in the library; make a craft in the kid's area; or sit and watch the squirrels, deer, and assortment of birds that regularly visit the feeders.

### BRUNSWICK LAKE TRAIL

The park district partnered with the city of Brunswick to complete the Brunswick Lake Trail project. Two extensive wooden boardwalks carry the trail through wetland and floodplain areas. The trail circles Brunswick Lake and gives the neighborhoods south of the lake access to shopping areas, the library, and recreation center via the trail. The one-mile trail provides local residents an opportunity to walk, ride bicycles, and enjoy the Brunswick Lake Park area.

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**STAY COOL.  
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**HEALTH DEPT. NEWS**

From: THE MEDINA COUNTY HEALTH DEPARTMENT



Too much heat isn't safe for anyone, but older adults over the age of 65 are more susceptible to heat-related illness. The Center for Disease Control (CDC) reports that older adults do not adjust well to sudden temperature changes. This age group is also more likely to have chronic medical conditions that affect the body's response to heat. Some common prescriptions may also interfere with the body's ability to control temperature efficiently.

Heat stress, heat fatigue, heat syncope (sudden dizziness after exercising in the heat), heat cramps and heat exhaustion are all forms of hyperthermia (National Institute of Aging). Hyperthermia is caused by a failure of the body's heat-regulating mechanisms. The risk of hyperthermia can increase with the combination of higher temperatures, underlying general health, and individual lifestyle.

It is important to be aware of weather changes and temperatures. There are steps individuals can take when temperatures begin to rise. These include:

- Stay in air-conditioned buildings as much as possible
- Do not rely on a fan as your main cooling source when temperatures rise above 90 degrees
- Increase your water intake. Do not wait until you are thirsty to drink
- Avoid using the stove or oven to cook
- Do not consume hot and heavy meals
- Wear loose, light weight, light colored clothing
- Take cool showers or baths to help cool down
- Do not engage in strenuous activities and be sure to get rest
- Stay informed. Watch local news for weather updates and locations of cooling shelters

Seek medical attention immediately if you begin to experience symptoms of heat-related illness such as muscle cramps, headaches, nausea, or vomiting.

In addition to protecting yourself, you can help others avoid heat-related medical emergencies. During hot weather, check in on your neighbors and friends. Remind them to drink lots of water or juice, as long as their doctor hasn't recommended otherwise because of a pre-existing condition. If there is a heat wave, offer to help them go someplace cool, such as air-conditioned malls, libraries, or senior centers.

The public health mission is to prevent, promote, and protect health. You can trust the Health Department to keep you informed and provide reliable information on what you can do during this outbreak and beyond. For more information, visit [www.medinahealth.org](http://www.medinahealth.org).

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**A Message from the  
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Awareness Committee**

[Message from the Medina County Overdose Awareness Committee](#)

~ Alternative Paths ~ A New Day ~CATS (Community Assessment and Treatment Services)  
~Hope Recovery Community ~LaCada Way ~ Medina County ADAMH Board  
~Medina County Health Department ~Ohio Guidestone ~Recovery Center of Medina County

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**6:30 PM**

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# INDEPENDENT LIVING OPTIONS

By: SHERRY CASSILY, Archangels Specialty Home Care

Seniors have a need for more retirement living options than their parents had available. There are a variety of independent living options one may have never considered. Archangels Specialty Home Care will explore five independent living options with a brief description and for whom appropriate.

## AGING IN PLACE

Aging in place is a term used to describe when an older person keeps living in their current home instead of moving to a retirement facility. They often modify their current home to manage any mobility issues, and work with home health care professionals to get assistance where needed. The person lives in the residence of their choice for as long as they are able. This includes being able to have any services and support they might need over time as their needs change. The only problems that can be fixed while aging in place are the ones that a person has planned for i.e., finances, health, personal or health care, etc.

## 55+ RETIREMENT COMMUNITIES

55+ retirement communities are housing options where residence is limited to people over a certain age. Depending on the community, residents might live in a single-family home, a condominium, a townhouse, or an

apartment. Whether they rent or own their residence will depend on each individual community. Some age restricted communities cater to specific interests or a chosen lifestyle. These communities are called niche communities. Niche retirement communities cater to groups of senior citizens who share interests and/or cultures, ranging from Harley-Davidson enthusiasts to those who desire to go back to college.

