

HELPING TO ASSIST AND INFORM OLDER ADULTS AND SENIORS IN MEDINA COUNTY



brim with gifts and

goodies!

PERMIT #1737 CLEVELAND, OH DAID. JOSTAGE .S.U OKC' NON PROFIT

Visit us on the Web: HANDS-Foundation.org P.O. Box 868 | Brunswick, Ohio | 44212 HANDS Across Medina County Foundation A PUBLICATION OF THE HANDS FOUNDATION gifts? For years, that's been the "driving" motivation for the HANDS Foundation's "Stuff the Range Rover" fundraiser held at Western Reserve Masonic Community. The grand prize winner receives a motorized toy Range Rover stuffed with prizes and gifts.

The popular family-oriented event always draws a large crowd of guests to celebrate the upcoming holiday while at the same time supporting the work of the HANDS Foundation.

Everyone is invited to enjoy the complimentary refreshing beverages, tasty hors d'oeuvres, and holiday dessert buffet prepared by the WRMC staff.

silent auction items and to buy sideboard tickets.

As in years past, the bidding for the grand prize is a Power Wheels Range Rover, stuffed to the brim with presents valued at several thousand dollars. The Power Wheels Range Rover provides all the fun and excitement kids need for hours of driving fun!

Will you be the lucky winner? There's only one way to find out! Join us for this great holiday event and support a worthy cause to help seniors in Medina County. All money raised will be donated to the HANDS Foundation.



4931 Nettleton Rd-Medina, Ohio 44256

Presented By: Carecore at Willowood

#### DECEMBER

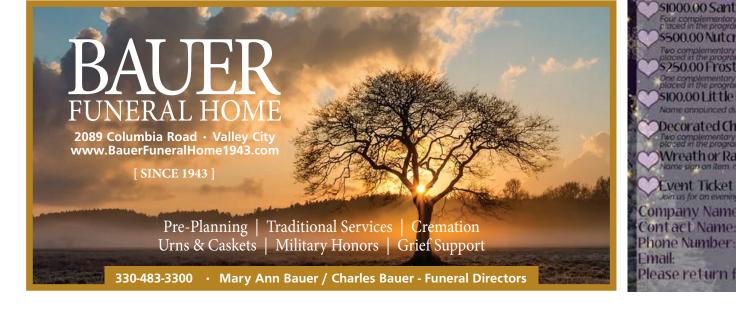
6:00P.M.-8:00P.M.

This is a fun event for the whole family AND it is free to attend. Appetizers, pizža and drinks will be served (even the fun ones like christmas ale and wine). Santa will visit, there will be fun crafts for the kids and we will have auction items for the adults to enjoy! EVERYONE will have the opportunity to purchase tickets for a chance to win the stuffed Powerwheel Range Rover!

The Range Rover is stuffed with things for the whole family! Items include (but are not limited to) books, toys, gift cards, alcohol, crafts and games!

Tickets for a chance to win the escalade will be 5 for \$10,25 for \$20 and can be purchased the night of the event.

> RSVP By: November 26th to hands.rsvps@gmail.com



### The echelon of medina presents: heFestival of Irees

The Echelon of Medina is SO excited to host The Festival of Trees! We are inviting local businesses and community members to donate a decorated, artifical tree, which will be displayed for a silent auction. The Echelon will prepare a sign with your company (or family) name on it to place by the tree:

Our goal is to raise \$8,000! All proceeds will benefit Emerge Youth Services (of Hope Recovery Services in Medina) AND The Optimist Club of Brunswick to benefit Brunswick's youth.

The Silent Auction will be held November 30th-December 12th (Monday-Friday 9-5:30) at The Echelon Independent Living located at 629 N. Huntington Street., Medina, Ohio 44256. Bidding will close on December 12th at 7:00p.m. After bidding closes the winners will be selected and notified.

> Please join us in celebrating the holiday season! Thursday, December 12th 5:30p.m.-8:00p.m.

This special event will announce the festival of trees winners! We invite you to enjoy chef prepared d'oeuvres, desserts and wines.

Drop off and set up of items will be November 18th-November 27th (Monday-Friday 9-5:30) at The Echelon Independent Living!

### The echelon of medina present The Festival of Tre

All proceeds will benefit Emerge Youth Services (of Hope Recovery Services in Medina) AND The Optimist Club of Brunswick. With your support, we can bestow many blessings for the youth during this Christmas season.

The 2024 Festival of Trees will have many beautifully decorated Christmas trees, wreaths, raffle baskets and Christmas items available for a silent auction. The evening will be complete with chef prepared

### Please Consider Sponsoring or Donating to The Festival of

) \$1000.00 Santa Clause Sponsor

5500.00 Nutcracker Sponsor

\$250,00 Frosty the Snowman Sponsor

S100.00 Little Drummer Boy Sponsor

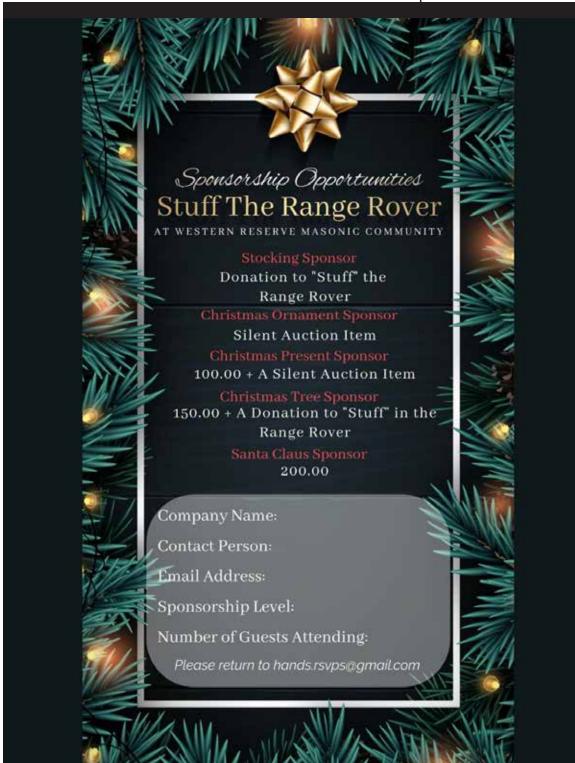
Decorated Christmas Tree

Wreath or Raffle Iteam

Event Ticket

Company Name: Contact Name:

Please return form to cwaller@echelonseniorliving.com



The HANDS Foundation Presents

SHIP GARE FITTE

Like Family Feud, but more fun!

A very special thank you goes out to ALL of the teams who joined us at Western Reserve Masonic Community last night for Senior Care Feud where all proceeds go to the HANDS Foundation!

Our host for the evening was Nikki Emmons who is the Operating Director for Cornerstone Caregiving LLC- she has been an incredible supporter of the HANDS Foundation for YEARS now and we are SO thankful that she joined us again this year and ON HER BIRTHDAY! She puts the game together, runs the event and is the host- she literally does it all!

Western Reserve Masonic Community graciously gave us the space for the event and prepared our refreshments including their AMAZING homemade chips! Kimberly Valco who is the VP for the HANDS Foundation and is Community Relations for Western Reserve Masonic Community was joined at the event by her team including the President of Western Reserve Masonic Community Jason French.

The HANDS Foundation would like to thank The Echelon of Medina for sponsoring the food and drinks for the evening AND give an extra special thank you to Christina Waller (Executive Director-The Echelon of Medina), Ryan Boulton (Assistant Executive Director-The Echelon of Medina) & Grant Crabbs, LNHA (Operations-Echelon of Medina, Renaissance of Richfield/Bath & Axis Home Health) for being our judges for the evening!

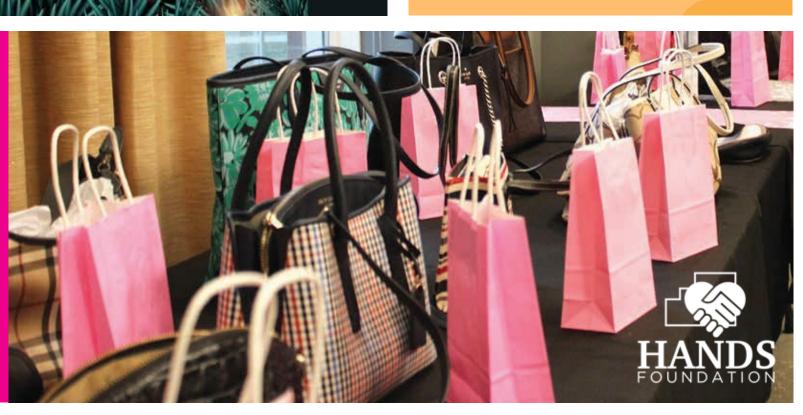
Now let's talk about the WINNERS! Our Champions were the team from Divine Rehabilitation & Nursing at Pearlview, Best Costumes went to the team from Traditions Hospice and the loudest cheering section went to Carecore at Willowood!

