



# Helping HANDS

SEPT / OCT 2025

A Publication of the HANDS Foundation

HELPING TO ASSIST AND INFORM OLDER ADULTS AND SENIORS IN MEDINA COUNTY

## HANDS Foundation Pearl Anniversary Celebration!



### *Celebrating 30 Years of Helping Seniors in Medina County*

The Pearl Anniversary Celebration & Fundraiser was more than I could have ever imagined, said Christina Waller, Executive Director of the HANDS Foundation. I am in absolute awe of the incredible sponsors, generous donors, and the overwhelming number of people who attended in support of our mission.

I am deeply grateful for the amazing entertainment, talented chefs, and, above all, our phenomenal HANDS Board, said Waller. I can never say enough about the dedication of this board. Each member has a full-time job, yet they continue to make this foundation a priority. For this event, they were there at 8 a.m. setting up and still there at 10 p.m. tearing down - true examples of servant leadership.

One of the most meaningful moments of the evening was welcoming the family of our founder, Don Simpson. Scott and Beth Simpson traveled from out of state to be with us, and they expressed their gratitude that we are carrying forward their father's legacy in ways that surpass what they could have ever envisioned.

*"It was also my honor to present  
special plaques of recognition."*

Mayor Dennis Hanwell

*"With Deepest Gratitude and Respect, in recognition of your unwavering support, heartfelt leadership, and steadfast dedication to the seniors of the City of Medina and beyond. Your commitment has enriched lives, uplifted communities, and made a lasting difference. As you close this remarkable chapter of service, may you know how deeply valued and appreciated you are. Your legacy lives on."*

Grant Crabbs, LNHA

*"With Deepest Appreciation, in recognition of your unwavering hard work and dedication to the HANDS Foundation and the seniors of Medina County. Because of your compassion and commitment, countless seniors enjoy a better quality of life. You are a true asset to our county and a champion for our seniors."*

This celebration was a powerful reminder that it truly takes an entire community to make a difference. My heart is full of gratitude for the love and support shown to Medina County seniors through this milestone event—celebrating 30+ years of care, compassion, and commitment.



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A PUBLICATION OF THE HANDS FOUNDATION  
HANDS Across Medina County Foundation  
P.O. Box 868 | Brunswick, Ohio | 44212  
Visit us on the Web: [HANDS-Foundation.org](http://HANDS-Foundation.org)



**HANDS FOUNDATION**

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**ABOUT THE HANDS FOUNDATION AND HELPING HANDS NEWSPAPER**

The HANDS Foundation is a non-profit organization dedicated to helping and improving the lives of senior citizens throughout Medina County. Helping HANDS is a publication of the HANDS Foundation and is a go-to resource for Medina County seniors and their families.

The HANDS Foundation reserves the right to edit information published in Helping HANDS. Articles published in Helping HANDS are from independent article submitters and do not necessarily reflect the opinions or beliefs of the HANDS Foundation.

**HANDS BOARD MEMBERS/STAFF**

Chand Manglani, Lori Betz, Emily Giangiulio, Danielle Shaffstall, Jenna Bennett (PMHNP)

**HONORARY BOARD MEMBERS**

Judge James Kimbler, Mayor Dennis Hanwell, Joe Hanna, Dan Ihrig (LNHA), and in Loving Memory of Pete Rademacher

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**NEWSPAPER**

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**GET ON OUR MAILING LIST**

If you want to get on our mailing list, contact the HANDS Foundation at: 330-225-4242 or by email at: OfficeHandsFound@aol.com

# Pearl Anniversary Celebration!



Honorary Board Member & Mayor, Dennis Hanwell and HANDS Foundation Board Member, Grant Crabbs receiving their special recognitions from HANDS Foundation Executive Director, Christina Waller.



The team from Medina Metropolitan Housing Authority. THANK YOU TEAM MMHA!



The team from The Giving Place. THANK YOU GUYS!



Guests and supporters of the HANDS Foundation.





Marie & Dave Edmonds have been long-time supporters of the HANDS Foundation and our senior community. THANK YOU MARIE & DAVE!



Guests and supporters of the HANDS Foundation. The ice sculpture was a beautiful centerpiece.



Guests and supporters of the HANDS Foundation.



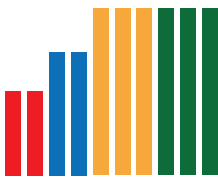
(L-R) Chef Chyenne, Devon, Christina, Chef Emily and Grant. THANK YOU CHYENNE & EMILY!



HANDS Board member, Chand Manglani with guests.



Mr. & Mrs. Bennett.



## MEDINA COUNTY SENIOR & ADULT SERVICES



### We have several new items in place on the horizon at the Medina Senior Center.

The bathroom renovation plans are coming together. Plans were drawn up, the job went out for bid, and a contractor has been chosen. Bathrooms on the ground floor will close the week of September 2 for approximately 8 weeks. You will need to utilize restrooms on the first floor when visiting us; please allow yourself time. Instead of the current men's and women's rooms, each with two stalls, the new facilities will consist of four separate, private, complete restrooms that either sex can utilize (one will include a urinal). They will be ADA-compliant, including grab bars and push-button automatic doors. This will go a long way to contribute to the privacy and dignity of our clients.

The Commissioners approved the replacement of the building's elevator. This will take place right after the bathroom renovation is completed. Access to the Senior Center will only be available via the staircases or the outside ramp during this renovation.

Our craft room is also scheduled for an update. All cabinetry and the sink will be being replaced and the walls will be repainted. Drop-down electric outlets in the center of the room will facilitate use of glue guns and other electric implements without the trip hazard of connecting to wall sockets. The walls will be painted a neutral white and a gallery hanging system will be installed so we can hang art shows in the room itself, and in the hallway immediately outside the craft room. This update is courtesy of the Medina County Senior & Adult Foundation.

During these renovations some activities have chosen to take a hiatus while others will be moved to alternate rooms. Our large fall event, Oktoberfest & Mini Expo (October 3rd) will be held at the Medina Eagles facility on Lafayette Rd. We are excited that "The Shotskis" from the Hofbrau Haus will once again provide entertainment. We will be able to host more than double the guests in this space than we can at the Senior Center as this event has grown in popularity over the last few years

Please make note of these renovation dates and be patient with us as we go through these construction projects. Watch our social media and check out the September/October newsletter for more details on upcoming events and updates on projects. Our events and activities are open to any senior age 55+ in Medina County.





THANK YOU SPONSORS!

Major Sponsor Spotlight: The Giving Place  
We are deeply grateful to The Giving Place for their incredible generosity as a major sponsor of the HANDS Foundation. Their support helps us continue fulfilling wishes, enriching lives, and making a lasting difference for seniors in Medina County. The Giving Place truly embodies the spirit of compassion and community.

## *Pearl Anniversary Sponsors*

Western Reserve Masonic Community  
Medina Meadows  
Pride One Construction  
BTR Haus- The Village at Hinckley Oaks.  
The Villas at Bakers Ridge & The Villas at Wyles Farm  
Archangels Specialty Home Care  
Brunswick Eagles Ladies Auxiliary  
Brunswick Optimist Club  
Care Patrol of North Central Ohio  
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Foundations Health- Brunswick Pointe and Champion Creek  
Generations Senior Living  
Hand in Hand Patient Advocates  
Hope Recovery Community  
Huntington Bank  
Integrity Home Care  
Jag Healthcare Burbank  
Lori & Greg Betz  
Medina Senior and Adult Foundation  
Oasis  
Purple Lab Creative  
Remembrance Hospice  
The Avenue at Medina  
The Simpson Family  
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Maplewood Senior Living  
Hair Haven  
Forest Meadows Villas  
Stano Law Firm  
Critchfield, Critchfield & Johnston  
Northern Ohio Health and Wellness  
Carecore at Willowood

A heartfelt thank you to all the businesses and individuals who sponsored our Pearl Anniversary Celebration and fundraiser! Your generosity makes a lasting impact—because of your support, we can continue caring for Medina County seniors by providing essential items and services they might not otherwise be able to afford. We are deeply grateful for your kindness and commitment to our mission.



# SERVING WITH HEART

## The HANDS Foundation Transforming Lives

By: SAHANA MANGLANI,  
BEAT Reporter

The HANDS Foundation, directed by Christina Waller is a nonprofit organization dedicated to enhancing the quality of life for seniors in Medina County. With a mission to educate, coordinate, and engage seniors and local organizations, the foundation encourages an independent lifestyle that supports the elderly community of the county. As the foundation works towards a goal of "everything is senior based" Waller said.

One of the foundation's most outstanding initiatives is their Senior Wish Program, a one of a kind service that provides financial assistance to seniors and their families needs. The program's main goal is to provide seniors with basic necessities such as clothing, food, car repairs, kitchen appliances, and so much more. An example of this is that the program



Christina Waller speaks to attendees at the HANDS Foundation 30th Anniversary Celebration on August 8, 2025. Waller gave a heartfelt Thank You to supporters and attendees at the event, which raised over \$20,000 to support the needs of Medina County seniors.

helped an 88 year old Wadsworth resident undergoing cancer treatment have a proper fitting winter coat.

Waller, the executive director of the foundation has been a part of HANDS since the age of 19, volunteering. With 16 years and many more to come, Waller has risen to the top and is doing an amazing job with the foundation in her hands. "I do it because there is such a significant need in Medina County," she explains.

While the foundation wasn't as big at first, it has grown into a huge part of the community with just celebrating 30 years this past week. As the foundation continues to grow, the emotional support to seniors and everyone in the county is still helping everyone grow closer together.

If you want to learn more about the HANDS Foundation check out their website, <https://hands-foundation.org/>.



Guests checking out the wonderful gift baskets.



Friends from the Brunswick Eagles Ladies Auxiliary. THANK YOU BRUNSWICK EAGLES!



The family of HANDS Foundation founder, Don Simpson (Left) with Mayor Hanwell, his wife, Chris and their kids (Right.)

THANK YOU SIMPSON FAMILY!! Your father was a very special man!

THANK YOU HANWELL'S for your dedication and support of the HANDS Foundation!!

## Senior Summer Soirée Brings Joy to Medina County Residents

Despite the brisk, fall-like weather, spirits were warm and bright at the Medina County Senior Service Network's Senior Summer Soirée, held at the Village at Hinckley Oaks. The free community event drew nearly 100 seniors from across Medina County for an afternoon of food, fun, and fellowship.

Guests enjoyed a variety of activities, including live music, a build-your-own bouquet bar, and a classic cookout. The highlight of the afternoon came with exciting basket raffles, which not only delighted attendees but also raised funds to support the **Medina Walk to End Alzheimer's**.