It is a viable choice for anyone who is still independent. As with Aging in Place, it is necessary to plan for addressing concerns that come with aging that are not addressed by the community management.

## CONTINUING-CARE RETIREMENT COMMUNITIES

Continuing-care retirement communities include several types of housing options for older people. They are homes, senior apartments, assisted living facilities and nursing homes all on the same campus. Residents can move from one area to another as their needs change.

These communities are good options for those who no longer want to deal with the demands of owning their own home and do not intend to move in with friends or relatives at any point in the future. Residents can transition from one type of care to another. It is a viable choice for anyone



SHERRY CASSILY, OWNER OF  
ARCHANGELS SPECIALTY  
HOME CARE

who is still independent and ready to move into a senior community but who may need more assistance in the future. They are making decisions about their health care and living options that will affect them for the rest of their lives.

## SENIOR CO-HOUSING COMMUNITIES

Senior co-housing communities is a type of "intentional community," in which people make a conscious choice to live together as a group. However, it is not the same thing as a commune, in which a group of families jointly own a plot of land and share all their income and other resources. Instead, co-housing is more like a cross between individual and communal living. Senior co-housing communities are one type of co-housing

in which a group of seniors get together to design and/or purchase a housing complex with individual homes, townhouses, or apartments and shared communal areas. The goal of co-housing is to share resources and build a tight-knit community where residents support each other while maintaining a degree of independence. Co-housing communities are planned and operated by the residents themselves, not a developer, and often reflect the shared values of the people who live there.

Only active seniors live in co-housing, as those who join need to be able to contribute and share resources with the rest of the community. This makes co-housing like Age in Place independent senior living or a traditional retirement community. Adults who struggle with illness or a lack of mobility are not suited for senior co-housing. A senior co-housing community is not designed to offer medical support, monitoring, or round-the-clock care like an assisted living facility. Those who live in co-housing must be able to function independently.

## SENIOR HOME-SHARING

Senior home-sharing is any arrangement where older adults share a living space. One type of arrangement involves an older adult renting out a room in a home or apartment they own to a college student or young single person to share housing costs and receive help with tasks such as shopping, cooking, and housework in exchange for reduced rent. Another type of home-sharing involves older adults pooling resources to rent or purchase a home where they can live together and support each other instead of moving into assisted living.

People who want to live with someone else and those looking for general companionship should consider home-sharing. For those who want to maintain independence and age in place, home-sharing helps older adults stay in their homes longer. This option is especially popular with single women who do not want to live alone but who do not want (or need) to move into an assisted living facility.



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# Why Child Development is Important to Grandparents

From: The Medina County Board of Developmental Disabilities

Child development is the way in which a child grows physically, learns language, processes thoughts and handles emotions from the time they are born to the beginning of adulthood. Child development covers a full range of areas and skills that a child learns and masters during their life. These development areas include:

- Cognition Abilities – the ability to learn and problem solve
- Social Interaction and Emotional Skills – interacting with others and mastering self-control
- Speech and Language – understanding and using language, reading and communicating
- Physical Skills – fine motor (finger) skills and gross motor (whole body) skills
- Sensory Awareness – understanding the information the senses gather

Why is it important to know about your grandchild's development? As a grandparent, you know a child grows and develops life skills and progresses from depending on their parents, other family members or caregivers to finding their own independence. While most child development is strongly influenced by a family's genetic factors, events during prenatal life, as well as the environment a child lives in, also play a role in your grandchild's growth. That is why it is vital for all members of a family, including grandparents, to know and check developmental milestones regularly. Because grandparents tend to see grandchildren less often than parents, they are sometimes the first to notice when something does not seem quite right. When a grandparent knows about developmental milestones - a basic list of skills and age ranges at which they should appear – they are able to use these guidelines to help reassure parents that a child is learning the skills they need to be independent and self-sufficient. By being an extra set of eyes for your grandchild, you are able to help make sure your grandchild is roughly on track for their future.