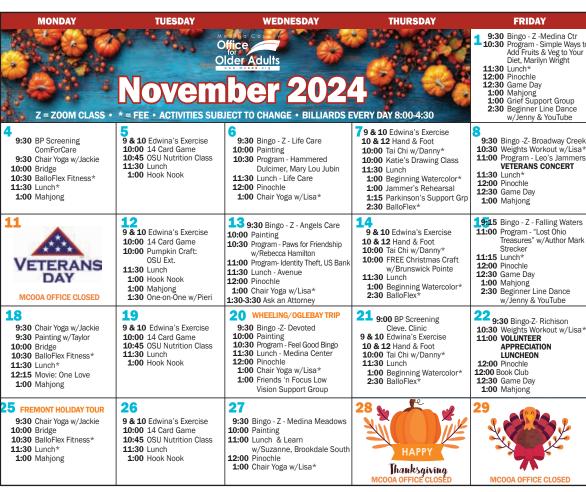
Shoutout to Medina County Office for Older Adults, The Avenue at Medina, Western Reserve Masonic Community and Care Patrol for showing up, having fun, playing hard and above all-supporting the HANDS Foundation.

# SAVE THE DATE! PURSES WITH A PURPOSE

FEBRUARY 6, 2025 4:30 - 7:30pm

Western Reserve Masonic Community





## CALENDAREVENTS

CHRISTMAS CAROL TR

9:30 Bingo -Z- Life Care 10:00 Painting 10:30 Program - Prevention Bingo 11-12 Balance Screenings

9:30 Bingo -Z- Angels Care
10:00 Painting
10:30 Program - Fall Prevention
w/Stephanie, Angels Care
11:30 Lunch - Avenue
12:00 Pinochle
1:00 Chair Yoga w/Lisa\*
1:30-3:30 Ask an Attorney

9:30 Bingo -Z- Devoted
10:00 Painting
10:30 Program - Reindeer Games
11:30 Lunch - Medina Center

1:00 Chair Yoga w/Lisa\* 1:00 Friends 'n Focus Low Vision Support Group

D

12:00 Pinochle

by Fyzical

11:30 Lunch - Life Care

12:00 Pinochle

1:00 Chair Yoga w/Lisa\*

9:30 Chair Yoga w/Jackie

9:30 Chair Yoga w/Jackie

9:30 Chair Yoga w/ Jackie 10:00 Bridge 10:00 Christmas Craft Project 10:30 BalloFlex Fitness\* 11:30 Lunch\* 1:00 Mahjong

9:30 Chair Yoga w/Jackie

9:30 Criaii Toga .., -10:00 Bridge 10:30 BalloFlex Fitness\*

9:30 Chair Yoga w/Jackie 10:00 Bridge 10:30 BalloFlex Fitness\*

9:30 Chair Yoga w/Jackie

ALL ACTIVITIES SUBJECT TO CHANGE

10:00 Bridge 10:30 BalloFlex Fitness

11:30 Lunch?

1:00 Mahiong

11:30 Lunch\* **12:15** Movie: Genie

23

30

1:00 Mahjong

1:00 Mahjong

9:30 BP Screening ComForCare 10:00 Bridge 10:30 BalloFlex Fitness\* 11:30 Lunch\*

1:00 Mahjong

9 & 10 Edwina's Exercise 10:00 14 Card Game 10:00 FREE Easy Christmas

9 & 10 Edwina's Exercise

10:00 14 Card Game 10:00 14 Card Game
10:00 Painting w/Taylor
11:30 Lunch
1:00 Hook Nook
1:30 One-on-One w/Pieri

9 & 10 Edwina's Exercise 10:00 14 Card Game

**9 & 10** Edwina's Exercise **10:00** 14 Card Game

9 & 10 Edwina's Exercise

\* = FFF REQUIRED: 7=700N

10:00 14 Card Ga 11:30 Lunch

1:00 Hook Nook

11:30 Lunch 1:00 Hook Nook

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**11:30** Lunch **1:00** Hook Nook

**11:30** Lunch 1:00 Hook Nook



calendar, and more.

treatment we'd give our own family.





**Providing Care with Integrity and Respect** 

We are dedicated to treating every individual with the utmost respect and unwavering integrity. Whether we're providing

beautiful accommodations in our Independent and Assisted Living communities, or working with other organizations to help seniors reach their potential, we give everyone the same







MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Walking Track 12:00 - 2:00	Walking Track 9:00 - 11:00	Walking Track 12:00 - 2:00	Walking Track 9:00 - 11:00	Walking Track 12:00 - 2
PLEASE RSVP TO RESERVE A SPOT IN THESE GREAT PROGRAMS!	Visit our Website & Online Newsletter for more Details: www.WadsworthCity.com/ SopremaSeniorCenter	Get your 12 Days of Christmas Gift Card Raffle tickets! Purchase 3 or more to be entered into a daily "2nd chance" drawing!	*PROGRAMS MARKED WITH AN ASTERISK (*) ARE OFFERED IN PERSON AND VIA ZOOM (HYBRID).	Bingo 10:00 Claire's Crafty Friends 1 Make Me Happy Hr(Zoom) 1 Genealogy 2:00
Vaccination Clinic - by appt. 1:00 - 3:00  Pinochle 9:00 Chronic Disease Mgmt 9:45 Bunco 1:00	Medicare - by appt. 9:00 S Watercolor 10:00 Coupon Clippers 10:30 Health Checks 12:00 General Caregivers* 12:15 Euchre 1:00 Wits Workout 2:00	Hearing Screenings by appt. 9:00 Chess 10:00 Gentle Exercise 10:00 Sign Language II 11:30 Medicare - by appt. 1:15 Blind Truth* 1:00 Dominoes/Games 1:00	Mah Jong 9:30 Guided Autobiography 9:30 Sewing Seniors 9:30 Bridge 11:00 Alzheimer's Caregivers 1:00 Hand and Foot 1:00	Bingo 10:00 Claire's Crafty Friends 1 Make Me Happy Hr(Zoom) 1 Genealogy 2:00 Veteran's Pinning Event
Center & Café Closed for Holiday	Medicare - by appt. 9:00 Crafts/Puzzles wWindfall 10:00 Coupon Clippers 10:30 Table Talk w Dr. Patel* 12:00 Euchre 1:00	Chess 10:00 Summa Health Chat* 10:00 Gentle Exercise 11:00 Sign Language II 11:30 Medicare - by appt. 12:00 Dominoes/Games 1:00 Trivia w IB Brookdale* 2:00 Storytime w Wade (Zoom) 3:30	Prevention Jeopardy 10:00 Bridge 11:00 Seniors wSrs Luncheon 11:00 Advocacy in Motion 11:30 Hand and Foot 1:00	Bingo 10:00 Claire's Crafty Friends Make Me Happy Hr(Zoom) Genealogy 2:00
Pinochle 9:00 Scam Bingo 10:00 Bunco 1:00 Monthly B-Day Party 1:00 Medicare 101* 3:00	Medicare - by appt. 9:00  Watercolor 10:00 Coupon Clippers 10:30 Health Checks 12:00 Parkinson's Caregivers* 12:15 Euchre 1:00 Wits Workout 2:00 Cooking w/ Bev 3:00	Sign Language II 11:30	Mah Jong 9:30 Sewing Seniors 9:30 Bridge 11:00 Poetry Open Mic 12:00 Hand and Foot 1:00 County Assistby appt 2:00 Grief Support 3:00	Thanksgiving Lunch w/ Comedy 12 Bingo 10:00 Claire's Crafty Friends 1 Make Me Happy Hr(Zoom) Genealogy 2:00
Pinochle 9:00 Ukulele Practice 10:00 Tech Café w/ MCBDD 11:30 Bunco 1:00 Paper Crafting 101 1:00	Line Dancing 9:00 Medicare - by appt. 9:00 Coupon Clippers 10:30 Garden Chat* 11:00 Euchre 1:00	Chess 10:00 Gentle Exercise 10:00 Sign Language II 11:30 Medicare - by appt. 12:00 WHS Tech Assist 12:15 Dominoes/Games 1:00	Center & Café Closed for Holiday  HAPPY  HANKSGIVING	Center & Café Closed for Holiday

## CALENDAREVENTS

## WADSWORTH SOPREMA SENIOR CENTER & CAFE



SOPREMA Senior Center

CENTER HOURS: Monday - Friday: 8:30 am - 4 pm CAFÉ HOURS: Monday - Friday: 7:30 am

		T						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY				
Walking Track 12:00 - 2:00	Walking Track 9:00 - 11:00	Walking Track 12:00 - 2:00	Walking Track 9:00 - 11:00	Walking Track 12:00 - 2:00				
Pinochle 9:00 Arm Chair Travel 12:30 Bunco 1:00 Holiday Décor Demo 2:00	Medicare - by appt. 9.00 Crafts Puzzles wit windrall 10:00 Watercolor 10:00 Coupon Clippers 10:30 Music in Cate - Harp 11:30 Health Checks 12:00 General Caregivers 12:15 Euchire 1:00 Wits Workout 2:00	Chess 10:00 Gentle Exercise 10:00 Gintle Exercise 10:00 Medicare - by appt. 12:00 Blind Truth* 1:00 Dominoes/Games 1:00	Mah Jong 9:30 Sewing Seniors 9:30 Bridge 11:00 Alzheimer's Caregivers 1:00 Hand and Foot 1:00	Bingo Auction 10:00 Claire's Crafty Friends 12:00 Make Me H.H. (Zoom) 12:00 Jolly Jammers Band 1:00 Genealogy 2:00				
12 Days of Christmas Daily Drawings: Tune into Wadsworth Radio 97.1 each weekday at 8:45 am from Dec. 2 thru Dec. 12!								
Pinochle 9:00	Christmas Darty 9:30	Chess 10:00 Gentle Exercise 10:00	Mah Jong 9:30	Final 12 Days Drawing 12:00				