Organizers say the success of the event reflects the power of community coming together. "It was wonderful to see so many seniors enjoying themselves," a representative from the Senior Service Network shared. "This event was about connection, celebration, and giving back."

With laughter, music, and generosity in the air, the Senior Summer Soirée proved to be more than just a seasonal gathering—it was a meaningful moment of unity for Medina County's senior community.







# The Villas at Bakers Ridge Hosts Tropical Open House in Strongsville



The Villas at Bakers Ridge, Strongsville's newest premier villa community, hosted a lively tropical open house on July 24th at 21600 Experience Way. The event welcomed professionals, community members, residents, and their families for an evening of island-inspired fun.

Guests enjoyed live music by the band Cool Change, savored specialty appetizers crafted by Chef Chyenne from Hell's Kitchen Season 21 and cooled off with refreshing tropical cocktails. The celebration provided an opportunity for attendees to tour the community, mingle, and experience firsthand the welcoming atmosphere of The Villas at Bakers Ridge.

"We were thrilled to open our doors and showcase the vibrant lifestyle The Villas at Bakers Ridge has to offer," said Christina Waller, BTR Haus Director of Marketing. "It was wonderful to see so many residents, families, and community members come together to enjoy the event."

### ABOUT THE VILLAS AT BAKERS RIDGE

The Villas at Bakers Ridge is Strongsville's newest 55+ villa community, featuring upscale, single-level homes designed for low-maintenance living and modern comfort. Nestled in one of Northeast Ohio's most sought-after suburbs, the community blends convenience, style, and lifestyle in one thoughtfully planned neighborhood.

Whether looking to right-size, simplify, or enjoy a home with less upkeep, The Villas at Bakers Ridge offers everything residents need in a place they'll love coming home to.

.....  
**Christina Waller, Director of Marketing**  
The Villas at Bakers Ridge | 21600 Experience Way,  
Strongsville, OH 44149 | (440) 291-5455  
bakersleasing@btrhaus.com

Loss is difficult enough.  
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Brunswick, OH 44212





# HANDS SPOTLIGHT

## Sanctuary Wadsworth - A 5-Star CMS Facility



From the moment you step inside, Sanctuary Wadsworth welcomes you with a warm, comforting environment and compassionate connections to support your complete well-being. Their experienced team embraces a holistic, inclusive, and faith-based approach to care—nurturing the spirit while delivering exceptional medical services.

As a 5-Star CMS Facility, Sanctuary Wadsworth has received the highest possible rating from the Centers for Medicare & Medicaid Services. This rating is based on quality of care, health inspections, and staffing levels—demonstrating their commitment to excellence and giving families confidence that their loved ones are in the best of hands.

At Sanctuary Wadsworth, they celebrate individuality and foster community. The care team takes the time to get to know each resident, adding personal touches that brighten the day. Whether through prayer, a shared laugh, or simply a listening ear.

### NOW OPEN: IN-HOUSE DIALYSIS DEN

Recognizing the unique needs of the community, Sanctuary Wadsworth is proud to introduce their in-house dialysis den. With capacity for 8 residents, the program is designed to provide shorter, more frequent treatments—about 2.5 hours, five days a week. This approach not only reduces time spent on dialysis but also allows more time for therapy and daily activities.

#### Comprehensive Services Include:

- Long-term skilled nursing care
- Short-term rehabilitation
- Respiratory therapy
- Ventilator care
- In-house dialysis
- Wound care

The Sanctuary Wadsworth campus also features a dedicated skilled nursing unit for patients requiring ventilator care beyond their hospital stay. Their highly experienced nurses and specialty therapists ensure a smooth transition, delivering attentive, specialized care 24/7.

Sanctuary Wadsworth  
365 Johnson Road  
Wadsworth, OH 44281  
330.335.1558



HANDS is proud to announce that our very own Emily Giangiulio is joining the team at Sanctuary Wadsworth!

**HANDS Executive Director Christina Waller** shared, *“This is such a perfect opportunity for Emily to take her big heart, love for seniors, knowledge, work ethic, and special touch to the senior community in Wadsworth. I spent much time learning about this community that Emily speaks so highly of, and I know she is going to be the perfect fit there.”*

**Emily has touched countless lives in Medina County and beyond through her work with seniors and her dedicated service as a HANDS Board Member.** **Christina added,** *“When Emily expressed interest in joining the HANDS Board, I gave her the same talk I give everyone: you don’t join this board as a marketer or as part of your ‘job’—this role is separate, and it’s a true calling to make a difference in the lives of Medina County seniors. Emily not only understood that assignment, but she has gone above and beyond anything we could have asked for.”*

Emily, we are so proud of you and wish you the very best on this new journey. The Sanctuary Wadsworth is truly lucky to have you!

**CONGRATULATIONS,  
EMILY!**





**Congratulations**



**Avenue**  
at Medina  
Care & Rehabilitation Center



**Best of the Best**  
THE GAZETTE

**Best Nursing Home 2025**


The HANDS Foundation is thrilled to congratulate The Avenue at Medina for being recognized as the Best Nursing Home in Medina County!

The Avenue at Medina is home to an incredible team of administrative staff, caregivers, and professionals who consistently go above and beyond for our seniors. From their outstanding therapy department


and exceptional dining services to the leadership of their highly respected Medical Director, Dr. S.K. Jain, they've made a lasting impact on the lives of countless Medina County residents.

This recognition is a true testament to the hard work, dedication, and compassion poured into every detail of care. A HUGE shoutout to the entire Avenue team—it takes a village, and you've shown what excellence looks like.

# SAVE THE DATE



60.00/team  
10.00/spectator



*You're Invited to*

## Senior Care Feud

10.07.2025 AT 5:00P.M.

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Grab 4 friends, dress up in a fun group costume, and play our hilarious game show!

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- Best Dressed
- Loudest Fans
- Grand Champion

**RSVP To: [chrissywallerhandsfound@gmail.com](mailto:chrissywallerhandsfound@gmail.com)**




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 Brandi Rees President	 Kimberly Valco, CDP Vice President	 Grant Crabbs, LNHA Treasurer	 Devon Diello Secretary
 Emily Giangullo Board Member	 Jenna Bennett, PMHNP Board Member	 Danielle Shaffstall Board Member	 Chand Mangani, BA, MA Board Member

**We are The HANDS Foundation**  
Dedicated to Improving the Quality of Life for Medina County Seniors





Presented by The HANDS Foundation

Date: Thursday, December 5th

Time: 6:00 p.m.

Location: The Echelon of Medina Independent Living

Kick off the holiday season at this magical community event — all while supporting two wonderful causes!

This year's Festival of Trees will raise funds for:

The Brunswick Optimist Club – empowering local youth through volunteerism and community programs.

Hope Recovery Community (Medina) – supporting vital children's programming.

Join us for a night of giving, joy, and holiday spirit — and help make a difference for children in our community.

Admission Price is: 10.00/ person and includes food and drinks!

RSVP TO:  
chrissywallerhandsfound@gmail.com



Donate a Tree, a Wreath or Sponsor the Event!

## TREE DONATION

Donate a decorated tree of any size or theme. All donated trees will be raffled off during our Festival of Trees. Trees should be set up the week of November 17th–21st (Monday through Friday). As a thank-you, each tree donation includes four free tickets to the event, along with your family or company name featured in the event program.

## WREATH DONATION

Donate a decorated wreath of any size or theme! All donated wreaths will be raffled off during our Festival of Trees! Wreaths should be set up the week of November 17th–21st (Monday through Friday). As a thank-you, each wreath donation includes two free tickets to the event, along with your family or company name featured in the event program.

## SPONSORSHIP

Our sponsorship levels offer increasing recognition and benefits for your support. At the **\$100** level, sponsors receive their company name listed in event programming along with one free event ticket.

The **\$250** level includes company name recognition in programming, a shout-out on all social media platforms, a shout-out in the Helping HANDS paper, and two free event tickets. At the **\$500** level, sponsors receive company name recognition in programming, shout-outs on social media, an advertisement in the Helping HANDS newspaper, and four free event tickets.

If you are interested in any of the above- please email [chrissywallerhandsfound@gmail.com](mailto:chrissywallerhandsfound@gmail.com)!

JOIN US FOR



## COMMUNITY BINGO BRUNCH!

ENJOY AN AFTERNOON OF BINGO, FOOD, PRIZES AND LAUGHS WITH YOUR FRIENDS AT GENERATIONS SENIOR LIVING!

SEPTEMBER 25TH AT 11AM / FREE ENTRY

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@440.281.2932 OR [DANIELLE@GENERATIONSHCM.COM](mailto:DANIELLE@GENERATIONSHCM.COM)



PLEASE JOIN US FOR OUR

## Jeeps & Jingle Bells: Christmas Open House

DECEMBER 18, 2025

5:00P.M.-7:00P.M.

THE HANDS FOUNDATION IS THRILLED TO BE INVITED TO MEDINA MEADOWS TO CELEBRATE THE SEASON WITH A FESTIVE TWIST ON OUR BELOVED STUFF THE RANGE ROVER EVENT—THIS YEAR WE'LL BE STUFFING TWO POWER WHEEL JEEPS, AND YOU'LL EVEN HAVE THE CHANCE TO WIN THEM! JOIN US FOR AN EVENING OF HOLIDAY CHEER FEATURING A CHILDREN'S AREA WITH A VISIT FROM SANTA AND A FUN CHRISTMAS CRAFT, DELICIOUS APPETIZERS AND A SPECIALTY HOLIDAY COCKTAIL PREPARED BY CHEF CHYENNE, AND LIVELY HOLIDAY BINGO. THIS JOYFUL EVENT IS OPEN TO PROFESSIONALS, SENIORS, FAMILIES, THE RESIDENTS AND FAMILIES OF MEDINA MEADOWS, AND OF COURSE ALL OF OUR WONDERFUL EMPLOYEES AND THEIR LOVED ONES—WE CAN'T WAIT TO CELEBRATE WITH YOU!

RSVP TO  
[DDIELLO@LUXORHEALTHCAREGROUP.COM](mailto:DDIELLO@LUXORHEALTHCAREGROUP.COM)

HOSTED BY:

Medina Meadows  
550 MINER DR.  
MEDINA, OHIO 44256





# Plum Creek Assisted Living Highlights the Joy and Healing Power of Activities for Seniors

At Plum Creek Assisted Living, life is about more than just care—it's about living fully. Since opening in 2009, the family-owned community has been dedicated to creating not only a safe and supportive environment for residents but also one filled with joy, purpose, and connection. A cornerstone of this mission is the community's vibrant activities program, which is carefully designed to enrich the lives of seniors each day.