If you do notice something, remember the earlier a concern is seen, the better the chance in minimizing its impact on future development. Grandparents can use developmental milestones to start conversations when they have any concerns about their grandchild's development. Addressing concerns early is crucial and allows more meaningful plans to be put in place if a grandchild is falling behind. This may also lessen the effects and frustration of any gaps which may occur between your grandchild's ability and those of their same aged peers.

Many professionals such as doctors, teachers, therapists, and early intervention specialists are available to help and provide information about developmental issues and concerns. They are able to help parents, grandparents and caregivers find ways to address any challenges related to childhood development. For more information about childhood development and milestones, along with services that may be available, call the Medina County Board of Developmental Disabilities Early Intervention Services at 330-725-7751, option 1.

## Understanding and Choosing a Homeowners Insurance Deductible

As part of the continuing series on things you should know about your homeowners and auto policies, the goal of this series is to better help you understand your policy and how the little things in the policy can make the difference between a good policy and a great policy.

In the last article we discussed "Perils Coverage" and how that was used to determine if something was covered if there was a loss, and the second topic was, once it was determined if there was a loss, would the loss be covered at replacement cost or actual cash value? Please see March/April of 2022.

In this article I want to focus on deductibles. It seems that this should be an easy concept to understand and apply but can be a little more complicated. When there is a covered loss, a deductible is the amount of out of pocket expense the insured must pay before the insurance pays. Insurance.com says, the average homeowners deductible is \$500, but is that right for you? The best choice of deductible is what you can financially afford to pay first in the event of a loss.

I often see a homeowners deductible starting at \$1,000 and increasing from there. The key is that the higher your deductible, the lower your annual premium. I suggest you determine the deductible by looking at your tolerance to loss. Insurance studies have shown the average homeowner has a claim once every 9-10 years. If you feel comfortable with a higher deductible and it fits into your savings and budget, then take the highest deductible you feel comfortable with. It could save you money over the long run.

Another consideration when reviewing your policy is that there are different deductibles in a policy and you might not even realize it. Be knowledgeable. Your policy might read that the deductible is \$1000 for property losses, but if the loss is caused by wind and hail then it is 1% or 2% of the value of your home. For example, If you have a \$250,000 home and your wind and hail deductible is 2% of the value of your home, and you have to replace your roof due to strong winds, you will pay the first \$5,000 of the loss.

Make sure you read the details and ask your agent about how your deductibles work so you are not surprised when you can least afford it. Understanding how your deductibles work and choosing your deductible wisely can save you valuable money on your homeowners insurance.





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# The best way to leave something to your grandchildren



By: MARIE EDMONDS,  
Counselor at Law



Grandparents often want to give their grandchildren whatever advantages they can, especially if they were unable to give their own children those same advantages when they were younger.

Most often grandparents provide for their grandchildren by leaving accounts or property to their own children, indirectly benefiting their grandchildren. However, in some cases it makes more sense to leave property directly to their grandchildren – for example, if the grandparents believe their own children would not responsibly use the money intended for their grandchildren, or if their own children are wealthy enough that leaving them property intended for the grandchildren would expose them to estate tax.

Of course, the simplest way to leave an inheritance to grandchildren is to name the grandchildren as beneficiaries in their will or trust to receive a specific amount or percentage of the total. This works great if all the grandchildren are physically and emotionally stable, financially astute, and are not minors. However, if, for example, any grandchildren are minors, leaving property or accounts directly to them will necessitate a guardianship until the grandchild reaches the age of eighteen(18) at which time how the money is spent is totally under the control of the grandchild. Spent on fancy clothes and fast cars, or education, starting a business or a down payment on a home?

How can grandparents protect their grandchildren from these potential problems or others? A trust offers one of the most flexible methods for leaving an inheritance to grandchildren. Grandparents, through a trust, can ensure that the money and property are used appropriately, for the purposes for which the inheritance was intended. Grandparents can direct their trustees to make distributions for the needs of the grandchild and for any other specific purposes. Having grandchildren's share held in trust for them also protects them from their own inexperience, from a divorcing spouse, or an unscrupulous business partner or "friend."