Ukulele Practice 10:00 Bunco 1:00 Movie at Wads. Library 1:00 Medicare 101\* 3:00

Reverse Mortgage 10:00 Music in Café - Cello 11:30 Bunco 1:00 Monthly B-Day Party 1:00

Pinochle 9:00

Pinochle 9:00 Bunco 1:00

(RSVP By Dec. 2<sup>rd</sup> or til Full)

Euchre 1:00

Sign Language II 11:30 Dominoes/Games 1:00 Trivia w/ Brookdale\* 2:00 Storytime w/ Wade (Zoom) 3:30

althy Living wHumana\* toharp w/ Dan 2:30 Center & Café Closed for Holiday Seniors w/Srs Lunch'n 11:00 Hand and Foot 1:00 Wadsworth Library Fun 1:00

& Emily Dorland Concert Bingo 10:00 Make Me H.H. (Zoom) 12:00 Genealogy 2:00

Mah Jong 9:30 Bridge 11:00 Holiday Tea 11:00 Hand and Foot 1:00 Senior Book Chat 1:00 Chess 10:00
Gentle Exercise 10:00
Music in Café - Cello 11:30
Sign Language II 11:30
Dominoes/Games 1:00

Mah Jong 9:30 Bridge 11:00 Poetry Open Mic 12:00 Hand and Foot 1:00

Bingo 10:00 Claire's Crafty Friends 12:00
Make Me H.H. (Zoom) 12:00
WHS Tech Assist 1:45
Genealogy 2:00 County Assistance-by appt 2:00 Grief Support 2:00

Bingo 10:00 Claire's Crafty Friends 12:00 Make Me H.H. (Zoom) 12:00 Genealogy 2:00

Watercolor 10:00 Coupon Clippers 10:30 Music in Cafe - Harp 11:30 Health Checks 12:00 Parkinson's Caregivers' 12:15 Wits Workout 2:00 Ð Pinochle 9:00 Ukulele Practice 10:00 Tech Café w/ MCBDD 11:30 Bunco 1:00 Paper Crafting 101 1:00

Center & Café Closed for Holiday

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New Year's Party 1:30 Coupon Clippers 10:30 Euchre 1:00

CHRISTMAS

SopremaSeniorCenter

www.WadsworthCity.com/

3

Get your 12 Days of Christmas Gift Card Raffle tickets! \*ASTERISK (\*) PROGRAMS ARE OFFERED IN PERSON AND VIA ZOOM (HYBRID)

330-335-1513 · SSC@WadsworthCity.Org 617 School Drive



#### THE CARE YOU NEED, AT HOME, BY ANGELS



Whether you're finding it harder to handle certain daily tasks as you get older, or you have a loved one who has recently been diagnosed with dementia, Visiting Angels® Medina-Strongsville offers the quality at home care required for you or your loved one to face these challenges right at home. With our custom home care plans, you have the power to choose a compassionate, skilled caregiver you trust to provide senior care services for your exact needs and situation.

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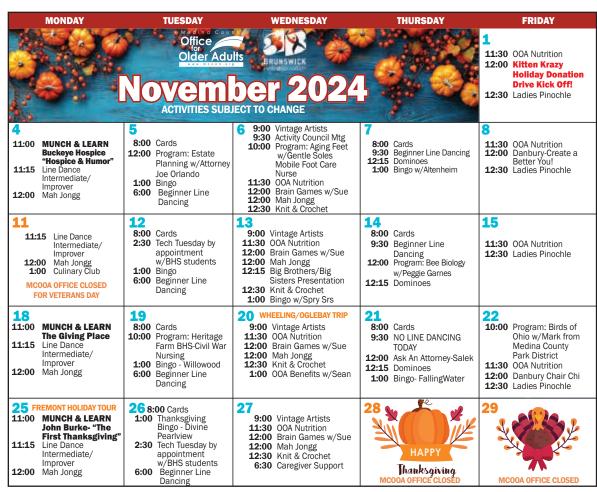
Short term respite care also available

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VisitingAngels.com | CALL US 24 HOURS A DAY!





## CALENDAREVENTS

## BRUNSWICK BRUNSWICK REC CENTER

	MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11:15	MUNCH & LEARN Home is Where the Heart is w/Home Health Care Line Dance Intermediate/ Improver Mah Jongg	10:00 1:00 1:00	Cards Book Club Bingo Bingo - Willowood Beginner Line Dance	9:00 Vintage Artists 10:00 Activity Council 11:30 Cardio Dance 11:30 OOA Nutrition 12:00 Brain Games w/Sue 12:00 Mah Jongg 12:30 Knit & Crochet	5 JACK CASINO TRIP 8:00 Cards 9:30 Beginner Line Dancing 12:15 Dominoes 1:00 Bingo - Altenheim	9:00 SS Circuit 11:30 OOA Nutrition 12:30 Ladies Pinochle
11:15 12:00	Funeral Planning w/Waite Funeral Home Line Dance Intermediate/ Improver Mah Jongg Culinary Club		Cards Bingo Tech Tuesday w/BHS Students Beginner Line Dance	9:00 Vintage Artists 10:00 Activity Council 11:30 OOA Nutrition 12:00 Mah Jongg 12:00 Brain Games w/Sue 12:30 Knit & Crochet	8:00 Cards 9:30 Beginner Line Dancing 12:00 Santa Visits for Kitten Krazy Donation Event 12:15 Dominoes	12:00 Danbury-Create a Better You! 12:30 Ladies Pinochle 1:00 Christmas Bingo w Laurie from Spry Seniors
11:15	O Art Critique Group MUNCH & LEARN Christmas Games w/Ohlo Living Home Health Line Dance Intermediate/ Improver Mah Jongg	1:30	Cards Christmas Party w/BHS Choir & Grace Church Carolers Bingo - Willowood Beginner Line Dance	9:00 Vintage Artists 11:30 OOA Nutrition 12:00 Mah Jongg 12:00 Brain Games w/Sue 12:30 Knit & Crochet 1:00 OOA Benefits w/Sean 6:30 Caregiver Support	8:00 Cards 9:30 Beginner Line Dancing 12:15 Dominoes 1:00 Christmas Bingo - Altenheim	20 11:30 OOA Nutrition 12:30 Ladies Pinochle 1:00 Cleveland T.O.P.S Swing Band Christmas Concert
11:15	MUNCH & LEARN Plan Your Next Adventure w/Great Day Tours Line Dance Intermediate/ Improver Mah Jongg	1:00 2:30	Cards Bingo Tech Tuesday w/BHS Students NO LINE DANCING TODAY	MCOOA OFFICE CLOSED	<b>26 8:00</b> Cards <b>9:30</b> NO LINE DANCING TODAY <b>12:15</b> Dominoes <b>1:00</b> Bingo - FallingWater	27 11:30 OOA Nutrition 12:00 Danbury Chair Chi 12:30 Ladies Pinochle
11:15	MUNCH & LEARN Balance & Fitness w/Fyzical Line Dance Intermediate/ Improver Mah Jongg	1:00	Cards Bingo - Divine Pearlview NO LINE DANCING TODAY	Dec	Office Older Adults  Comber 2  CTIVITIES SUBJECT TO CHA	2024 ANGE

## Buying and Selling a Home? Contact the Best!

A house is a building, a home is your haven. You need a REALTOR\* who will listen and communicate effectively. Someone who is dependable and patient as well as knowledgeable and willing to give you honest opinions so that you can sell or purchase with confidence. The REALTOR\* that will offer you the best tools to keep you paramount in the market place.

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## BUYING AND SELLING A HOME? CONTACT JANET TODAY!

As a Senior Real Estate Specialist, helping buyers and sellers maneuver through the intricacies of selling and or buying a home is my passion. Many Baby Boomers and The Greatest Generation have not bought or sold a home in decades. I am the first call to make to make this the smoothest transition possible. My specialty includes an initial consultation with my clients and/or their families.

During our initial conversation we will discuss every detail, identify which other resources are needed before, during, and after the sale or purchase of a home. Communication is key. Being part of the Medina County Senior Services Network has given me insight into other specialists in their fields. This is an important asset for all my sellers and buyers. Creating a seamless transition alleviates stress. This is my goal for everyone.

Ibelieve that my clients are the most important part of every sale. My team takes pride in delivering personal and professional service to each individual we represent.

Licensed in 1998 as a sales agent, and 2003 as a Broker, plus I achieved the Accredited Buyer Representation certification, I was trained by the National Association of Realtors as a Mediator for the Board of Realtors, I have an ePro designation as well as proudly being a Senior Real Estate Specialist.



### FROM YOUR STATE REPRESENTATIVE

## A CHRISTMAS GIFT FOR OUR COMMUNITY

By: State Representative, SHARON RAY

We are lucky to live in an amazing County. Our small-town charm combined with plentiful services, good schools and easy access to employment makes our area a coveted place to live, work and raise a family. With a median family income of almost \$90,000/year, we are considered one of the more affluent counties in the State.

Unfortunately, not all our residents are doing that well. While social service agencies and our Church Community have been doing their best to assist folks who fall into homelessness, they have been overwhelmed in the last few years. We are currently the largest county in the State of Ohio without an Emergency Housing Shelter.

That is about to change, thanks to the dedication and caring concern of our community. In all my years of public service I have never seen a project garner community support like this project has.