Research consistently shows that an engaging activities program is critical to the well-being of older adults. From reducing feelings of isolation to boosting physical health and mental sharpness, meaningful activities can transform the aging experience. At Plum Creek, staff take this to heart, offering a diverse schedule that includes art, games, exercise, outings, and—perhaps most importantly—music and movement.

Singing and dancing have been proven to be especially powerful for seniors, particularly those living with dementia. Music activates parts of the brain connected to memory and emotion, often sparking joy and recognition even when other memories fade. Dancing, whether it's lively or simply moving gently to the beat, supports mobility, balance, and mood.

For seniors with memory challenges, these moments of connection can be profound. A resident who may struggle to recall names or events can often sing along word-for-word to a favorite song from years ago. These shared experiences not only bring comfort but also foster a sense of identity and belonging.

Beyond the therapeutic benefits, Plum Creek's activities are about fun and fellowship. Group dance sessions, sing-alongs,

and themed parties bring residents together, strengthening community bonds and giving each day something to look forward to. Families often remark on the positive changes they see when their loved one participates in activities, from improved mood to more social interaction.

Plum Creek Assisted Living understands that quality of life is about more than medical care—it's about creating moments of joy and connection. Their commitment to an outstanding activities program ensures that residents continue to thrive, celebrate, and live with dignity.

**Plum Creek Assisted Living | 891 Marks Road  
Brunswick, Ohio 44212 | 330.220.4900**



*Plum Creek*  
A Senior Assisted Living Community  
Family Owned & Operated

**891 Marks Rd.  
Brunswick, Ohio 44212**

*Call today to schedule your tour!*

*We found Plum Creek when our first relative reached the age and stage where they couldn't safely be on their own at home anymore. When two other relatives reached this point as well, there was no question in our minds where the best place for them would be. The staff at Plum Creek go above and beyond to make each resident feel special and loved and the facility, activities, food, garden...just everything is absolutely wonderful. They care for our family members as much as we do. Our family members thrive in this environment as they are emotionally, mentally, physically, socially, and spiritually cared for. We can't say enough about Plum Creek!*  
-Shannon Kuhrt


**Plum Creek Assisted Living is a family-owned and operated assisted living community that has proudly served residents since 2009. Over the years, we have developed the best multidisciplinary team to ensure our residents receive exceptional care and enjoy the highest quality of life. Our dedicated team of nurses and resident assistants provide compassionate care 24 hours a day, 7 days a week. Other services include:**

<i>Physical Therapy</i>	<i>The Dentist</i>	<i>Ultra-Sounds</i>
<i>Occupational Therapy</i>	<i>The Podiatrist</i>	<i>Urinalysis</i>
<i>Speech Therapy</i>	<i>The Hearing Aid Specialist</i>	<i>EKG's</i>
<i>Cognition Therapy</i>	<i>X-Rays</i>	<i>COVID Testing</i>
<i>Mental Health Services</i>	<i>Blood Draws</i>	<i>Geriatric Specialist Doctor</i>
<i>Wound Care Management</i>	<i>PT-INR's/ Coumadin Management</i>	<i>2X Weekly Nurse Practitioner</i>
<i>Chronic Care Management</i>	<i>Hospice Care</i>	<i>Catheter Care</i>
<i>Nutritional Oversight</i>	<i>Palliative Care</i>	<i>Diabetic Management</i>

**Phone Number: 330.220.4900**

**Website: [plumcreekseniorliving.com](http://plumcreekseniorliving.com)**







# PURSES WITH A PURPOSE

*An event to benefit  
Feeding Medina County*

FEEDING



MEDINA  
COUNTY

## FEBRUARY 3, 2026

4:30pm - 6:30pm

WESTERN RESERVE MASONIC COMMUNITY CENTER  
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\$30 per ticket • Cash, Check or Money Order  
No tickets will be sold at the door  
*Pay by mail or contact Devon Diello 330.635.7117 for more information*

PRESENTED BY

Medina Meadows

REHABILITATION & NURSING CENTRE



WESTERN RESERVE  
MASONIC COMMUNITY

*Tying the community together to benefit Seniors*



# PURSES WITH A PURPOSE

*An event to benefit Feeding Medina County*

FEEDING



MEDINA  
COUNTY

## FEBRUARY 3, 2026

4:30pm - 6:30pm

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PRESENTED BY

Medina Meadows

REHABILITATION & NURSING CENTRE



WESTERN RESERVE  
MASONIC COMMUNITY

*Tying the community together to benefit Seniors*



PURSES  
WITH A  
PURPOSE

**Yes, I want to support our Senior Community!**  
Please make my reservation(s) to Purses with a Purpose

Number of tickets \_\_\_\_\_ x\$30 = \_\_\_\_\_

☐ Cash ☐ Check ☐ Money Order ☐ Invoice  
*Payable to: Feeding Medina County*

Name \_\_\_\_\_

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# Avenue

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>  <b>MCSAS OFFICE CLOSED FOR LABOR DAY</b>	<b>2</b> 9am Edwina's Exercise 9:30am Painting w/ Taylor* 10am Card Games 10am Edwina's Exercise 11:30am Lunch* 1pm Hook Nook	<b>3</b> 9:30am Bingo-Z-Life Care 10:30am Program: Sheriff Grice from Medina County Sheriff's Dept. 11:30am Lunch-Life Care 12pm Pinochle 1pm Chair Yoga w/ Lisa*	<b>4</b> 9 & 10am Edwina's Exercise 10am Hand and Foot Cards 10am FREE Remembrance Hospice Craft 10am Tai Chi w/ Danny* 11:30am Lunch* 1pm Watercolor Class* 1:15pm Parkinson's Support Grp 2:30pm BalloFlex*	<b>5</b> 9:30am Bingo-Z-Medina Center 10:30am Browns Tailgate Party 10:30am Weights Workout w/Lisa* 11:30am Lunch* 12pm Pinochle & Euchre 12:30pm Game Day 12:30pm Mahjong 1pm Grief Support Group 2:30pm Beginner Line Dance
<b>8 PRESQUE ISLE CASINO TRIP</b> 9:30am BP Screen-ComForCare 9:30am Bridge 9:30am Chair Yoga w/ Jackie 10:30am Balloflex* 11:30am Lunch* 1pm Mahjong 1pm Yoga w/ Susan 1:30 One-on-One Tech w/ Joe	<b>9</b> 9 & 10am Edwina's Exercise 10am Card Games 10:15am FREE Digital Art Class w/Taylor 11:30am Lunch* 1pm Hook Nook 1:30pm Android Phone Class Part 1	<b>10</b> 9:30am Bingo-Z-Pearlview 10:30am Program: 10 Warning Signs of Alzheimer's 11:30am Lunch-Avenue @Medina 12pm Pinochle 1pm Chair Yoga w/ Lisa* 1:30pm Legal Aid Appts	<b>11</b> 9am Edwina's Exercise 10am Edwina's Exercise 10am Hand and Foot Cards 10am Tai Chi w/ Danny* 11:30am Lunch* 1pm Watercolor Class* 2:30pm BalloFlex*	<b>12 90+ PARTY @EAGLES NO BINGO</b> 10am Mindful Meditation 10:30am Weights Workout w/Lisa* 12pm Pinochle & Euchre 12:30pm Game Day 12:30pm Mahjong
<b>15</b> 9:30am Bridge 9:30am Chair Yoga w/ Jackie 10:15am Card Making Class 10:30am Balloflex* 11:30am Lunch* 1pm Mahjong 1pm Yoga w/ Susan 1:30pm iPhone Class w/ Joe	<b>16</b> 9am Edwina's Exercise 10am Card Games 10am Edwina's Exercise 11:30am Lunch* 1pm Hook Nook 1:30pm Android Phone Class Part 2	<b>17</b> 9:30am Bingo-Z-Devoted 10:30am Program: Wits Work-out w/ Erin from OSU Ext. 11:30am Lunch-Medina Center 12pm Pinochle 1pm Chair Yoga w/ Lisa* 1pm Friends in Focus 1:30pm Croissant Class	<b>18 LOCKPORT LOCKS TRIP</b> 9 & 10am Edwina's Exercise 10am Hand and Foot Cards 10am Katie's Drawing Class 10am Tai Chi w/ Danny* 11am BP Screening-Avenue at Medina 11:30am Lunch* 1:00pm Jam Session	<b>19</b> 9:30am Bingo-Z-MCSAS 10am Mindful Meditation 10:30am Weights Workout w/Lisa* 11am Program- Leo's Jammers band concert 11:30am Lunch* 12pm Pinochle & Euchre 12:30pm Game Day & Mahjong 2:30pm Beginner Line Dance
<b>22</b> 9:30am Bridge 9:30am Chair Yoga w/ Jackie 10:30am Balloflex* 11:30am Lunch* 12:15pm Movie: The Penguin Lessons 1pm Mahjong 1pm Yoga w/ Susan	<b>23</b> 9am Edwina's Exercise 10am Card Games 10am Edwina's Exercise 11:30am Lunch* 1pm Hook Nook	<b>24</b> 9:30am Bingo-Z-MCSAS 10am Program: Senior Trivia w/ Suzanne from Brookdale 11:30am Lunch-Brookdale South 12pm Pinochle 1pm Chair Yoga w/ Lisa*	<b>25</b> 9am Edwina's Exercise 10am Edwina's Exercise 10am Hand and Foot Cards 10am Tai Chi w/ Danny* 11:30am Lunch* 1pm Watercolor Class* 2:30pm BalloFlex*	<b>26</b> 9:30am Bingo-Z-Jim Richison 10am Mindful Meditation 10:30am Program: The Civil War Dog Statue in Cleveland 10:30am Weights Workout w/Lisa* 11:30am Lunch* 12pm Pinochle & Euchre 12:30pm Game Day & Mahjong 1pm Book Club
<b>29</b> 9:30am Bridge 9:30am Chair Yoga w/ Jackie 10:30am Balloflex* 11:30am Lunch* 1pm Mahjong 1pm Yoga w/ Susan	<b>30</b> 9am Edwina's Exercise 10am Card Games 10am Edwina's Exercise 11:30am Lunch* 1pm Hook Nook 1pm Zentangle Class* 1:30pm One-on-one Tech help w/ Pieri	<div>  <div> <b>September 2025</b>            Z = ZOOM CLASS • * = FEE • ACTIVITIES SUBJECT TO CHANGE            BILLIARDS DAILY 8:00AM - 4:30PM         </div> </div>		