Grandparents with estates large enough to have federal estate tax or generation-skipping tax issues can also design special trusts like a health and education exclusion trust (HEET). This type of trust is designed to make use of certain tax code provisions that exclude from lifetime gifts any amounts paid directly to healthcare and education institutions on behalf of someone. The tax benefits are possible by also naming a charitable beneficiary for the trust.

Grandparents often overlook bringing parents into the conversation when planning for their grandchildren. Depending on the parents' parenting philosophy, the parents may resent an unexpected, large sum of money or payment of certain expenses for their children. Speaking with the parents first about how grandparents can best support their grandchildren's development into responsible adults can certainly help to ensure that those gifts will be appreciated and beneficial, both from the grandchildren's point of view and from that of the parents.

It's all a matter of making sure your estate plan gets your property to the right people at the right time. After all, isn't that what a good estate plan is?

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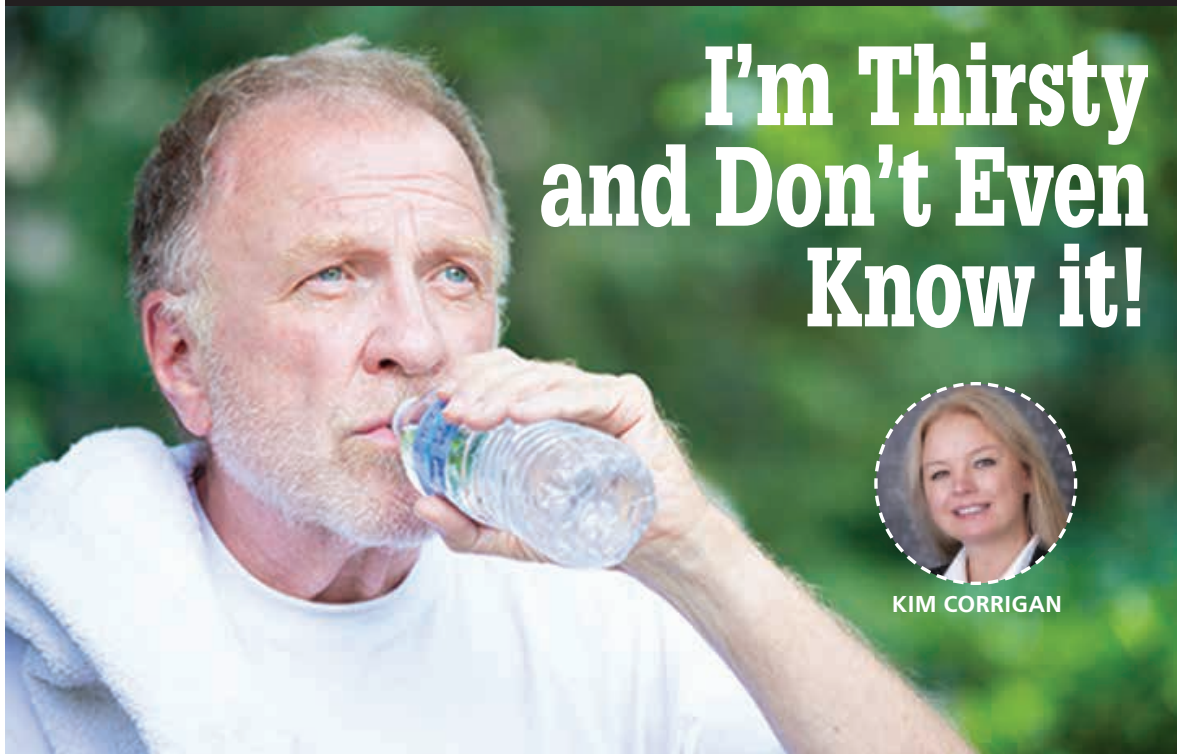
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KIM CORRIGAN

By: KIM CORRIGAN, Administrator Pearlview Rehab & Wellness Center

Imagine enjoying the dog days of summer and you have just finished chasing the grandkids or gardening for hours, with the afternoon sun warming your bones absorbing all that Vitamin D. All you can think about is a nice big glass of lemonade or iced tea overflowing with ice cubes.