Just a few short years ago the Medina County Housing network approved a Medina County Community plan that included an Emergency Housing Shelter as one of its action plans. The Medina Metropolitan Housing Authoritv was receiving an average of 58 calls a month from people experiencing a housing crisis. Operation Homes and our Churches were also assisting folks. The problem was increasing and our community set their sights on a solution. In April of 2021, I was able to secure a small \$ 100,000 state allocation to compile data and recommend solu-Under the Direction tions. of our Medina Metropolitan Housing Authority Director,

Skip Sipos, the project became a priority. With help from the Leadership Medina County class of 2023, who made it their class project to create and implement a marketing plan to increase community support and awareness

of the need for a Medina County Emergency Housing Shelter, interest in the project soared. Financial support from the Medina County Commissioners and an additional allocation from the State coordinated by State Senator Mark Romanchuk and me provided resources for construction.

In honor of our county's shape – and as a message of hope for those that may use it, the shelter was given a name. Next Step Up.

A non-project corporation, Next Step Up, Inc. has been established to provide operational oversight and administrative guidance to the Medina Metropolitan Housing Authority, who will retain ownership of the building and provide staffing and maintenance. Next Step Up Inc., as a 501(c3) will also accept I had the honor to speak at MENWA Apartments 50th Anniversary with

I had the honor to speak at MENWA Apartments 50th Anniversary with Wadsworth Mayor Robin Laubaugh and Rev. Mohr. MENWA provides affordable housing for our senior population and its 70 apartments are consistently full, with a long waiting list of potential residents. It is maintained beautifully by the Medina Metropolitan Housing Authority.

contributions and raise funds for the shelter. As if on queue, the last piece of the puzzle fell into place the middle of October, when the Ohio Department of Development announced they were providing \$ 600,000 in start-up operational funding. If you are interested in donating or season.

learning more, send an email to NextStepUp@mmha.org to receive updates on the Shelters progress. It warms my heart the number of contributors to this project, I could not possibly name them all. The community collaboration and commitment to take care of our less fortunate truly says a lot about us.



## Call our resource center to learn about our programs and services including:



#### **Aging & Disability Resource Center:**

The starting point for information, assistance & counseling.

#### **Family Caregiver Support Program:**

Information, respite, counseling & other services.

#### **Older Americans Act Programs:**

Community-based meal sites & home delivered meals.

#### **PASSPORT Medicaid Waiver Program:**

Long-term support with in-home services to older adults.

### Western Reserve Area Agency On Aging

--- SERVING --CUYAHOGA, GEAUGA,
LAKE, LORAIN AND
MEDINA COUNTIES

Providing choices for people to live independently in the place they want to call home.



## THE LEGEND OF THE WINDIGO



IMAGE CREDIT: Britannica.com, Windigo, tempera on heavy light brown building paper by Norval Morrisseau, c. 1964; in the collection of Glenbow, Calgary, Alberta, Canada.

The passing of Halloween this year made me think of another old scary story told by the Woodland Indians who lived in Northeast America. It was told by many tribes and is called the Legend of the Windigo.

Long ago, in the forest there lived a village of Indians. They hunted deer, bear and buffalo and were very happy.

But one-day trouble came to their village. A young man went hunting in the forest and did not return. A few days later a young woman went to pick berries and never came back.

And then the people were afraid. They knew a Windigo had come to live in their forest.

A Windigo is a giant creature as tall as the tallest tree. He is made of stone (some accounts say he is made of ice or has a heart of ice), and no arrows or spears can harm him. His eyes are like deep black holes or caves with no eyeballs. And when a human looks at his eyes he is hypnotized. But the most terrifying about a Windigo is what he eats — the Windigo is a cannibal and feeds on humans.

The tribe decided to build a sweat lodge and pray to the Great Spirit for help. A sacred fire was built to heat the stones. Stones were heated in the fire until they were red hot. Several young boys picked up the heated stones with deer antlers and brought them one by one into the sweat lodge to make purifying steam.

When one young boy brought in the last hot stone there was a great POP, and the stone split into two pieces. The boy looked down at the stone and he got an idea. If heat can split stones and the Windigo is made of stone, could heat destroy the Windigo? The tribe elders pondered this and decided yes, they might destroy the Windigo by fire.



The next day all the people of the village went into the forest and dug a great pit as deep as the tallest tree. They covered the top of it with branches and leaves, so it was completely hidden.

Then they hid until it grew dark. Late that night they heard the heavy footsteps of the Windigo. Its heavy rock feet shook the ground with each step. Then there was a loud crash. The Windigo fell into the hidden pit.

Quickly all the people ran and threw braches and wood into the pit and then burning coal to catch it on fire. The flames went high into the sky and they heard an explosion and a terrible scream. The Windigo had cracked into many little pieces from the heat of the fire.

Devon Diello

330.635.7117

Marketing Director

Then the people heard a buzzing-like sound. All the sparks from the fire had turned into tiny insects that flew away into the sky. And there was a small, tiny voice that said, "You can burn me but you won't be rid of me. I will haunt this land and forever and I will eat your people for generations to come!" Then the voice went away, and the Indians returned to their village.

Fall and winter came, and no one heard the tiny voice and everyone forgot about the Windigo. Then in the summer the strange buzzing sound was heard again. The people began to think of the Windigo and remember what the tiny voice had said. And then the people felt small burning bites on their arms, legs and bodies.

The Windigo had come back to fulfill his curse, he had returned in the form of mosquitoes. And he has been eating the people ever since. But now he can only take one little bite at a time.

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Brunswick, Ohio

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CARECORE

AT WILLOWOOD





## COMMISSIONERS' CORNER

## Mathew Springer takes helm as County Administrator, succeeding Chris Jakab in leadership transition

After reprising his role as Medina County Administrator in 2023, Chris Jakab has stepped into a new role as part-time Special Projects Director, and Matthew Springer has taken the helm as County Administrator.

Prior to his return as County Administrator, Jakab held various leadership roles in Medina County for three decades serving first as Finance Director then as County Administrator until his retirement in December 2014.

The current Board of Commissioners is grateful for his return to this leadership role. His return has been key to preserving continuity in the County administrative offices, and his experience has been essential to providing stability and consistency.

"Since returning to work for the Board of County Commissioners in 2023. Chris Jakab has been an indispensable partner in keeping Medina County moving forward while being mindful of our history of fiscal restraint. His organizational and management skills are only exceeded by his dedication to public service," said Commissioner Steve Hambley. "As Matt Springer advances to assume the role as Medina County Administrator, I am very grateful that Chris will continue to serve the commissioners as a Special Projects Director over the next several months. His sustained influence and experienced management of these critical initiatives of County government are of immeasurable value to the board, as well as the future successes of the County."

Commissioner Colleen Swedvk added, "Chris Jakab is the perfect example of a true public servant. He came out of retirement to assist the County during a transitional period. Chris has taken responsibility for training a new Finance Director and the new County Administrator. His leadership and management skills are second to none. We truly appreciate his willingness to stay on board in a part-time capacity and oversee special projects. I will be forever grateful that Chris took care of our County's needs when called upon. Chris has done an excellent job quiding our new County Administrator, Matt Springer. Matt is a wonderful addition to County leadership. We are so happy that he is part of our team!"

Commissioner Aaron Harrison stated, "Chris has served as a stabilizing force in his work with the County.



**MATHEW SPRINGER** 

In discussions with fellow elected officials, department heads and other County employees, Chris' work is universally respected and revered. As someone who didn't have the privilege of working with Chris during his initial tenure with the County, I was impressed by his ability to return to the organization and immediately take control of the operation in a virtually seamless fashion."

Clerk of the Board Rhonda Beck said she feels privileged to have had the opportunity to work with Jakab in his capacity as County Administrator.

"His knowledge, experience, dedication to public service, and even his humor, have had such a positive impact on our office," she said. "I am looking forward to watching our incoming County Administrator Matt Springer grow in his new role and am excited for the future of County operations. Matt has been groomed by the best, and I have no doubt that he's going to do a great job in this role."

Springer joined Medina County last year serving as the Assistant County Administrator. He previously worked with communities in Summit and Medina counties with needs related to economic development, strategic planning, and land-use initiatives.

Springer earned his bachelor's degree from Grace College, and a master's degree from the University of Akron in Public Administration and Planning. He has been working closely with Jakab since last November and is ready to begin his new role as County Administrator.

"Matt Springer has a very promising future as the County Administrator," stated Harrison. "He arrived with a very solid foundation from his prior public service and has spent the past 10 months developing the specific skills that are unique to the position of County Administrator. I believe the County administration is in very good hands with Matt at the helm, and I look forward to the new ideas and approaches he will introduce into an already very well-functioning County operation. I hope to have the opportunity to work with Matt in this capacity for many years to come."

Jakab and Springer transitioned into their new roles with Medina County on September 9.

Board of Medina County Commissioners



Steve Hambley Office: **330-722-9214** Cell: 216-570-6958 shambley@ohmedinaco.org



Colleen Swedyk Office: **330-722-9212** Cell: **216-570-9809** 



**Aaron Harrison** Office: **330-722-9211** Cell: **330-635-3002** cswedyk@ohmedinaco.org aharrison@ohmedinaco.org

Administration Building • 144 North Broadway Street, Medina



We are excited to be in this beautiful new space and eager to serve our veterans. We want to welcome you all to our "Ribbon Cutting Ceremony" on Wednesday, November 13th at 1:00pm. We'll have a flag raising ceremony, some brief speeches and of course a tour and some snacks. If you can't make it for the ribbon cutting just stop by and say hello.