CALENDAR

OF EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>  <div> <b>October 2025</b>            Z = ZOOM CLASS • * = FEE • ACTIVITIES SUBJECT TO CHANGE            BILLIARDS DAILY 8:00AM - 4:30PM         </div> </div>				
<b>6</b> 9:30am BP Screening-ComForCare 9:30am Bridge 9:30am Chair Yoga w/ Jackie 10:30am Balloflex* 11:30am Lunch* 1pm Mahjong 1:30pm One-on-One Tech Help	<b>7</b> 9am Edwina's Exercise 9:30am Painting w/ Taylor* 10am Card Games 10am Edwina's Exercise 11:30am Lunch* 1pm Hook Nook	<b>8</b> 9:30am Bingo-Z-Pearlview 10am Painting 10:30am Program: Germany Footsteps World Travel 11:30am Lunch-Avenue@Medina 12pm Pinochle 1pm Chair Yoga w/ Lisa* 1:30pm Legal Aid Appts	<b>9</b> 9 & 10am Edwina's Exercise 10am Hand and Foot Cards 10am Tai Chi w/ Danny* 10:30am Cooking Demo w/Jenny 11:30am Lunch* 1pm Watercolor Class* 1:15pm Parkinson's Support Grp 2:30pm BalloFlex*	<b>3</b>  <b>MEDINA SR CENTER CLOSED FOR OKTOBERFEST* AT THE MEDINA EAGLES RESERVATIONS REQUIRED</b>
<b>13</b>  <b>COLUMBUS DAY MCOOA OFFICE CLOSED</b>	<b>14 SENECA OVERNITE TRIP</b> 9am Edwina's Exercise 10am Card Games 10am Edwina's Exercise 10:15am Card Stamping Class 11:30am Lunch* 1pm Hook Nook 1:30pm On-Line Scam Awareness	<b>15 SENECA OVERNITE TRIP</b> 9:30am Bingo-Z-Devoted 10am Painting <b>11:00am Lunch-Medina Center*</b> <b>NOTE EARLY LUNCH TIME &amp; NO AFTERNOON ACTIVITIES OFFICE CLOSING @12:30 FOR STAFF TRAINING</b>	<b>16</b> 9 & 10 Edwina's Exercise 10am Hand and Foot Cards 10am Katie's Drawing Class 10am Tai Chi w/ Danny* 11am BP Screening-Avenue 11:30am Lunch* 1pm Jam Session 1pm Watercolor Class* 2:30pm BalloFlex*	<b>17</b> 9:30am Bingo-Z-MCSAS 10am Mindful Meditation 10:30am Weights Workout w/Lisa* 10:30am Program: Cleveland Mob/Prohibition 11:30am Lunch* 12pm Pinochle & Euchre 12:30pm Game Day & Mahjong 1pm Grief Support Group
<b>20</b> 9:30am Bridge 9:30am Chair Yoga w/ Jackie 10:30am Balloflex* 11:30am Lunch* 12:15pm Movie: Beetlejuice, Beetlejuice 1pm Mahjong	<b>21 LOUISVILLE OVERNITE TRIP</b> 9 & 10am Edwina's Exercise 10am Card Games 10:15 FREE Digital Art Class w/Taylor 11:30am Lunch* 1pm Essential Oil Make and Take* 1pm Hook Nook	<b>22 LOUISVILLE OVERNITE TRIP</b> 9:30am Bingo-Z-MCSA 10am Painting 10:30am Program: Lower Cost Options Planning 11:30am Lunch* 12pm Pinochle 1pm Chair Yoga w/ Lisa*	<b>23</b> 9am Edwina's Exercise 10am Edwina's Exercise 10am Hand and Foot Cards 10am Tai Chi w/ Danny* 11:30am Lunch* 1pm Watercolor Class* 2:30pm BalloFlex*	<b>24</b> <b>PARTY DAY-NO BINGO HALLOWEEN PARTY</b> 10am Mindful Meditation 10:30am Weights Workout w/Lisa* 10:30am Program: Ohio's Cryptids 11:30am Lunch* 12pm Pinochle & Euchre 12:30pm Game Day 12:30pm Mahjong
<b>27</b> 9:30am Bridge 9:30am Chair Yoga w/ Jackie 10:30am Balloflex* 11:30am Lunch* 1pm Mahjong 1:30pm What's New in iPhone/iPad Workshop	<b>28</b> 9am Edwina's Exercise 10am Card Games 10am Edwina's Exercise 11:30am Lunch* 1pm Hook Nook 1:30pm One-on-One Tech Help w/ Pieri	<b>29</b> 9:30am Bingo-Z-Devoted 10am Painting 11:30am Lunch* 11:00am Program: Senior Trivia w/Suzanne Brookdale 11:30am Lunch-Brookdale South 12pm Pinochle 1pm Chair Yoga w/ Lisa* 1:30pm Sourdough Class*	<b>30</b> 9am Edwina's Exercise 10am Edwina's Exercise 10am Hand and Foot Cards 10am Tai Chi w/ Danny* 11:30am Lunch* 1pm Watercolor Class* 2:30pm BalloFlex*	<b>31</b> 9:30am Bingo-Z-MCSAS 10am Mindful Meditation 10:30am Weights Workout w/Lisa* 10:30am Program: Ohio's Cryptids 11:30am Lunch* 12pm Pinochle & Euchre 12:30pm Game Day 12:30pm Mahjong 1pm Book Club

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SEPTEMBER 2025



SOPREMA


Senior Center & Cafe

CENTER HOURS:

Monday - Friday: 8:30 am - 4 pm

CAFE HOURS:

Monday - Friday: 7:30 am - 2 pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Walking Track 12:00 - 2:00	Walking Track 9:00 - 11:00	Walking Track 12:00 - 2:00	Walking Track 9:00 - 11:00	Walking Track 12:00 - 2:00
<div>Center &amp; Café Closed for Holiday</div> <div></div>	<div>1</div> <div>Canasta 9:00</div> <div>Bible Study 9:30</div> <div>Watercolor 10:00</div> <div>Coupon Clippers 10:30</div> <div>Health Checks 12:00</div> <div>General Caregivers* 12:15</div> <div>Euchre 1:30</div> <div>Wits Workout 2:00</div>	<div>2</div> <div>Chess 10:00</div> <div>Gentle Exercise 10:00</div> <div>Blind Truth* 1:00</div> <div>Mexican Train Dominos 1:00</div>	<div>3</div> <div>Mah Jong 9:00</div> <div>Guided Autobiography 9:30</div> <div>Sewing Seniors 9:30</div> <div>Bridge 11:00</div> <div>Alzheimer's Caregivers 1:00</div> <div>Grief Recovery Method 1:00</div> <div>Hand and Foot 1:00</div>	<div>4</div> <div>Bingo 10:00</div> <div>Claire's Crafty Friends 12:00</div> <div>Make Me H. H. (Zoom) 12:00</div> <div>Genealogy 2:00</div>
<div>8</div> <div>Pinochle 9:00</div> <div>Matter of Balance 10:00</div> <div>Ukulele Practice 10:00</div> <div>Bunco 1:00</div> <div>Movie at Wads. Library 1:00</div> <div>Medicare 101* 3:00</div>	<div>9</div> <div>Canasta 9:00</div> <div>Line Dancing 9:00</div> <div>Bible Study 9:30</div> <div>Crafts w/ Windfall 10:00</div> <div>Dance Party 10:15</div> <div>Coupon Clippers 10:30</div> <div>Table Talk w/ Dr. Patel* 12:00</div> <div>Ask an Attorney - by Appt 1:00</div> <div>Euchre 1:30</div>	<div>10</div> <div>Chess 10:00</div> <div>Summa Health Chat* 10:00</div> <div>Gentle Exercise 11:00</div> <div>Homestead Exemption 11:00</div> <div>Mexican Train Dominos 1:00</div> <div>Trivia w/ Brookdale* 2:00</div>	<div>11</div> <div>Mah Jong 9:00</div> <div>Guided Autobiography 9:30</div> <div>Propy Reappraisals Q&amp;A 10:00</div> <div>Bridge 11:00</div> <div>Seniors w/ Srs Lunchn 11:00</div> <div>Grief Recovery Method 1:00</div> <div>Hand and Foot 1:00</div> <div>Wadsworth Library Fun 1:00</div>	<div>12</div> <div>Bingo 10:00</div> <div>Claire's Crafty Friends 12:00</div> <div>Make Me H.H. (Zoom) 12:00</div> <div>Genealogy 2:00</div> <div>* Soprema Café open for Lunch only *</div>
<div>15</div> <div>Pinochle 9:00</div> <div>Matter of Balance 10:00</div> <div>Bunco 1:00</div> <div>Rediscover Wadsworth History 1:30</div>	<div>16</div> <div>Canasta 9:00</div> <div>Bible Study 9:30</div> <div>Watercolor 10:00</div> <div>Coupon Clippers 10:30</div> <div>Health Checks 12:00</div> <div>Parkinson's Caregivers* 12:15</div> <div>Euchre 1:30</div> <div>Wits Workout 2:00</div>	<div>17</div> <div>WHS Tech Assist 9:15</div> <div>Chess 10:00</div> <div>Gentle Exercise 10:00</div> <div>Healthy Living w/ Humana* 1:00</div> <div>Mexican Train Dominos 1:00</div> <div>Financial Wellness 2:30</div>	<div>18</div> <div>Mah Jong 9:00</div> <div>Guided Autobiography 9:30</div> <div>Sewing Seniors 9:30</div> <div>Bridge 11:00</div> <div>Emergency Preparedness 1:00</div> <div>Grief Recovery Method 1:00</div> <div>Hand and Foot 1:00</div> <div>County Assistance - by appt 2:00</div>	<div>19</div> <div>SSC Tailgate Party</div> <div>12:00 - 1:30</div> <div>Bingo 10:00</div> <div>Claire's Crafty Friends 12:00</div> <div>Make Me H.H. (Zoom) 12:00</div> <div>Genealogy 2:00</div>
<div>22</div> <div>Pinochle 9:00</div> <div>Matter of Balance 10:00</div> <div>Ukulele Practice 10:00</div> <div>Tech Café w/ MCBDD 11:00</div> <div>Bunco 1:00</div> <div>Monthly Bday Party 1:00</div> <div>Paper Crafting 101 1:00</div>	<div>23</div> <div>Canasta 9:00</div> <div>Line Dancing 9:00</div> <div>Bible Study 9:30</div> <div>Coupon Clippers 10:30</div> <div>Garden Chat* 11:00</div> <div>Beginner Sign Lang. 12:30</div> <div>Euchre 1:30</div> <div>Cooking w/ Bev 2:30</div>	<div>24</div> <div>Chess 10:00</div> <div>Gentle Exercise 10:00</div> <div>Mexican Train Dominos 1:00</div> <div>Fall Décor Demo 2:00</div>	<div>25</div> <div>Mah Jong 9:00</div> <div>Guided Autobiography 9:30</div> <div>Crafts w/ Marilyn 10:00</div> <div>Bridge 11:00</div> <div>Poetry Open Mic 12:00</div> <div>Grief Recovery Method 1:00</div> <div>Hand and Foot 1:00</div> <div>Mystery Book Exchange 12:00</div> <div>Senior Book Chat 1:00</div> <div>Grief Support Group 3:00</div>	<div>26</div> <div>Vaccination Clinic - by appt 12:00 - 3:00</div> <div>Yoga Gentle Flow 8:30</div> <div>Bingo 10:00</div> <div>Claire's Crafty Friends 12:00</div> <div>Make Me H.H. (Zoom) 12:00</div> <div>WHS Tech Assist 1:00</div> <div>Genealogy 2:00</div>
<div>29</div> <div>Pinochle 9:00</div> <div>Matter of Balance 10:00</div> <div>Bunco 1:00</div> <div>Book Talk 2:00</div>	<div>30</div> <div>Canasta 9:00</div> <div>Consult a Realtor - by Appt. 9:00</div> <div>Bible Study 9:30</div> <div>Coupon Clippers 10:30</div> <div>Wads. Women's Club 12:00</div> <div>Euchre 1:30</div>	<div>Join the Fall Walking Challenge!</div> <div>Sept. 1 - Oct. 31</div> <div>Sign up to Participate!</div>	<div>SAVE THE DATE:</div> <div>Friday, October 10th</div> <div>Senior &amp; Caregiver Expo!</div>	