You feel parched to your very core. But as you age, that sense of thirst diminishes. So even when your body needs to water, you might not realize it.

Look for the following signs of dehydration in the elderly, especially in the summer months. These can occur incredibly early in the dehydration process:

1. Dry mouth/dry tongue with thick saliva
2. Cramping limbs
3. Crying, but no tears
4. Headaches
5. Body weakness
6. Sleeplessness/irritability
7. Low urine output
8. Dry skin
9. Constipation

One of the quickest ways to evaluate if your dehydrated is to lift the skin on the back of your hand. Take your pointer finger and thumb, pinch a section of skin from the back of your hand, lift up, and let go. If your skin quickly falls down, back onto the top of your hand, you are not dehydrated.

If the signs above are present but ignored, they can become life-threatening, and the proceeding symptoms could occur:

1. Rapid, but weak heart rate
2. Sunken eyes
3. Low blood pressure
4. No sweating
5. Delirium
6. Convulsions
7. Bloating stomach
8. Seizures
9. Kidney failure

If you have any of these symptoms, and pushing fluids does not help, you need to go to contact your doctor immediately.

CONTINUED ON RIGHT COLUMN >



## 5 TIPS to stay hydrated this summer

### ALWAYS KEEP A WATER BOTTLE WITH YOU

Oftentimes you are gardening or taking a much-needed stroll outside and forget your water. You think not a big deal, but as the temperature rises and you continue with your daily activity, it could cause a problem. When you are out gallivanting, keep a water bottle with you. You can even get a nice pretty or sporty one at a reasonable price, which sometimes entices you to not forget it. Having water around helps keep you hydrated at all times.

### EAT FOODS LOADED WITH WATER

One way to keep yourself hydrated is to load up on fresh fruit and vegetables loaded with water. For example, cantaloupe, watermelon, cucumbers, and zucchini all have high water content. Not only are you eating healthy, but you are also helping keep your body functioning properly with adequate liquid.

### DRINK WATER WITH MEALS AND MEDICATION

You have heard the advice to drink a glass of water before a meal to encourage a healthier and portion-controlled diet. However, that glass of water can help you stay hydrated too. It is a win to get a nice glass of water or two before and during your meal. Also, when you have to take medication, drink a full glass of water to help keep you full, content, and hydrated.

### CHECK YOUR URINE

One of the biggest signs of dehydration is dark urine. Caregivers and medical professionals advise trying to drink enough water in the morning so that your urine is almost clear by lunch time. That can be a lofty goal, but it does encourage drinking water and staying hydrated.

### TALK TO YOUR DOCTOR

One of the overlooked options is frequently talking to your doctor. If you are on any medications or diuretics that can cause dehydration, you should make sure you are getting the proper daily allotment of water. Your doctor can advise what is the amount needed to keep your body healthy and functioning properly.



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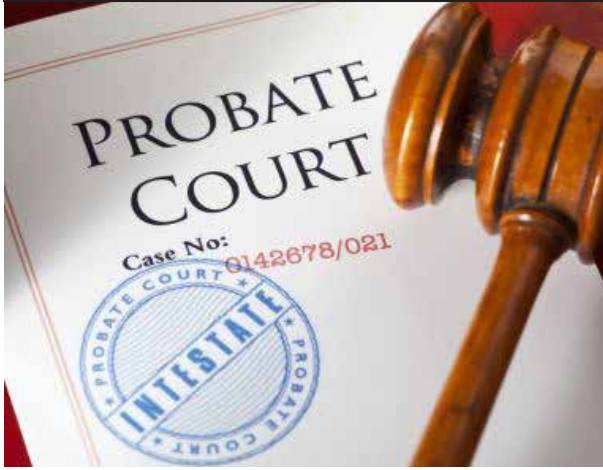
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# ADVANTAGES OF PROBATE COURT ADMINISTRATION



MICHAEL LARIBEE

By: MICHAEL LARIBEE, Esq., Laribee & Hertrick, LLP

Most estate planning clients say they would like their estates to avoid probate court when they die. This is not surprising as many television infomercials and estate planning books tell people to avoid a probate administration at all costs. There is certainly merit to this opinion. However, probate court does provide several advantages which people often overlook.