The entrance is in the same spot on the righthand side of the building. When you enter you will notice a new larger reception room. We've added two additional offices and a larger intake office which will make serving our veterans and their families faster and easier.

On the left side of the original building, you'll notice a large garage to park and service our fleet of vehicles. To the right of the garage there

is a new entrance. This serves as the entrance to the community room.

The community room will be used for programs and innovative types of therapy. The Vet Center will be moving into the community room also. We're hoping to start utilizing the space as soon as possible and publish a calendar online the first of the year as well as in our Winter 2025 newsletter.

We are currently looking for individual's that would like to volunteer in the following areas:

- Guitar players
- Basic yoga instructor
- Musicians for music therapy
- Mindful breathing instructor

If interested, please contact our office at (330) 722-9368 and ask for our Community Relations Person.

SUICIDE PREVENTION HELP

If you are a Veteran having thoughts of suicide—or you are concerned about one—free, confidential support is available 24/7. Call the Veterans Crisis Line at **1-800-273-8255** and press 1, text to 838255, or chat Online at **VeteransCrisisLine.net/Chat.** 

VETERANS BENEFITS HELP

If you have any questions about any of your veterans benefits, feel free to contact us at the Medina County Veterans Service Office at (330) 722-9368 or email us at veterans@medinacountyveterans.org or catch us on the web at medinacountyveterans.org



210 Northland Dr. Medina, Ohio 44256 (330) 722-9368 veterans@medinacountyveterans.org

#### WE'RE BAAAAACK! ...AT 210 NORTHLAND DR.

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"Service for Those That Served and Their Families" Because - We are Family



## HOME HELP CHOOSING THE RIGHT REALTOR

By: JANET GOMMEL, REALTOR, Howard Hanna



**JANET GOMMEL** 

Being a Realtor and actively working in Medina County for the last 28 years many people ask quite a few different questions regarding Real Estate. The main question is: Where do we start?

The answer is really simple you call your Realtor. If you do not have one, look for someone that is active in the community, holds the SRES designation (Senior Real Estate Specialist), one who belongs to the Medina County Senior Services Network and is an active member. Someone that has been in business for a while, but most importantly it needs to be someone you are comfortable with. Don't be afraid to talk with more than one Realtor. This is an important step, but there are many steps beyond the first meeting. If you are comfortable with your first person, congratulations you hit the jackpot.

Remember, you will be trusting this person to work with you for maybe a very short time if you are ready to go today. But it may be someone that you will be inviting into your home for the first time and having the hard discussion, "How do I do this at my age?" You should never feel rushed by your Realtor. You should be comfortable enough to tell your Realtor, "Not yet" or "no". But also be comfortable enough to take their advise. When the time comes, you will know and so will your Realtor.

There will be many things to discuss. Your belongings, where and when you want to move, is staying in place a while longer an option and what does that look like, are there repairs or updates that will cost less than what you will get back when you sell your home? These are all important items to discuss but there are many more depending on your special situation.

This is all about you!

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#### MORE ON DOOLEY GEMBALA

The Dooley Gembala McLaughlin Pecora law firm was founded in 1931 in northeast Ohio. Today our Firm serves clients near and far from our three offices: Medina, Sheffield Village, and Vermilion, Ohio.

The Medina office is managed by attorney Marc Hertrick. He has been practicing in the legal field for nearly 20 years since he followed his father, Paul Hertrick's footsteps, a respected longtime attorney serving northeast Ohio.

In spring 2024, associate attorney Matthew Aberegg, previously a Judicial Attorney in the Medina County Domestic Relations Court, joined the Medina office. Together, Marc and Matthew manage mid-market acquisitions and business transactions and provide legal counsel for large corporations, and flourishing startups, high-networth individuals, and real estate developers. In addition, they assist with succession planning, estate planning, marriage prenuptial and post-nuptial agreements, mediation and marriage dissolution.

## FROM WRMC WESTERN RESERVE MASONIC COMMUNITY



You deserve to live in a place that sees you as an individual with your own unique circumstances, requirements,

## **SENIOR LIVING ROADMAP**Which level of care is right for you?



Before we look at each level of care separately, let's learn the meaning of the acronym CCRC. This stands for continuing care retirement community. Nobody wants to think about their health needs changing, but it's a good idea to be prepared. A CCRC has all care levels available under one roof, in one community. You will find independent living, assisted living, a healthcare center which often includes shortterm rehabilitation as well as memory care. Now let's take a look at each care level in more detail.

#### INDEPENDENT LIVING

Independent living is an option, usually for those aged 55 and over who can live independently but prefer the companionship and convenience of a community designed to meet their lifestyle needs.

These communities offer living options with services like housekeeping, maintenance, and security for a comfortable

cess to amenities such as fitness centers, social activities, and educational programs, promoting an active, engaging lifestyle while maintaining privacy and independence.

The focus is to simplify everyday tasks, allowing residents to enjoy their interests and hobbies within a friendly and supportive environment.

#### Independent living may be a good fit if:

- 1. You're ready for someone else to handle the household chores and maintenance. Consider no more yard work including shoveling snow.
- 2. You're looking for a more active social life filled with friends and neighbors living right next door.
- 3. You'd love to enjoy a variety of activities, and events that peak your interests, both at the community or in the larger community near you.

**CONTINUED ON NEXT PAGE** >>

### **END OF YEAR SAVINGS!**



If you move in before the end of 2024, we'll offer you \$500 off each of your first 6 months\* of rent. We don't have many of the eligible apartments left, so this offer won't last long! Our prices for these floorplans start at \$3,400 and include all utilities, events, housekeeping, maintenance, a gym, and a daily meal, with no entrance fees! If you move before the end of the year: no more shoveling snow!



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Offer only valid for Friendship and Broadway floor plans



>> CONTINUED FROM PAGE 12

#### **ASSISTED LIVING**

If you could use a little help with tasks like personal care and medication management, assisted living just might be the place for you. Because staff is available, 24 hours a day, to help with everything from activities of daily living to housekeeping and laundry, you can spend more time doing the things you love.

#### Assisted living may be a good fit if:

- 1. You could benefit from having more personal care services than you have at home.
- 2. You need a little extra help with certain activities of daily living, like dressing, bathing or managing medication.
- 3. You want supportive care but don't need the roundthe-clock skilled nursing care found in healthcare centers.

#### **HEALTHCARE CENTER—OFTEN REFERRED TO AS SKILLED NURSING FACILITY**

Healthcare Centers are a place where you can go to recover, rehabilitate or receive quality, long-term care. Whether you need to stay for a short time after a surgery or other medical issue, or you need round-the-clock licensed healthcare, healthcare centers provide clinical resources in a supportive, comfortable setting.

#### A healthcare center may be a good fit if:

- 1. You could use a little extra care after a hospitalization but anticipate being able to return home, or to another type of senior living community, after a period of time.
- 2. You need a short-term stay for rehabilitation (like physical, speech or occupational therapy) after being hospitalized for a medical procedure.

3. Your medical and personal care needs have become too great to handle at home or in assisted living.

#### **MEMORY CARE**

Memory care is designed for older adults living with Alzheimer's and other forms of dementia. There are two main types of care available in memory care. The first is assisted living. In assisted living memory care, residents receive help with their activities of daily living in a secure environment designed for those with memory challenges. The second type of care is skilled nursing. Skilled nursing memory care is much like assisted living memory care. The difference is that residents need more help than assisted living can provide, such as needing someone to feed them.

#### Memory care may be a good fit if:

- 1. You're worried about the safety and security of your loved one as a result of their declining cognitive abilities.
- 2. You've noticed a decline in your loved one's personal care or social life, related to their memory loss.
- 3. You're experiencing or concerned about caregiver burnout while caring for someone with Alzheimer's or dementia. Now that we've broken down that various care levels available in senior living communities, consider the following areas as you search for the right fit for you or your loved one.

#### **ASSESSING NEEDS & PREFERENCES**

Begin by evaluating you or your loved one's physical, emotional, and cognitive conditions in detail to decide on the most suitable level. There are professionals at all senior living communities to help guide you with these decisions. Don't let the process overwhelm you.

#### **RESEARCHING & TOURING** COMMUNITIES

Start by exploring communities in your desired living location. Arrange visits to prospective communities to see the setting, both inside and outside, as well as how staff interact, and the amenities offered. Always ask for a brochure detailing the community so you can compare the communities that you have visited.

Whenever possible, talk to people currently living there to gauge their opinions about the community and its employees. Compile a list of guestions before the tour, concentrating on aspects such as the ratio of staff to residents, emergency plans, food offerings as well as dietary modifications, and lifestyle activities.

#### **CONSULTING WITH PROFESSIONALS**

Consult with medical experts, including physicians, social workers, or geriatric care professionals, who can provide advice tailored to the unique needs of you or your loved one.

Look into speaking with financial advisors specializing in elder law to understand the financial aspects of care for older adults.

No matter what care level you think is best for you or your loved one, the process of choosing a senior living community can be overwhelming. With careful planning,

research, and consideration, you can find the perfect match for your loved one's needs and provide them with a safe, and enjoyable lifestyle. Whether you are looking for independent living, assisted living, healthcare or memory care, you want to make the best decision for yourself or your loved ones. Consider Western Reserve Masonic Community (WRMC) Medina, Ohio in your tour of potential "homes."

To schedule a tour or learn more about our community, you can give us a call at (330) 721-3283 or visit our website at wrmcoh.org.