330-335-1513 · SSC@WadsworthCity.Org · 617 School Drive · Wadsworth, OH 44281

CALENDAR


OF EVENTS

WADSWORTH

SOPREMA

SENIOR CENTER & CAFE

OCTOBER 2025



SOPREMA

Senior Center & Cafe

CENTER HOURS:

Monday - Friday: 8:30 am - 4 pm

CAFE HOURS:

Monday - Friday: 7:30 am - 2 pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Walking Track 12:00 - 2:00	Walking Track 9:00 - 11:00	Walking Track 12:00 - 2:00	Walking Track 9:00 - 11:00	Walking Track 12:00 - 2:00
<div>BE SURE TO RSVP TO RESERVE YOUR SPOT!</div> <div>Visit us on our Website:</div> <div>WWW.WadsworthCity.com/SopremaSeniorCenter</div> <div>*PROGRAMS MARKED WITH AN ASTERISK (*) ARE OFFERED IN PERSON AND VIA ZOOM (HYBRID).</div>	<div>6</div> <div>Canasta 9:00</div> <div>Bible Study 9:30</div> <div>Watercolor 10:00</div> <div>Coupon Clippers 10:30</div> <div>Health Checks 12:00</div> <div>General Caregiver* 12:15</div> <div>Ask an Attorney - by Appt 1:00</div> <div>Euchre 1:30</div> <div>Wits Workout 2:00</div>	<div>7</div> <div>Chess 10:00</div> <div>Gentle Exercise 10:00</div> <div>Mexican Train Games 1:00</div> <div>Trivia w/ Brookdale 2:00</div>	<div>8</div> <div>Mah Jong 9:00</div> <div>Guided Autobiography 9:30</div> <div>Bridge 11:00</div> <div>Seniors w/ Srs Lunchn 11:00</div> <div>Grief Recovery 1:00</div> <div>Hand and Foot 1:00</div> <div>Wads. Library Fun 1:00</div>	<div>9</div> <div>Bingo 10:00</div> <div>Claire's Crafty Friends 12:00</div> <div>Make Me H.H. (Zoom) 12:00</div> <div>Genealogy 2:00</div>
<div>13</div> <div>Pinochle 9:00</div> <div>Chronic Disease Mgmt 9:30</div> <div>Ukulele Practice 10:00</div> <div>Lunch &amp; Learn Self-Care 11:30</div> <div>Bunco 1:00</div> <div>Movie at Wads. Library 1:00</div> <div>Medicare 101* 3:00</div> <div>* Soprema Café Closed Today!</div>	<div>14</div> <div>Canasta 9:00</div> <div>Line Dancing 9:00</div> <div>Bible Study 9:30</div> <div>Crafts w/ Windfall 10:00</div> <div>Dance Party 10:15</div> <div>Coupon Clippers 10:30</div> <div>Table Talk w/ Dr. Patel* 12:00</div> <div>Euchre 1:30</div>	<div>15</div> <div>Chess 10:00</div> <div>Gentle Exercise 10:00</div> <div>Medicare - by appt. 12:00</div> <div>Healthy Living w/ Humana* 1:00</div> <div>Mexican Train Games 1:00</div>	<div>16</div> <div>Mah Jong 9:00</div> <div>Guided Autobiography 9:30</div> <div>Sewing Seniors 9:30</div> <div>Bridge 11:00</div> <div>Grief Recovery 1:00</div> <div>Hand and Foot 1:00</div> <div>County Assistance - by appt 2:00</div>	<div>17</div> <div>Bingo 10:00</div> <div>Claire's Crafty Friends 12:00</div> <div>Make Me H.H. (Zoom) 12:00</div> <div>WHS Tech Assist 1:00</div> <div>Genealogy 2:00</div>
<div>20</div> <div>Pinochle 9:00</div> <div>Chronic Disease Mgmt 9:30</div> <div>CityLink Update 10:00</div> <div>Bunco 1:00</div> <div>Prepared &amp; Protected 2:00</div>	<div>21</div> <div>Canasta 9:00</div> <div>Bible Study 9:30</div> <div>Watercolor 10:00</div> <div>Coupon Clippers 10:30</div> <div>Health Checks 12:00</div> <div>Medicare - by appt. 12:00</div> <div>Parkinson's Caregivers* 12:15</div> <div>Euchre 1:30</div> <div>Wits Workout 2:00</div>	<div>22</div> <div>Chess 10:00</div> <div>Gentle Exercise 10:00</div> <div>Medicare - by appt. 12:00</div> <div>Mexican Train Games 1:00</div> <div>Funeral Q &amp; A 2:00</div>	<div>23</div> <div>Mah Jong 9:00</div> <div>Guided Autobiography 9:30</div> <div>Crafts w/ Marilyn 10:00</div> <div>Bridge 11:00</div> <div>Mystery Book Exchange 12:00</div> <div>Poetry Open Mic 12:00</div> <div>Grief Recovery 1:00</div> <div>Hand and Foot 1:00</div> <div>Senior Book Chat 1:00</div> <div>Grief Support 3:00</div>	<div>24</div> <div>Yoga Gentle Flow 8:30</div> <div>Bingo 10:00</div> <div>Claire's Crafty Friends 12:00</div> <div>Make Me H.H. (Zoom) 12:00</div> <div>Genealogy 2:00</div> <div>Your Next Steps Panel 2:00</div>
<div>27</div> <div>Pinochle 9:00</div> <div>Chronic Disease Mgmt 9:30</div> <div>Ukulele Practice 10:00</div> <div>Tech Café w/ MCBDD 11:00</div> <div>Bunco 1:00</div> <div>Monthly Bday Party 1:00</div> <div>Paper Crafting 101 1:00</div>	<div>28</div> <div>Canasta 9:00</div> <div>Line Dancing 9:00</div> <div>Bible Study 9:30</div> <div>Coupon Clippers 10:30</div> <div>Garden Chat* 11:00</div> <div>Medicare - by appt. 12:00</div> <div>Euchre 1:30</div> <div>Cooking w/ Bev 2:30</div>	<div>29</div> <div>WHS Tech Assist 9:15</div> <div>Chess 10:00</div> <div>Gentle Exercise 10:00</div> <div>Medicare - by appt. 12:00</div> <div>Mexican Train Games 1:00</div> <div>What's Hospice? 12:00</div> <div>Feel Good Bingo 2:00</div>	<div>30</div> <div>Mah Jong 9:00</div> <div>Guided Autobiography 9:30</div> <div>Paint n Sip 10:00</div> <div>Bridge 11:00</div> <div>Fall Craft 1:00</div> <div>Hand and Foot 1:00</div>	<div>31</div> <div>Halloween Party 12:00</div> <div>Bingo 10:00</div> <div>Claire's Crafty Friends 12:00</div> <div>Make Me H.H. (Zoom) 12:00</div> <div>Genealogy 2:00</div>

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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>1</b>  <b>MCSAS OFFICE CLOSED FOR LABOR DAY</b>	<b>2</b> 8am Cards 10am Book Club 1pm Bingo/ Carecore-Willowood 6pm Beginner Line Dancing	<b>3</b> 9am Vintage Artists 10am Activities Council 11:30am MCSAS Nutrition 12pm Mah Jongg 12:30pm Knitting & Crocheting	<b>4</b> 8am Cards 11:15am Intermediate/Improver Line Dancing 1pm Bingo/ Altenheim	<b>5</b> 10:30am <b>G &amp; S Contracting w/ Tracy</b> 11:30am MCSAS Nutrition 12:30pm Ladies Pinochle					
<b>8 PRESQUE ISLE CASINO TRIP</b> 9:30am Art Critique Group 11am <b>Munch &amp; Learn Ohio Ombudsman April Herd</b> Mah Jongg Culinary Club	<b>9</b> 8am Cards 1pm Bingo/ SPRY 6pm Beginner Line Dancing	<b>10</b> 9am Vintage Artists 11:30am MCSAS Nutrition 12pm <b>Larry's YouTube Animal Safari / Baby Gorillas!</b> Mah Jongg Knitting & Crocheting	<b>11</b> 8am Cards 11:15am Intermediate/Improver Line Dancing 12:15pm Dominoes 1pm Patriot's Day Bingo! w/ Royalton Reserve	<b>12</b> 10am <b>"Medicare and You w/ KAZ Company</b> MCSAS Nutrition 12pm Danbury "Create a Better You" 12:30pm Ladies Pinochle					
<b>15</b> 11am <b>Munch &amp; Learn Sharon Ditata Heartland Hospice "Autumn Auction"</b> Mah Jongg	<b>16</b> 8am Cards 1pm Bingo/ Plum Creek 6pm Beginner Line Dancing	<b>17</b> 9am Vintage Artists 11:30am MCSAS Nutrition 12pm Mah Jongg 12:30pm Knitting & Crocheting <b>Meet The Author/ Mae McGraw "Bitter Medicine"</b>	<b>18 LOCKPORT LOCKS TRIP</b> 8am Cards 11:15am Intermediate/Improver Line Dancing 12:15pm Dominoes 1pm Bingo w Carecore/ Willowood	<b>19</b> 11:30am MCSAS Nutrition 12:30pm Ladies Pinochle					
<b>22</b> 11am <b>Munch &amp; Learn Better Business Bureau "Avoiding Senior Scams"</b> Mah Jongg	<b>23</b> 8am Cards 1pm Bingo w/ Divine Pearlview 6pm Beginner Line Dancing	<b>24</b> 9am Vintage Artists 10am <b>QPR Training w/ Alternative Paths</b> MCSAS Nutrition Mah Jongg Knitting & Crocheting	<b>25</b> 8am Cards 11:15am Intermediate/Improver Line Dancing 1pm Bingo/ Medina Meadows	<b>26</b> 10am <b>Painting w/ Jeannie</b> 11:30am MCSAS Nutrition 12pm Danbury "Cardio Drumming" 12:30pm Ladies Pinochle					
<b>29</b> 11am <b>Munch &amp; Learn Deaf Awareness w/ Darla Hoover and Roberta Benz</b> 11:30am <b>Miracle Ear Hearing Screenings w/ Tonya</b> Mah Jongg	<b>30</b> 8am Cards 1pm <b>"Autumn Bingo" w/ Jim Richison</b> 6pm Beginner Line Dancing	<div><div>September 2025</div><div></div></div> <div>ACTIVITIES SUBJECT TO CHANGE</div>							