What is a probate administration? Simply, it is the process whereby a probate court assigns a representative (an executor or administrator) to gather and list the decedent's assets, pay all outstanding debts, bills and taxes, and then distribute the remaining assets to the beneficiaries listed in the decedent's will.

There are three main complaints about probate court: it takes longer (full probate estates usually take at least six months or more to administer), it costs more (the estate will incur court costs and possibly attorney fees), and it is not private (the estate administration is public record and people can view the will, the value of estate assets, and the distributions to the beneficiaries). Certainly, these are valid reasons to create an estate plan that distributes assets to beneficiaries outside of probate court (using transfer-on-death beneficiary designations, joint ownership with rights of survivorship, or trusts). However, it is important to consider the following positive aspects of probate court:

1. The probate court will make sure the executor honors the decedent's wishes and follows the provisions of the decedent's last will and testament precisely.
2. The beneficiaries will receive copies of all important filings through a formal, systematic process overseen by a judge or magistrate.
3. The probate court monitors all actions of an executor.
4. The executor cannot engage in self-dealing or play favorites among beneficiaries.
5. All beneficiaries and next of kin must be notified and will have an opportunity to be heard in court regarding the validity of the decedent's last will and testament.
6. The probate court may require an executor to obtain an insurance bond to protect the estate assets from loss or misappropriation.
7. The executor must file and provide to beneficiaries a complete list of all estate assets and their values known as an inventory.
8. The beneficiaries may object to the list of estate assets and the probate court can settle disputes related to the inclusion or exclusion of certain assets in the estate.
9. The probate court can resolve disagreements among family members through hearings or mediation proceedings.
10. The beneficiaries will receive clear title to the assets they receive and proof of the current market value for tax purposes.
11. An executor has the power to make funeral arrangements.
12. An executor must pay decedent's debts before the assets are administered to beneficiaries.
13. An executor must file decedent's tax returns and pay taxes due.
14. Before the estate is closed, the executor must complete a detailed accounting of all assets received, property sold, bills paid, and funds disbursed. Beneficiaries have an opportunity to object to the accounting.

It is important to consult with a trusted attorney and explore options when creating an estate plan. While it may be contrary to popular opinion, some people actually prefer the oversight that probate court provides.

*Michael Laribee is a partner in the Medina law firm of Laribee & Hertrick, LLP. This article is intended to provide general information about the law. It is not intended to give legal advice. Readers are urged to seek advice from an attorney regarding their specific issues and rights.*



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## DO YOU QUALIFY FOR A MEDICARE SPECIAL ENROLLMENT PERIOD?

You may qualify to enroll or change your Medicare health plan if you:

- Are newly eligible for Medicare.
- Drop employer/union health and/or drug coverage, including a retiree plan.
- Recently moved into the area.
- Move into, reside in, or moved out of a qualified institutional facility such as a nursing home.

(You may also qualify under other circumstances.)

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# Help at Home is Available to Manage Symptoms of Serious Illness

From: HOSPICE OF MEDINA COUNTY

It can be tricky managing health, especially when coping with the symptoms of advanced heart disease, cancer or another serious illness. The good news is that care provided by specially trained professionals can help you achieve more comfort, greater independence and an improved quality of life. The care has been proven to help reduce or eliminate repeated hospitalizations and improve daily functioning. It can be provided anywhere you live, whether that's in your own home, in an apartment or condo within a senior living community or at a nursing facility.

Western Reserve Navigator (WRN) is a non-hospice palliative (comfort) care program that helps people earlier in the course of their serious illness to control pain, shortness of breath and manage other difficult symptoms. The program is available through Hospice of Medina County, an affiliate of Hospice of the Western Reserve.

Unlike with hospice care, when you are enrolled in the WRN program, you can continue to receive curative care and treatments from your doctor such as chemotherapy and radiation. The palliative care provides an "extra layer" of care that focuses specifically on making

you more comfortable. You can remain in the program indefinitely, as long as needed. The WRN care team collaborates with your doctor to keep you comfortable and out of the hospital. The team is comprised of an advanced practice nurse, a social worker and trained volunteers.