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OFFICE FOR OLDER ADULTS

## SCAM SQUAD

#### MEDINA COUNTY

## Unmasking scammers and protecting the people of Medina County By Sahana Manglani, BEAT reporter

Did you know that as of 2023, more than \$10 billion dollars have been lost to scams and fraud? As a result, the Medina County Scam Squad was created to help protect and prevent people from scams.

Directed by Thomas Condosta, an Assistant Prosecuting Attorney for the Medina County Prosecutor's Office, the Scam Squad is a financial fraud task force. To achieve their goal, the Scam Squad works alongside local citizens, non-profit organizations, social service agencies, and other local groups in order to prevent deception in the community.

The Scam Squad is available to everyone in the county, regardless of their age, although they have noticed that their greatest impact has been on the lives of the seniors within Medina County. Regardless, they encourage anyone to call if they are in need of assistance. "The Scam Squad receives 3-5 calls a day on average and is always willing to help more people," said Condosta.

Contact the Scam Squad at 877-SCAM-550 (877-722-6550) if you have a concern that you need to have addressed.

### **A Walk**

Join us for a FREE panel discussion. Learn about ways to help your loved one walk through dementia and

> Dr. Dan Cannone, Geriatrician What is Dementia?

> challenges of the disease.

Jeanette Mullett Meisel, Attorney Estate Planning

Philip J. Robinson II, Edward Jones Financial Advisor

Jenny Pettry Hospice of Western Reserve Dementia and Hospice

Karen Thompson, Realtor Fact & Fears of Selling Your Home



November 7, 2024 4:00-6:00 pm

Medina County Senior Center 246 Northland Dr., Suite G20 Medina, OH

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Friday, October 11 was a "star-studded" day at the Soprema Senior Center (SSC) where well over 600 senior attendees from over 30 towns came out for their annual Senior & Caregiver Expo. The event's festive theme of "At The Movies...Lights, Camera, Aging Well!" was a smashing success where attendees were the "movie stars" and even received a pair of sunglasses when they visited the SSC's table. With 100 booths, featuring important information, giveaways and even some important health screenings, seniors literally had the opportunity to learn how they can "age well" in Medina County and beyond!

While the main part of the event was happening in the Community Center's four court field house, the Soprema Senior Center was bustling with activity with walk-in Medicare Check Ups courtesy of OSHIIP volunteers in the Media Room, a Wizard of Oz themed, family caregiver VIP station in the Activity Room and free popcorn, as well as delicious movie themed lunch specials, in the Soprema Café.

The Senior & Caregiver Expo was made possible with the help of campus partners Wadsworth YMCA, Summa Health and Wadsworth City Schools along with funding from the Wadsworth Older Adults Foundation and a Family Caregiver Grant from the Western Reserve Area Agency on Aging. There were also over 50 senior volunteers who helped make the event happen along with set up help from the WHS Football Team and City of Wadsworth Parks Department.

The Soprema Senior Center is open Monday - Friday from 8:30am - 4:00pm and offers free membership to anyone 55+. The Soprema Café, operated by the Medina County Office for Older Adults, is open to the public from 7:30am - 2:00pm, Monday - Friday with delicious breakfast & lunch options, baked goods, coffees and more. Visit the Center's website at www.wadsworthcity.com/SopremaSeniorCenter and follow the Wadsworth Older Adults Foundation's Facebook page for more information and to see all of the seasonal happenings!







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As people live longer, the legal issues surrounding diminished physical and mental capacity become more and more problematic. I often have people tell me "my mom is unable to sign a Will." When I guestion them further, I find out mom has the legal mental capacity needed to execute a Will but she just physically cannot sign her name. A physical inability to sign your name does not, in itself, preclude you from executing a document. A person can legally "sign" a document with just an "X" or a mark or even direct someone else to sign on their behalf so long as the person has the mental capacity necessary to sign that document.

People also tell me their loved one is "too out of it" to execute a document. However, the mental capacity necessary to execute a Will is relatively low (often referred to as "Testamentary Capacity"). In very simplified general terms, Testamentary Capacity requires

you to know (1) your family; (2) your property; and (3) generally understand that a Will is a document directing the disposition of your property upon your death.

Furthermore, the Testamentary Capacity level is only needed at the time of execution. Therefore, you may have "moments of lucidity" when you have the capacity level necessary to execute the Will but an hour later, you do not have that capacity level. So long as you execute the Will during a "moment of lucidity," forgetting what you signed an hour later will not invalidate that Will.

"Contractual Capacity" is a higher level of capacity needed to execute documents such as a real estate deed or a financial power of attorney or enter transactions such as gifting property or selling a business. Contractual Capacity requires the ability to comprehend the nature and effect of the transaction.

This higher capacity standard requires more than a transient surge of lucidity, it requires an understanding of the significance and consequences of the transaction. Many believe it makes sense that Testamentary Capacity is lower than Contractual Capacity because the consequence of your testamentary decisions does not occur until after you are deceased but the consequences of your contractual decisions typically occur while you are still living.

Determining whether someone is "competent" to execute a document depends on whether that person meets these capacity levels. The capacity level can be determined by a combination of input from several different sources such as a physician, attorney, family members, etc. Keep in mind that just because someone may not seem "with it" doesn't mean they cannot execute documents or enter transactions.

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## THE SILVER TSUNAMI

Seniors, Social Media and the Politics of Fear

By: SHERRY CASSILY, Director, Archangels Specialty Home Care

Grandma stared at the smartphone in her hand. She had been trying to text her granddaughter for ten minutes now. First, she had accidentally called the fire department, then she had managed to turn on the flashlight. Now, she was convinced the phone was trying to talk to her, as the screen kept lighting up with strange words and symbols. With a defeated sigh, she handed the phone back to her granddaughter, muttering, "This thing is bewitched, I tell you."

This scenario is no longer. Older adults are increasingly turning to digital devices, especially for those who consume news six hours daily. Television continues to be a popular choice for those who spend four hours per day focusing on news consumption. Senior's report spending a substantial portion of their "screen time" staying informed.

The constant influx of news can create a sense of fear of missing out among seniors, leading them to feel like they are missing vital information or opportunities. This can drive them to consume more





SHERRY CASSILY, DIRECTOR OF ARCHANGELS SPECIALTY HOME CARE

news, leading to a cycle of fear, anxiety, and competition.

The American Psychological Association reported fear can sway opinions. Fear can be used to drive votes toward a particular candidate or party—a method that relies on our instinct to find safety in numbers. Analysis found that political messages with fear are twice as effective as messages without fear. Fear works!

Fear is a powerful emotion with significant consequences. It can unite people but also lead to negative behaviors. Fear impacts individuals, causing anxiety, anger, aggression, and impaired decision-making.

America's politics have always been intense. Social and cultural divisions have grown, fueled by social media and Internet sites that can impact daily life, leading to depression, isolation, and economic consequences.

In conclusion, remember political campaigns are a systematic effort to influence public opinion through the dissemination of information and ideas. It often involves deliberate manipulation with an emotional hook to achieve specific goals.

Excessive exposure to negative news can harm seniors' mental health. Seniors should be mindful of their news consumption and seek positive content. Remember that news is often manipulative and emotionally harmful.

■ Remind yourself that much of the concern, fear, and anxiety that is created by a political campaign is not rational but manipulative.

■ Be aware that the amount of time spent gathering news can contribute to irrational emotions.

■ Understand that a political outcome, regardless of victory or defeat, can evoke a range of emotions.

■ Disconnect from political news and social media to give your mind a chance to unwind.

■ Repair damaged relationships and rebuild with supportive people who are apolitical.

Recovering from an intense political season requires time, patience, and self-care. By acknowledging your emotions, taking a break, reflecting on your experiences, and seeking support, you can heal and move forward with renewed confidence.



It's easy to care so much when residents mean so much!

Our Danbury Brunswick family is a special one, and we're grateful our residents are a part of it.

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As a not-for-profit organization supported by **The Village of St. Edward Foundation**, our residents live securely knowing that we will never ask them to leave should they outlive their resources. That promise honors our faith-based roots and reflects the dedication of our locally-operated communities.

**VSECOMMUNITIES.ORG** 

INDEPENDENT & ASSISTED LIVING | MEMORY CARE | NURSING CARE

The Village of St. Edward, a Faith-based, not-for-profit leader in providing exceptional senior living and care services, is delighted to announce its latest expansion project in partnership with Dehoff Development. The new community, set to be located in Brimfield Township, will offer exceptional Assisted Living and Memory Care services designed to enhance the quality of life for seniors in the region.

This new community marks a significant milestone in The Village of St. Edward's commitment to enriching the lives of older adults. Scheduled to break ground in Spring 2025, it will feature modern, comfortable accommodations, innovative care services, and a range of amenities tailored to meet the diverse needs of its residents.

"As a faith-based, non-profit organization, our commitment is deeply rooted in providing care that honors the dignity and values of each individual," said Danielle Maur, Chief Executive Officer at The Village of St. Edward. "We are excited to continue our successful collaboration with Dehoff Development. Our mission has always been to provide a nurturing and supportive environment for seniors, and this expansion allows us to extend our exceptional care and service to even more families. Brimfield Township is a wonderful location for this new community, and we look forward to becoming an integral part of the local area."