CALENDAR

OF  
EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div> <div>October 2025</div> <div>   </div> </div>				
<b>ACTIVITIES SUBJECT TO CHANGE</b>				
<b>6</b> 11am <b>Munch &amp; Learn Carecore/ Willowood "Fall Risks in Your Home"</b> 12pm Mah Jongg	<b>7</b> 8am Cards 10am <b>Book Club/ "The Witch's Fleet"</b> 12pm <b>First 12 to sign up get free copy of book!</b> 1pm Bingo/ Life Care 6pm Beginner Line Dancing	<b>8</b> 9am Vintage Artists 11:30am MCSAS Nutrition 12pm Mah Jongg 12:15pm <b>"The Price Is Right Game" w/ Royalton Reserve</b> 12:30pm Knitting & Crocheting	<b>9</b> 8am Cards 11:15am Intermediate/Improver Line Dancing 1pm Bingo/ Altenheim 12:15pm Dominos <b>Outback Ray and his Amazing Animal Show!</b>	<b>10</b> 10am <b>"Things that go bump in the night" Medina County Park District</b> 11:30am MCSAS Nutrition 12pm Danbury "Create a Better You" 12:30pm Ladies Pinochle
<b>13</b>  <b>COLUMBUS DAY MCOOA OFFICE CLOSED</b>	<b>14 SENECA OVERNITE TRIP</b> 8am Cards 1pm Bingo/ SPRY 6pm Beginner Line Dancing	<b>15 SENECA OVERNITE TRIP</b> 9am Vintage Artists 10am <b>"The Bee Lady" Peggy Gornes</b> 11:30am MCSAS Nutrition 12pm Mah Jongg 12:30pm Knitting & Crocheting	<b>16</b> 8am Cards 11:15am Intermediate/Improver Line Dancing 12:15pm Dominos 1pm Bingo/Carecore Willowood	<b>17</b> 11:30am MCSAS Nutrition 12:30pm Ladies Pinochle
<b>20</b> 11am <b>Munch &amp; Learn w/ Storypoint Senior Living "Don't Ever Grow Up, It's a Trap!"</b> 12pm Mah Jongg	<b>21 LOUISVILLE OVERNITE TRIP</b> 8am Cards 1pm Bingo/ Plum Creek 6pm Beginner Line Dancing	<b>22 LOUISVILLE OVERNITE TRIP</b> 9am Vintage Artists 11:30am MCSAS Nutrition 12pm Mah Jongg 12:30pm Knitting & Crocheting	<b>23</b> 8am Cards 9:30am <b>AARP Driving Class</b> 11:15am Intermediate/Improver Line Dancing 12:15pm Dominos 1pm Bingo/ Medina Meadows	<b>24</b> 11:30am MCSAS Nutrition 12pm Danbury "Cardio Drumming" 12:30pm Ladies Pinochle
<b>27</b> 11am <b>Munch &amp; Learn w/ United Church Homes</b> 12pm Mah Jongg	<b>28</b> 8am Cards 11am <b>Book Club w/ Author of "The Witch's Fleet" Discussion</b> 1pm Bingo w/ Divine Pearlview 6pm Beginner Line Dancing	<b>29</b> 9am Vintage Artists 11:30am MCSAS Nutrition 12pm <b>"Home Sorted Solutions" w/ Candy Lutz</b> 12pm Mah Jongg 12:30pm Knitting & Crocheting	<b>30</b> 8am Cards 11:15am Intermediate/Improver Line Dancing 1pm <b>Halloween Bingo! Blue Dot Cares</b>	<b>31</b> 11:30am MCSAS Nutrition 12:30pm <b>Halloween Party &amp; Costume Contest! w/ Brad</b> 12:30pm Ladies Pinochle



THE VILLAGE AT  
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APARTMENT HOMES







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# Baskets Galore Rebrands as MODA: Modern Gifts with a Family Flare

By: PAIGE VERCUSKI, BEAT Reporter



Who doesn't love a heartfelt gift? Whether it's fresh fruit, cheese and crackers, a collection of coffee, or simply some goods for the beach, a surprise present shows how much you care for someone. Mother-daughter duo Deborah and Hannah Wasytko at MODA, formally Baskets Galore, provide you with everything you need for the perfect gift to brighten someone you love's day.

MODA, located at 95 Pearl Road, Brunswick, is a gift-giving business that specializes in both corporate and special occasion gifts, making it easy and straightforward for a big business to award their employees or for a thoughtful birthday or thank you gift. The business took off as Baskets Galore in 2003, with Deborah Wasytko as the founder and CEO, and her daughter Hannah joining her as the Operations Manager. Deborah eventually earned a patent for her "360 gift and packaging system" in 2010. The Wasytko's business has also been recognized on a larger level than just Medina County, winning Corporate Gift Company of the Year from CBC Magazine three years in a row, proving their devotion and dedication to their business.

Baskets Galore announced their rebranding to MODA on Thursday, August 7, taking another step into the business world. There are a couple of stories behind the change. The first reason is to keep up with changing times.

When one imagines Baskets Galore, an old-fashioned wicker basket may pop into their mind. Both Wasytko's felt they wanted to separate themselves from the old-timey feel and show they are a modern business changing with the times, which is why the name MODA stands for "modern." As well, they wanted to symbolize the strong familial bond in the business, which is why MODA also stands for "mother-daughter."

MODA would not be where they are today without the unwavering support of Medina County. "It's just great to be in an environment where everyone embraces our business and supports us as people in a mother-and-daughter team," Deborah explained. They feel lucky to have such a loving and caring outreach that gives back for all they do. And overall, the Wasytko's agree, "We get to help others give, and that is so fun."

To learn more about MODA or purchase a gift for someone you know, visit their store on Pearl Road or online at [www.modagifting.com](http://www.modagifting.com).

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2025

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Paige Vercuski, Brunswick Middle School, is one of over fifty student "backpack journalists" (grades 6-12) in the award-winning BEAT Video Program. The program is sponsored by KDK Mitsubishi, Discount Drug Mart, Plum Creek Assisted Living Community, MODA, Scripps Howard Foundation and the Brunswick Rotary Club. Go to <https://www.bcsch.org/domain/1154> to learn more about the Program, or visit <https://thebeat.viebit.com> to view videos produced by the students.



# FROM WRMCMC

WESTERN RESERVE MASONIC COMMUNITY



## WELLNESS TIPS FOR OLDER ADULTS

Do you ever wonder what you can do to stay fit as you age. So many people think the only thing that means is to keep moving and exercise. Actually, wellness means so much more.

To maintain wellness as an older adult, focus on a balanced diet, regular physical activity, and staying socially connected. Prioritize adequate sleep, manage stress, and ensure regular health checkups. Staying mentally active and engaging in activities you enjoy also contribute to overall well-being.

Let's take a detailed look at these recommendations:

### PHYSICAL HEALTH

- **Stay Active:** Incorporate regular exercise into your routine, including both aerobic activities (walking, swimming, or cycling) and strength training (lifting weights or using resistance bands).
- **Eat a Balanced Diet:** Focus on fruits, vegetables, whole grains, lean proteins, and healthy fats.
- **Maintain a Healthy Weight:** Being overweight can increase the risk of heart disease, diabetes, and high blood pressure.
- **Prevent Falls:** Ensure your home is safe and wear supportive shoes.
- **Prioritize Sleep:** Aim for 7-9 hours of sleep per night.
- **Stay Hydrated:** Drink plenty of water throughout the day.
- **Get Regular Checkups:** Visit your doctor for routine screenings and vaccinations.
- **Have Vision, Dental, and Hearing checks:** Regular checkups are important for maintaining these senses.

### MENTAL AND EMOTIONAL HEALTH

- **Stay Socially Connected:** Maintain relationships with family, friends and neighbors.
- **Engage Your Mind:** Continue to learn new things and challenge your brain.
- **Manage Stress:** Find healthy ways to cope with stress, such as practicing relaxation techniques or engaging in hobbies.
- **Find Joy in Activities:** Engage in hobbies, social events, or activities that you enjoy.
- **Stay Optimistic:** Cultivate a positive outlook on life.

### OTHER IMPORTANT TIPS

- **Avoid Smoking and Excessive Alcohol Consumption:** These habits can negatively impact your health.
- **Be Aware of Your Medications:** Understand your medications and how they might affect you.
- **Consider Supplements:** Consult with your doctor about whether any supplements might be beneficial.
- **Take Stock of Yourself:** Reflect on your current health and wellness and make adjustments as needed.

By incorporating these tips into your daily life, you can promote healthy aging and enhance your overall well-being. Thanks to medical advancements, life expectancy is increasing. But more years don't always mean better years. Although older adults are living longer, they're not necessarily living well. Quality of life is key.



The combination of longevity and a high quality of life equals a person's health span, or the number of years lived in good physical, mental, and emotional health. Improving and maintaining your health span is a process that requires certain lifestyle choices.

Maximizing your health span takes effort, including lifestyle choices such as staying physically active, eating well, and surrounding yourself with a strong social network.



These daily tasks can be achieved if you choose the ideal environment to live in as you age — one that provides the support you need to preserve and extend health span.

Senior living communities offer an approach that supports independence, well-being, and meaningful connections as you age. A lifestyle that boosts your health span isn't just possible; it's often more accessible within a community setting.