"Our focus is on improving a person's quality of life," explained Jennifer Martnick, nurse practitioner and palliative care team leader. "One of our patients, for example, had several serious illnesses. We supported her for eight years. We were able to help her maintain her independence and achieve a much better quality of life by successfully managing her symptoms in her own home. She even wrote a book during that time, something she always wanted to do! As her illnesses progressed and her life expectancy became more limited, she was able to make a seamless transition into our hospice program, where she is now receiving care."

## WESTERN RESERVE NAVIGATOR WILL:

- Help you manage medications.
- Coordinate care with your doctor to better manage your symptoms.
- Provide you with 24/7 phone access to a nurse.

Your family. Our purpose.  
Together.

You don't have to do this alone. Family caregivers consistently tell us, "Now that we have experienced your hospice care, we wish we would have called sooner."

We focus on improving quality of life for our patients and their loved ones to ensure that each moment is filled with comfort.

HMC Hospice of Medina County is here 24/7.  
Call us today.



800.707.8922 | hospicewr.org/medina

- Connect you with other helpful Medina County community resources.
- Help you communicate and document your personal health care goals and preferences through family conversations and the completion of Advanced Directives.

## WHAT DOES IT COST?

There is no fee charged for social worker visits and volunteer services. If medical services are needed, such as a visit from the advanced practice nurse, insurance is billed. Western Reserve Navigator accepts Medicare, Medicaid and most other commercial insurances. During the first visit and assessment, the team will discuss the patient's particular insurance and any co-payments there might be for medical services. If financial assistance is needed, a WRN financial counselor will help create an affordable plan.

For more information about Western Reserve Navigator, call 800-707-8922.



THE CARE YOU NEED, AT HOME, BY ANGELS



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(Toll Free 877-757-5924)

Whether you're finding it harder to handle certain daily tasks as you get older, or you have a loved one who has recently been diagnosed with dementia, Visiting Angels® Medina-Strongsville offers the quality at home care required for you or your loved one to face these challenges right at home. With our custom home care plans, you have the power to choose a compassionate, skilled caregiver you trust to provide senior care services for your exact needs and situation.

**Providing 4 hours to 24/7 Care**  
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HearingLife is a national hearing care company and operates more than 640 hearing care centers across 42 states. We follow a scientific, results-oriented approach to hearing healthcare that is provided by highly skilled and caring professionals.

Our Medina, Ohio office is served by Dr. Eleni Santarelli, clinical audiologist. Dr. Santarelli graduated from the Northeast Ohio Au.D. Consortium in 2021 and is a member of the American Academy of Audiology and the Ohio Academy of Audiology. The staff at Medina strive to help people hear better by gathering a comprehensive scope of their patient's listening journey.

Office hours are 9:00 AM - 5:00 PM, Monday through Friday; convenient walk-in hours are 1pm – 2pm daily. HearingLife in Medina is conveniently located near I-71 and Route 18 making it easily accessible for patients in Medina and Summit counties. In addition to Medina, HearingLife has 12 locations in the Northeast Ohio/Cleveland area.

## Personalized hearing care **starts here.**

**HearingLife's** experienced professionals provide life-changing hearing care. Through their passion for helping others, our team delivers custom solutions to meet your individual needs. This practice aims to help people hear better by gathering a comprehensive scope of your listening journey. Dr. Eleni Santarelli is the clinical audiologist at this location. She graduated from the Northeast Ohio Au.D Consortium in 2021.

### **Our services include:**

- Complimentary hearing assessments\*
- Hearing aid fittings, adjustments and repairs
- Complimentary clean & check of current devices
- Personal demonstrations of the newest technology
- Treatment of tinnitus & other hearing-related conditions

*HearingLife in Medina is conveniently located near I-71 and Route 18 making it easily accessible for patients in Medina and Summit counties.*



We have 13 locations in the Northeast Ohio-Cleveland area.  
Convenient walk-in hours from 1pm–2pm daily.