CONTINUED ON NEXT PAGE >>





#### **BRIMFIELD TOWNSHIP**

The new community will be thoughtfully designed to offer a warm and welcoming atmosphere, with a focus on creating spaces that promote independence, safety, and well-being. Residents will benefit from personalized care plans, a variety of engaging activities, and access to specialized memory care services, ensuring they receive the highest level of support and attention.

"We are thrilled to be partnering once again with The Village of St. Edward. We look forward to providing this offering to the Brimfield/Tallmadge community as we know The Village brings a first-rate product on every level. This community will benefit greatly from having them," says Dan DeHoff, President at De-Hoff Development.

The Village of St. Edward and Dehoff Development are working closely to ensure that the new community will be a place where residents feel valued, cared for, and connected. As plans continue to develop, further updates and details will be shared with the public.

For more information about The Village of St. Edward, including updates on the new Brimfield Township community, please visit vsecommunities.org or contact Megan Bright, Chief Marketing Officer at 234-466-0703.

About The Village of St. Edward: The Village of St. Edward is a premier provider of senior living and care services, dedicated to delivering compassionate and personalized care in a supportive and engaging environment. With a focus on enhancing the quality of life for seniors, The Village of St. Edward currently has existing communities located in Fairlawn, Wadsworth, and Green.

About Dehoff Development: Dehoff Development is a leading real estate development firm specializing in creating innovative and high-quality residential and commercial properties. Committed to excellence and community impact, Dehoff Development partners with organizations to deliver exceptional spaces that meet the needs of diverse populations.



## Question: By: BOB HEISER, Hearing Health Centers DO INSURANCE COMPANIES **COVER HEARING AIDS?**

YES, a lot of Medicare Supplement programs do cover the cost of hearing aids. I've personally dispensed over 300 hearing aids to my patients with very little or no money out of pocket. The insurance coverage gives them two good quality hearing aids that would normally cost above \$4,000 a pair.

The insurance covers the hearing exam, hearing aid fitting, the cost of the hearing aids, plus free batteries and follow up appointments.

Some of the insurance companies to check include: Anthem Blue Cross Blue Shield, Medical Mutual, Humana. Summa. United Health Care, and through the American Rescue Plan (ARP.)

Ohio has some of the best supplemental plans available. At Hearing Health Centers, we partner with insurance companies to help you every step of the way with your insurer to help cover the cost of your hearing aids.

Our staff has helped hundreds of patients improve their hearing and we can assist you with any insurance questions you may have. We recommend that you call

**BOB HEISER** 

your insurance company and ask them if you have hearing aid coverage. You must first register with them and it can be done right over the phone. It's a very simple process where they only ask a few questions but we can assist if you need help.

If you have any problems registering or have questions about hearing aid coverage, call our office and we will gladly help you at Hearing Health Centers. 330-725-3259.







### **Silver Lining Group:**

Supporting Mental Health for 55+

Silver Lining Group is a free 5-session weekly group that helps with building coping skills to manage anxiety and depression, learning about the grief cycle, overcoming isolation, building supports and resources in the community, and embracing the stages of life.

**Group Room 108** 246 Northland Drive Medina, OH 44256

November 13th—December 11th, 2024 Wednesdays at 10:00am

10 spots are available, registration is strongly encouraged. Telehealth is available.

To register, or for more information, contact Trisha McRae at 216.217.9289



### Loaning Money? Don't Forget the Interest

By: MICHAEL LARIBEE, Esq., Laribee Law, LLP

Jenny and Molly had been friends since childhood. They were both successful in their careers. However, Molly unexpectedly lost her job and fell on hard times. She was unable to pay her monthly mortgage statement on her house and her credit card bills were growing each month. Jenny loaned Molly \$30,000.00 to help her get back on her feet. Due to their friendship, Jenny did not charge interest on the loan. Could there be negative consequences for Jenny's generosity?

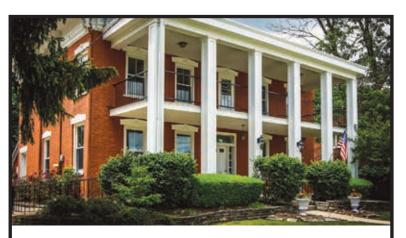
While Jenny's act is commendable, she may have created a taxable event for herself. The Internal Revenue Code requires lenders to charge market interest on private loans. That way, the government can tax the interest payments. Each month, the Internal Revenue Service publishes various interest rates known as Applicable Federal Rates (AFRs). The minimum interest rates vary based on the length of the Short-term AFR rates are for loans with terms of three

years or less. Mid-term AFR rates are for loans with terms from three to nine years. Longterm AFR rates are for loans that are longer than nine years.

If a lender charges an interest rate lower than the AFR or charges no interest at all, the loan is considered a "below-market loan." In that case, the IRS may add imputed interest to the lender's income to reflect the required AFR rather than the actual amount paid by the borrower. The lender must then pay tax on imputed interest. The IRS may also treat the borrower's unpaid interest as a gift from the lender. Gifts in excess of the annual gift tax exclusion (\$18,000 in 2024) require the filing of a gift tax return.

Jenny could also experience other adverse consequences. If Molly is unable to repay the loan, Jenny will need documentation showing that the loan to Molly was legitimate. Since it was a below-market loan, Jenny may not be able to deduct the loss from her income taxes. There are some exceptions to the AFR requirements. Generally, loans of \$10,000 or less are not subject to the minimum interest rates provided that the loan proceeds are not used by the borrower for income-generating purposes (like investing in a business that produces income). In that case, lenders can charge an interest rate below the AFR, or no interest at all, and there will not be any tax consequences. There is also an exception for loans below \$100,000 between family members provided that the borrower's net investment income for the year is no more than \$1,000.

While it seems like a good gesture to loan money to friends or family without interest, it could certainly backfire with adverse tax consequences. It is important to seek the assistance of a trusted attorney before loaning money. Otherwise, you could receive some unwanted attention from the IRS.



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Michael Laribee is a partner in the Medina law firm of Laribee Law, LLP. This article is intended to provide general information about the law. It is not intended to give legal advice. Readers are urged to seek advice from an attorney regarding their specific issues and rights.

## Medina County's The Giving Place

From: PAIGE VERCUSKI, BEAT Reporter







Almost every citizen wants to do something good for their community, but it's hard and sometimes time and materials are difficult to come by. The Giving Place makes it easy for anyone to help make a difference in Medina County.

Although The Giving Place, located on 1095 North Court Street, Medina, has only been open for around 9 months, opening in June of 2023, it has been a smashing success. In their first six months, they raised a total of \$77,500 which they proceeded to donate to local charities such as Feeding Medina County, Cups Cafe, The Children's Center of Medina County, and many more. To run their shop, they take furniture and other items donated by people who no longer have a use for them and resell the items to customers. Angel Kiefer, one of the three founders of The Giving Place commented, "When customers purchase items from us they know that they're also helping to make a difference."

What also makes a difference in the community is The Giving Place's many volunteers. Since The Giving Place is completely non-profit, they rely on people in Medina County who can come in and help in their spare time. "We could not run the store without our very loyal and hard working volunteers," Kiefer stated. At The Giving Place, volunteers go through donations, price them, and set them out for people to buy.

Over the past year, The Giving Place has gotten loads of help from their surrounding community to help make their dreams possible. Anyone can help improve The Giving Place by donating things they no longer need to their store. As Kiefer remarked, "Our families, friends, volunteers, and the generous support from the Medina community have helped make our store a success. Others can help by spreading the word."

For more information on The Giving Place, or even to help out by donating, visit https://www.thegivingplacemedina.org.

## Holiday Success with a Grandchild with Special Needs

From: The Medina County Board of Developmental Disabilities

Bright lights, parties, and visits with relatives are all the things that make great holiday memories for grandparents and their grandchildren. While most children find the fall and winter holiday seasons to be exciting and joyful, many children with special needs may struggle this time of year. The lights, the sounds, and the crowds can be overwhelming for children with autism spectrum disorders, ADHD, and other developmental delays. Grandparents of children with special needs can help control the chaos and support their grandchildren so they are able to enjoy family-favorite holiday traditions.

### AVOID THE CROWDS WHILE ENJOYING THE FUN

Crowds are tough for many people, and for children with special needs, they can be overwhelming. Children who are overwhelmed are much more likely to melt down, misbehave, or simply freeze up. If you are taking your grand-child on a shopping trip, keep it short, don't rush and don't try to accomplish a long list of items, and, if possible, try to go at the least busy times. Grandparents can also help by offering to watch grandchildren while other family members try to accomplish holiday tasks.

#### **MAKE ADJUSTMENTS**

Most children with special needs enjoy holiday fun, they just may need experiences on a smaller scale. For example, rather than visiting a crowded Christmas event to see decorations, stop at a local nursery where pretty

holiday greens and lights create a miniature wonderland. Make family gatherings shorter in time, rather than all day affairs. If you generally attend a holiday performance as a family, consider sitting near the back of the theater so you have an easy exit if the performance becomes too much for your grandchild or look for sensory friendly performances to attend.

### INVITE SANTA INTO YOUR HOME OR FIND A SENSORY SANTA

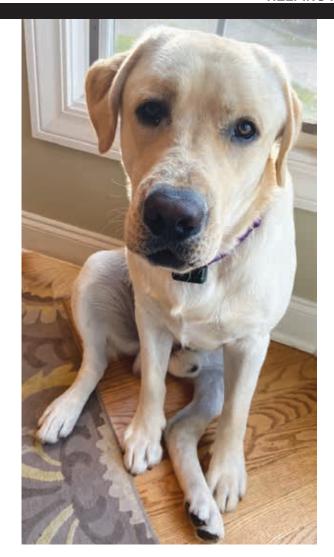
Instead of your grandchild going to the mall to visit Santa, invite "Santa" to visit your home for a personal chat. If you do go out, look for a Sensory Santa option that is tailored specially for children with special needs. Many communities create experiences specifically geared to the needs of kids and adults with disabilities who are easily overwhelmed.