Moving to a senior living community can significantly enhance well-being as you age by providing built-in social connections, access to healthcare and nutritious meals, safe environments, and opportunities for fitness and mental stimulation. These communities foster an approach to wellness, addressing physical, mental, and emotional health to support a fulfilling and healthy lifestyle.

CONTINUED ON NEXT PAGE >>

## Write your next chapter in our Independent Living Villa Neighborhood

Independent living at Western Reserve Masonic Community is ideal for those who can still live on their own but want to take advantage of a maintenance-free lifestyle. Our single-family villa homes are perfect for those looking for active independence with the added benefits of our on-campus amenities.

Schedule your personal consultation and tour by calling

**(330) 642-3841**

or visit

**wrmcoh.org/villas25**



WESTERN RESERVE  
MASONIC COMMUNITY

Today. Tomorrow. Together.





# WRMC

Let's take a look at how senior living communities promote wellness:

## SOCIAL CONNECTIONS AND REDUCED ISOLATION

■ **Combatting loneliness:** Senior living communities offer numerous opportunities for social interaction, reducing the risk of isolation and loneliness, which can negatively impact physical and mental health.

■ **Building relationships:** Residents can connect with like-minded people through activities, events, and shared meals, fostering a sense of belonging and support.

■ **Support groups and activities:** Communities often host support groups and activities addressing common challenges associated with aging, providing a safe space for sharing experiences and building relationships.

Access to Healthcare and Wellness Programs:

■ **Regular Health Checks:** Many communities offer on-site health services, including regular wellness checks, coordinated care with medical providers, and access to on-site clinics.

■ **Preventive care:** Residents benefit from preventive screenings, immunizations, and routine health checks, ensuring early detection and management of potential health issues.

■ **Personalized health plans:** Communities provide tailored health plans, including assistance with medication management and specialized healthcare services, addressing individual needs.

■ **Fitness and wellness activities:** Communities offer a variety of fitness classes, including yoga, tai chi, and strength training, promoting physical health and mobility.

## NUTRITIONAL SUPPORT AND SAFE ENVIRONMENTS

■ **Nutritious meals:** Residents enjoy chef-prepared, nutritious meals, often tailored to specific dietary needs and preferences, supporting overall health.

■ **Reduced fall risk:** Senior living communities are designed with safety in mind, minimizing hazards and reducing the risk of falls.

■ **Maintenance-free living:** Communities handle maintenance tasks like housekeeping and repairs, allowing residents to focus on enjoying their lives and engaging in activities they enjoy. Mental Stimulation and Purposeful Living:

■ **Cognitive engagement:** Communities offer activities and programs designed to stimulate cognitive function, such as book clubs, games, and lectures, helping to maintain mental sharpness.

■ **Opportunities with a Purpose:** Residents can find purpose through volunteer initiatives, mentorship programs, and other activities that contribute to their sense of purpose and belonging.

■ **Emotional well-being:** Communities provide access to counseling services and support groups fostering emotional well-being and helping residents navigate life's challenges.

By addressing these key aspects of wellness, senior living communities create an environment where residents can thrive, enjoy a higher quality of life, and potentially extend their health span.

If you are thinking of moving to a senior living community, consider touring a continuing care retirement community (CCRC) such as Western Reserve Masonic Community. CCRCs offer

multiple levels of care on one campus that include independent and assisted living, memory care, as well as rehab and skilled nursing. With care that adjusts as your individual needs do, you don't have to worry about moving if your health needs change.

Western Reserve Masonic Community located in Medina, Ohio offers premier senior living options so you can live your best life and thrive. If you are interested in learning more about Western Reserve Masonic Community, give us a call at 330-642-3841 or visit [www.wrmcoh.org](http://www.wrmcoh.org).



### Senior Movers With Heart

As a Senior Move Manager with the National Association of Senior Move Managers, we provide you the most professional care and proven excellence in our methods and planning. Your dedicated Smooth Transitions team has the tools to help you and your family decide what to keep, recycle, donate, sell, and move to your new home.

Whether you are downsizing from a 5 bedroom house to a 1 bedroom apartment or simply moving from one community unit to another, we can help.

### Work With Smooth Transitions

Our partners and community relationships ensure a smooth transition from your current home to your new home. We oversee every single step, and we are bonded and insured to give you the peace of mind that everything will be taken care of with the utmost care.

### Our Services

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- Selling of Items/consignment
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- Home Cleaning and Sale Preparation
- Long-distance Moving

QUESTIONS? [paulette@armbrustermoving.com](mailto:paulette@armbrustermoving.com)  
Phone: (216) 381-7418

(216) 381-7418

[cleveland.smoothtransitions.com](http://cleveland.smoothtransitions.com)

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# FROM YOUR STATE REPRESENTATIVE



## Helping Medina County's Homeless take the "Next Step Up"

By: State Representative, SHARON RAY

Since its opening in February of this year, Medina County's Emergency Housing Shelter, "Next Step Up" has executed its mission successfully. Established to provide a temporary landing spot for residents experiencing a housing crisis, the 27 bed facility has an average of 26 beds occupied every night since opening. Who are these folks?

Some are parents, some are seniors, some are veterans and some are youth who have aged out of the foster care system with nowhere to go. With housing costs consuming a larger portion of average income than ever, an unexpected medical emergency, or sudden job loss can be devastating.

More than just a place to sleep, through coordinated efforts with Medina County's Social service agencies and the aid of Church organizations and local businesses guests are provided the tools they need to become self-sufficient. Each resident is provided an Individualized Housing plan designed to move them toward independence. They are connected with a team that helps guide them through the process and helps them obtain employment, housing and any needed services.

Average stay at the shelter...33 days. In a little over a month the shelter transforms lives and gets people back on track. Next Step Up has executed their mission flawlessly. It is rare to see such positive outcomes so quickly; their formula works.

What is the "special sauce" that brings it all together? The many volunteers and employees that place an emphasis on helping our fellow citizens through a traumatizing period of their life and support them with getting back on their feet.

But in order to help Next Step Up continue their mission, they need our help. There are many ways to give back and provide support. The Shelter is open 24 hours a day – 7 days a week and is always looking for volunteers to help with providing meals or education opportunities (think financial literacy skills) If you have a few extra hours a week – call them at 330.725.7531 for more details.



**Prefer to make a financial donation? Go to [nextstepup-medina.org](http://nextstepup-medina.org) or purchase needed items on their Amazon wish list. The shelter is always looking for donations to stock.**



**Sharon A. Ray**  
State Representative  
House District 66



**614-466-8140**  
**Rep66@OhioHouse.gov**  
**77 South High St., 13<sup>th</sup> Floor, Columbus, Ohio 43215**



## COMMISSIONERS' CORNER



# MCPT Introduces New Brunswick MCFlex Service Connection to GCRTA Route #71

New flexible transit option ensures continued access to regional transportation following RTA Route #251 discontinuation.

In an effort to maintain crucial transportation access for residents of Brunswick and the surrounding areas, Medina County Public Transit (MCPT) has launched a new transit solution that began on August 18.

The Brunswick MCFlex North Service Connection provides weekday transportation from 6 a.m.–6 p.m., linking Medina County riders to the Drake & Howe bus stop in Cuyahoga County for convenient access to the Greater Cleveland Regional Transit Authority's (GCRTA) Route #71 bus.

This new service comes in response to the discontinuation of the GCRTA Route #251 segment between Laurel Square in Medina County and the Strongsville Park-N-Ride.

Without intervention, this service change would have left many Medina County commuters without a reliable transit connection to the Greater Cleveland area.

The Brunswick MCFlex route is part of MCPT's innovative MCFlex Service model, which allows riders to schedule curb-to-curb trips in designated service zones within the three larger cities of Medina County.

Trips must be scheduled by calling MCPT at 330-723-9670, with a minimum of two hours' notice, and the option to book up to seven days in advance.

"This new connection is a critical step in ensuring our community stays connected to employment, medical care, and other vital destinations in Northeast Ohio," said Shannon Rine, Director of Medina County Public Transit. "We understand how important access to regional transit is for our riders, and the Brunswick MCFlex connection ensures that residents still have a seamless path to GCRTA services following the change in Route #251."

Riders using the Brunswick MCFlex will be dropped off and picked up at the Drake & Howe bus stop in Strongsville, where they can transfer to GCRTA Route #71. This line serves key destinations, including Downtown Cleveland, making it a vital connection for many Medina County commuters.

For specific GCRTA Route #71 bus times, riders are encouraged to visit the GCRTA website at [www.riderta.com](http://www.riderta.com). MCPT also encourages regular users of Route #251 to call ahead and plan their new trips using the MCFlex option as early as possible to ensure availability and convenience.

MCPT remains committed to delivering safe, reliable, and adaptive transportation services to the residents of Medina County. For additional updates, service maps, or to learn more about all MCPT offerings, visit: [medinacountytransit.org](http://medinacountytransit.org).



Howe Road and Drake Road bus stop.

### ABOUT MEDINA COUNTY PUBLIC TRANSIT

Medina County Public Transit provides affordable, accessible, and dependable public transportation throughout Medina County. With a range of scheduled, on-demand, and flexible service options, MCPT connects people to jobs, schools, medical appointments, shopping, and more — empowering community mobility for all residents.

## Board of Medina County Commissioners



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Board President

Office: **330-722-9211**

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[aharrison@medinacounty.gov](mailto:aharrison@medinacounty.gov)



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**Administration Building • 144 North Broadway Street, Medina**



## FROM YOUR VETERANS OFFICE



ED ZACKERY

# It's Full Speed Ahead at the Veterans Office

We're starting our third cycle of programs and the feedback has been very positive

It has been a busy year as we end the third quarter of the year. We have seen record numbers of veterans and family members applying for VA benefits and utilizing our office. That's great news as we work hard at getting the word out about benefits and assisting those applying. All our work aligns with the Department of Veterans Affairs (VA) surpassing 2.5 million claims adjudicated this year alone.

The average wait time for a Veteran's claim to be processed fell from 141.5 days on Jan. 20, 2025, to 131.8 days on June 21, 2025. Nonetheless we continue to look at every claim we file on your behalf to make sure they are rated accurately and correctly according to the law. Faster although it seems better, we feel accuracy and correctness is also very important. We do find errors that the VA makes from time-to-time. And when we do we make the VA go back and correct those errors.



### VETERANS BENEFITS HELP

If you have any questions about any of your veterans benefits, feel free to contact us at the Medina County Veterans Service Office at (330) 722-9368 or email us at [veterans@medinacountyveterans.org](mailto:veterans@medinacountyveterans.org) or catch us on the web at [www.medinacountyveterans.org](http://www.medinacountyveterans.org)

## WE HAVE SEVERAL PROGRAMS THAT WE HAVE STARTED AT OUR OFFICE

**NEW! "Mindfulness"** Susan Russell will be covering the various ways we can become more mindful, reduce negative thoughts, and hopefully develop more peace in our lives.