Call to schedule your **complimentary** hearing assessment and receive a **\$20 gift card.\***



2736 Medina Road, Suite 211B, Medina, OH 44256

**330.441.4108 • [hearinglife.com](https://hearinglife.com)**

Mention code AG60-1 when calling.

Eleni Santarelli, Au.D., Audiologist Lic. #A.02315

\*See office for details.



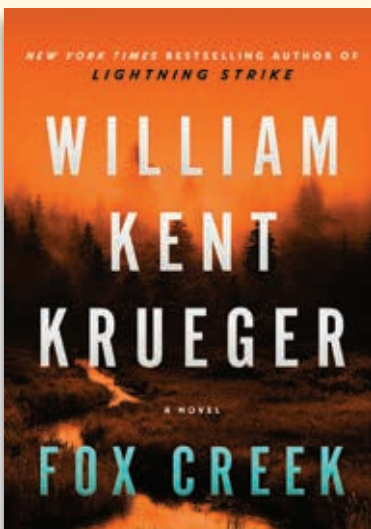
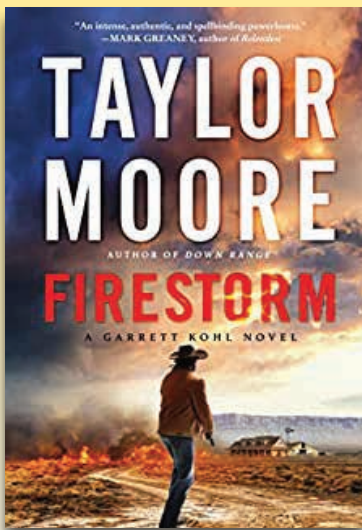
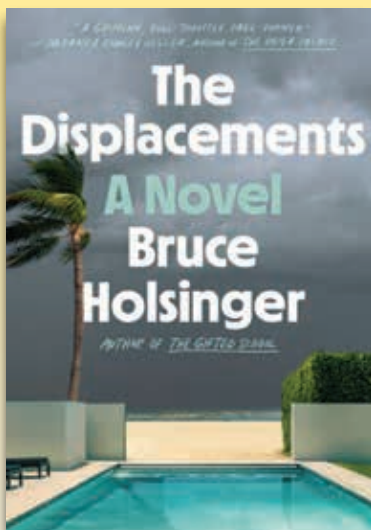


# LIBRARY NEWS

*Read it and Reap!*

## SUMMER READING Some Titles to Check Out!

From: MARY OLSON, Readers' Advisory Librarian



FREE

eBooks • Audiobooks  
Magazines • Music  
TV • Movies



[mcdl.info/eMedia](https://mcdl.info/eMedia)



Medina County District Library



Medina County District Library  
Library Live Newsletter  
mcdl.info June, July, August 2022

**June 1 - August 13**

# Summer reading game

**Teen Game** Grades 6-12 (and 2022 grads!)

Read and log your minutes online at [mcdl.info/SummerReading](https://mcdl.info/SummerReading)

Earn a trip to the mystery box, a book, and a chance to win a grand prize bundle:  
Anime • Art • Gaming • Outdoors • Polymer Clay • Room Décor • Self-Care

**Children's Game** Birth to grade 5

Pick up a game board at your library

Read books,  
win prizes!



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[mcdl.info/SummerReading](https://mcdl.info/SummerReading)

## MCDL Recognition & Graduations

Congratulations to our Finance Department for receiving an "unmodified" audit rating for the 2020/2021 fiscal years. This is the most positive audit rating awarded to a public entity by the Ohio State Auditor. Once the audit is finalized it will be available to the public.

Congratulations to Brunswick Library Manager, Connie Sureck, and Seville Librarian, Roxanna Rathbun, both graduates of 2022 Leadership Medina County programs. Connie represented the Signature Class and Roxanna represented the LEAD (Leadership Exploration and Development) Institute.



ABOVE: Finance dept. Roanne Frederick, Kelly Conner (front row) and Veronica Carano & Alison Gaebelein (back).

RIGHT: Connie Sureck & Roxanne Rathbun.