#### **WRAP GIFTS**

Many children with disabilities have poor motor skills, so a gift with too much tape or extra ribbons can be extremely frustrating. Make it easier for your grandchild with a disability to open gifts by loosely wrapping with just a few pieces of tape, or better yet, put everything in fun gift bags.

For more information about ways to help people with developmental disabilities enjoy more community inclusion opportunities during the holidays, visit the Medina County Board of DD website at www.mcbdd.org or call 330-725-7751.





# Ways to provide money to care for your beloved pet

As of 2023, 66 percent of US households own a pet. It is not unusual for a pet owner to spend \$2,000 a year on their pet's care, in addition to the potential for emergency veterinary care. So, you may have concerns about what will happen to your pet if you die or are unable to make decisions or care for your pet. You have several options to ensure that money will be available to take care of your beloved furry family member.

You will want to calculate the weekly, monthly and annual costs of your pet's needs so you can determine the amount required to take care of your pet for its lifetime.

One option is to give a lump sum of money to the person you choose to take care of your pet at your death. This is the easiest option to carry out. However, because the money goes directly to the caregiver, there will be no one monitoring the use of the funds. You obviously must choose someone you trust.

Another option is to set money aside in a trust specifically to care for your pet. You may require the caretaker, as trustee, to submit an accounting to a specific person. This option does provide some flexibility as the caretaker and trustee are the same person, but with some oversight by a third person.

A third option best protects the money set aside for your pet. This kind of trust will hold the funds to care for the pet, but the caretaker will need to work with the trustee, a separate person, to gain access to the funds. The trustee can make sure that the funds are being used for the pet. If your pet requires a lot of care (such as horses or exotic animals), this may be the best option to choose.

#### **WHO SHALL YOU CHOOSE TO CARE** FOR YOUR PET?

Most people look to a trusted family member or friend who may be willing to care for their pet. This person has probably spent time with your pet and knows its routines and behaviors. This also gives your pet a familiar environment. There certainly are some things to consider, however:

- Does their lifestyle and home make them a good fit for caregiving?
- Do they have other pets? Do they get along with each other?
- Do they understand what you expect of them?
- Are there some specific instructions they may not be able to accommodate?
- Can they afford the financial responsibility of supporting a pet? (Which you can resolve by the amount of money you leave in trust for your pet's care.)

Have you considered an animal welfare organization such as shelters, rescue groups or foundations that can take your pet and find a suitable home? If you're considering this, be sure to visit them to assess their cleanliness, staff interaction with animals and overall environment. You should also consider whether this organization euthanizes pets that are not adopted and whether that influences your choice of organization. Creating a comprehensive profile of your pet, including medical history, behavior, preferences and any special needs, could make the adoption process easier for the organization.

Or you may feel more comfortable giving your trustee or executor the authority to choose the most suitable home for your pet.

Be sure and make your wishes known in your estate plan. By being proactive, you can make financial and care arrangements for your pet's care well in advance, making the transition easier on everyone involved. Be sure to review your plan annually for any changes in your circumstances, your pet's health, behavior or routines.

Let your potential pet caregiver know of the plans you have made, and include a letter of instruction for the caregiver. Also let your pet caregiver know of the name and contact information of your executor. trustee and estate planning attorney so they can get the critical information they will need when necessary.



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Our team spends quality time with every client inquiring about family dynamics and listening to clients' concerns. We strive to explain difficult concepts in understandable terms and to make ourselves accessible to answer questions. It is our mission to provide premium estate plans that accomplish appropriate personal goals for our clients and their loved ones.



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### **SENIORS IN NEED OF HOUSING**

## Medina County Habitat for Humanity

By: CHARLIE PISTONE, BEAT Reporter





Habitat for Humanity has been around for 48 years, and in that time they have made a big impact on Medina County. Habitat for Humanity started in Americus, Georgia in 1976.

When asked about the organization's beginnings, Tom O'Connell, the Executive Director of Habitat for Humanity's Medina County branch said, "A man by the name of Millard Fuller became concerned about people in his community living in 'sub-standard' housing conditions. He believed he and others should help their fellow community members." Later on, Fuller and others started gathering materials to begin the construction of safe and affordable houses. In 1991, Medina County joined the Habitat movement to help the number

of affordable housing units in Medina County.

Habitat for Humanity has qualifications for people who are in need of housing. The first requirement is if they have the need for housing that is affordable, decent, and most importantly safe. The second requirement is if they are able to partner and put in 'sweat equity', which is simply volunteering. The hours are usually paid off at their ReStore (located at 233 Lafayette Road in Medina), volunteering to help build other homes for Habitat, and going to financial literacy classes. Finally, the person or people applying for a Habitat house have to understand that the house isn't free, but it is sold with a 0% interest mortgage.

Nick Hanek, Brunswick City Councilman, has personally been involved with Habitat for Humanity, as he has just recently volunteered at a house being built on Rocklyn Drive in Brunswick. "Habitat provides great opportunities for volunteers to be involved at a number of different levels," he stated. "And, I'm thankful for the opportunity to help both on this home and with other projects."

As O'Connell explained, in Medina County over the past 33 years, Habitat has built and dedicated 52 homes for those who were in need of them. If you would like to be a part of a positive force in the county, you can also get involved with helping Habitat by donating, volunteering, and using the Habitat ReStore. As O'Connell said, "Habitat for Humanity is committed to the vision of seeing a world where everyone has a decent place to live."

Contact the Habitat for **Humanity Medina County** ReStore at (330) 722-4494.



Councilman Nick Hanek volunteering in the Rocklyn house in Brunswick.







## LIBRARY NEWS Read it and Reap!

## Seniors...Make Book Club a Breeze with Book Club Bags!

The new 2025 line-up of Book Club Bags is now available for reservation at mcdl.info/BookClubBags. Each bag contains ten books and discussion questions. They can be checked out for six weeks and additional formats besides print are available upon request. Mary Olson, Readers Advisory Librarian and curator of the Book Club Bags says, "This release is always anxiously awaited by die-hard book club members."

You can choose your titles and pick-up location online. You will then be notified when your bag is ready. The collection now has 65 titles, with 24 news ones and a few non-fiction titles too!

#### **HERE'S A FEW OF THE NEW TITLES:**

The Briar Club by Kate Quinn
By Any Other Name by Jodie Picoult
How to Solve Your Own Murder by Kristen Perrin
What you Leave Behind by Wanda Morris
Like Mother, Like Daughter by Kimberly McCreight
A Pair of Wings by Carole Hopson





## Kits and Assistive Services at MCDL Help all Ages and Stages of Life



MCDL offers a variety of kits that serve various needs in our community. From early literacy to children dealing with grief to kits for those dealing with memory loss and their caregivers, read on for the variety of kits that may fit your many needs.

#### KITS GEARED TOWARD CHILDREN

Discovery Packs include five themed books, a DVD, and a toy for preschool through early elementary aged children. Nature versions encourage outdoor fun.

Grief Kits contain books, activities, and resources to support children as young as toddlers to school age, and their caregivers in their grieving journey.

Early Literacy Kits are great to use with children at home or in the classroom. Every kit centers around a topic of interest to young children and contains books, activities, and puppets or toys related to that theme. View the themes and reserve a kit at mcdl. info/EarlyLiteracy

Adapted Toy Packs include five themed books and an interactive toy equipped with an external button for children of all abilities. Packs feature popular themes like Star Wars and Disney characters.

Sensory Kits are geared toward youth and adults with autism or sensory challenges, with items that facilitate a calming effect. For in-library use only.

Caregiver Kits are meant for parents/caregivers of new babies and include materials to support early child-hood development, literacy, & community resources.

Kindergarten Kits help prepare preschoolers for kindergarten. They have activities and information addressing the various educational domains of kindergarten readiness. Both of these kits are for takehome use and available at all locations.

### ASSISTIVE SERVICES & MEMORY KITS

#### **HEARING LOOP**

Medina Library is equipped with Hearing Loops. Look for the blue Hearing Loop sign in Community Rooms A and B, the Medina Room, and the Customer Service and Reference Desks. Hearing Loop technology sends the speakers' voice from a microphone directly to hearing assistive devices, eliminating all ambient noise. Learn more at mcdl. info/HearingLoop



#### **MAGNIFIER KITS**

Decide what works best for you with a kit full of quality reading magnifiers. Kits check out for two weeks and include multiple styles and magnification strengths. View kit contents and reserve a kit at mcdl.info/Outreach.

Memory Café Events provide light snacks, fun activities, socialization, and resources for those living with memory loss along with their care partners.

Stay Sharp & Memory Care Kits contain activities and games, photo cards, simple books, discussion starters, and self-care information for caregivers. They are designed for anyone caring for an individual experiencing memory loss. Stay Sharp Kits are for early to middle stages of memory loss and Memory Care Kits are for middle to later stages of memory loss. Available at all MCDL locations.

MCDL is a Dementia Inclusive Library per the Ohio Council for Cognitive Health.