**Unleashed Creativity**, an art workshop for veterans and their spouses and well as veterans' widows. Jeannette Smart, a veteran herself, will coach you through an eight-week creative art workshop.

**"Guitars for Veterans"** We are looking for more students and instructors. Whether you've played the guitar in the past or have never picked one up, this class is for you. You can learn as much as you want, enough to strike a few chords and hum a long or possibly become the next Eric Clapton, the choice is yours. Practice guitars are provided, and a complete kit is issued upon completion of the program.

We also have our **"Coffee with a CVSO"** program once each month at our office where we focus on a special topic to discuss and take questions afterwards. Coffee and snacks provided.

Learn to relax, breathe and move in focus with our **"Tai chi & Qi Gong"** training instructed by Mr. Robin Barto a licensed counselor specializing in mind, body and health. No promises you'll be the next karate kid, but you just might improve your spiritual and mental health.

Suffering from neuropathy in your feet? Then our **"Reflexology"** classes are possibly just what you may need. Bring a partner and learn how to pinpoint the nerves and muscle groups in your feet and possibly get some relief.

**MEDINA COUNTY VETERANS SERVICE OFFICE**

The Medina County Veterans Service Office has many fun and exciting programs to offer. Find the program that is best suited to you!

Programs take place at The Medina County Veterans Service Office. Located at 210 Northland Dr. Medina, Ohio 44256

More Information about any of the program's or to sign up...

Call: (330) 722-9368  
Email: [lkaiser@medinacountyveterans.org](mailto:lkaiser@medinacountyveterans.org)

*"Service for Those That Served and Their Families"  
Because - We are Family*

**Art Workshop**

**Coffee with a CVSO**

**Reflexology (partner needed)**

**Guitars for Vets**

**Tai Chi and Qi Gong Training**

**Mindfulness**





# Champion Creek Open House Ribbon Cutting

The sun was shining brightly on the day of the Champion Creek Grand Open House, setting the perfect tone for a celebration months in the making. Over 400 guests gathered, their excitement palpable as they explored the beautifully designed new facility. Laughter and conversation filled the air, reflecting a sense of pride and community. Foundations Dining Services catered the event with an impressive array of gourmet bites, showcasing both creativity and hospitality. Guests raved about the hors d'oeuvres, ample options, and signature desserts, many returning for seconds.

Local trustees and county commissioners arrived in full support, underscoring the importance of Champion Creek to the wider community. The ribbon-cutting ceremony took place at 3:30 in our grand lobby, with many of our Foundations employees, the local Chamber of Commerce, and other area organizations to witness the start of our journey providing outstanding care to our residents in our community. With a single snip of the oversized scissors, the ribbon fell and the crowd erupted in cheers. Tours began immediately, led by enthusiastic staff members eager to showcase the amenities and thoughtful details of the space. Families, future residents, and local leaders alike admired the modern design, comfortable furnishings, and welcoming atmosphere.

Live music from a local harpist and pianist created a relaxed yet elegant ambiance throughout the evening. Guests posed for photos in front of the Champion Creek backdrop, capturing memories of this special day. Feedback was overwhelmingly positive, with many calling it "the best open house they'd ever attended." As the sun began to set, a warm golden glow bathed the property in light. It was more than an event—it was a defining moment in Champion Creek's story. A day of joy, community, and shared purpose.



**CONTACT MONICA OR SANDY TODAY!**

Monica Bruggeman, Admissions Director: 216-965-8177  
Sandy Kaczur, Liaison: [Sandy.Kaczur@FoundationsHealth.net](mailto:Sandy.Kaczur@FoundationsHealth.net)  
[www.Champion-Creek.net](http://www.Champion-Creek.net)

**FOLLOW US ON FACEBOOK!**





## It's Always an Adventure at the Soprema Senior Center!

Fall is the perfect time to explore the Soprema Senior Center (SSC), where each day brings a new adventure. Don't miss the BIGGEST adventure of the season: the greatly anticipated Senior & Caregiver Expo on Friday, October 10 from 10:00am – 1:00pm.

With the theme "On Safari: Your Wellness Adventure Awaits!", attendees become "explorers" with over 100 booths to navigate, each filled with important information, giveaways, and more. Explorers have the opportunity to trek on over to the Med. County Health Department booth for a COVID and/or FLU vaccine, enter the OSHIIP Medicare station for a free Medicare check up, enter to win a wild prize, and much more!

Family caregivers (caring for a senior) become "VIP Explorers", thanks to a family caregiver grant from the WRAAA. Be sure to refuel in the Soprema Café, the local "watering hole", with one of their delicious lunch specials! With no school that day, there will be plenty of parking for guests throughout the Community Center and School lots. Mark your calendar now so you don't miss this one-of-a-kind adventure!

Also taking place on from September 1 – October 31, is the SSC's Senior Walking Challenge, and we invite YOU to be a part of it! Simply make walking your own adventure and report your miles back to the SSC each week. Whether it takes you a couple days to walk a mile or you walk multiple miles each day, every mile helps us reach a group goal and we need YOU to help us! Email [ssc@wadsworthcity.org](mailto:ssc@wadsworthcity.org) to sign up and we will send you more information!

The Soprema Senior Center is a City of Wadsworth department and is open Monday – Friday from 8:30 am to 4:00 pm, with free membership for anyone 55 or better and their website can be found at [www.wadsworthcity.com/SopremaSeniorCenter](http://www.wadsworthcity.com/SopremaSeniorCenter). The Soprema Café, operated by MCSAS, is open from 7:30am – 2:00pm, offering an array of breakfasts, lunches, coffees, and more at great prices. Stay connected on Facebook with both by liking and following the: Wadsworth Older Adults Foundation as well as MCSAS Soprema Café. If you have not visited the Soprema Senior Center & Café yet, be sure to put it on your fall "bucket list"...it's the one adventure you won't want to miss!

# SAVE THE DATE!

**On Safari – Your Wellness Adventure Awaits!**

**SENIOR & CAREGIVER EXPO**

**Friday, October 10<sup>th</sup>** 10 am - 1 pm

**FAMILY CAREGIVERS ARE VIPs!**

Visit the Caregiver VIP Room from 9am - 10am for Refreshments & Activities.

Stop in anytime during the Expo to register for a Free Gift!

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**Medicare Checkups** by OSHIIP Volunteers

**Free Tote Bag** courtesy of Summa Health

**Lunch Specials in Soprema Café**

**Explore over 100 Vendors**

**Funded by the Wadsworth Older Adults Foundation & a Family Caregiver Grant from the Western Reserve Area Agency on Aging**

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# LIVING WILLS

## The Basics



MICHAEL LARIBEE

By: MICHAEL LARIBEE, Esq., Laribee Law, LLP

A living will is an important part of an estate plan that allows a competent adult (the “declarant”) to state his or her preferences for medical treatment in certain situations. Unlike a last will and testament that directs how property and assets should be distributed after death, a living will allows the declarant to decide in advance whether they want life-sustaining treatments, like a ventilator, CPR, or a feeding tube, in the event they become terminally ill or permanently unconscious and when can no longer communicate their wishes. To be clear, a living will is only effective when the declarant is unable to speak for themselves and direct their healthcare.

For purposes of a living will, a terminal condition is defined as an irreversible, incurable and untreatable condition caused by disease, illness or injury from which there can be no recovery and death is likely to occur within a relatively short time if life-sustaining treatment is not administered. A permanently unconscious state is defined as an irreversible condition in which the declarant is permanently unaware of himself or herself and surroundings and is unable to suffer or feel pain. At least two physicians must

examine the declarant and confirm the declarant’s condition. The physicians must also determine that there is no reasonable possibility that the declarant will regain the capacity to make informed decisions and that the life-sustaining treatment would mainly prolong the process of dying.

If the declarant is either in a terminal condition or in a permanently unconscious state, the living will directs the declarant’s physician to issue a DNR (do not resuscitate) order and to allow the declarant to die naturally. The declarant’s physician would administer no life-sustaining treatment, including CPR, however the declarant would receive comfort care necessary to make the declarant comfortable and to relieve their pain.

The living will must be signed by the declarant at the end of the document and witnessed by two witnesses or notarized by a notary public. The witnesses must be adults who are not related to the declarant by blood, marriage, or adoption, who are not the attending physician of the declarant, and who are not the administrator of any nursing home in which the declarant is receiving care.

If a declarant has both a living will and a valid durable power of attorney for health care, the living will supersedes the durable power of attorney for health care to the extent that the provisions of the documents would conflict. In other words, a health care agent cannot override the declarant’s wishes in a living will.

A living will has no expiration date. However, a declarant can revoke the living will by notifying their physician and physically destroying the original and all copies. Hospitals and physicians are permitted to rely on a copy of the living will instead of the original. Further, the living will often includes a statement that the declarant intends that the living will be honored in another state to the extent allowed by law.

Ultimately, a living will allows a declarant to control their healthcare. It reduces stress for loved ones and prevents disagreements among family members during emotional situations. By clearly stating healthcare wishes in advance, you ensure that your voice is heard when you are unable to communicate your wishes. It is important to seek the assistance of an attorney to make sure that the living will is properly prepared and executed.



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Michael Laribee is a partner in the Medina law firm of Laribee Law, LLP. This article is intended to provide general information about the law. It is not intended to give legal advice. Readers are urged to seek advice from an attorney regarding their specific issues and rights.

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Information, respite, counseling & other services.

**Older Americans Act Programs:**

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**PASSPORT Medicaid Waiver Program:**

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# Western Reserve

## Area Agency On Aging

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# Harvest Jamboree Brings Community Together for Care in Medina

This September, Medina County will come alive with music, laughter and the spirit of giving at the Harvest Jamboree, a special evening in support of Hospice of the Western Reserve in Medina. The event will take place on Saturday, Sept. 13, at 6 p.m. at the picturesque Forever Farms Blueberry Barn. Guests can look forward to a lively night filled with local flavors, toe-tapping music, fun activities, and the warm company of neighbors and friends, all while raising essential funds for compassionate care.

The Harvest Jamboree is more than just a seasonal gathering. Every dollar raised at the event will stay in Medina County to support patients and families receiving hospice and palliative care close to home. From expert medical support to emotional and

spiritual care, Hospice of the Western Reserve provides comfort, dignity and peace of mind during life's most challenging moments.

"This event shines a light on the community's generosity," said Alexis Willoughby, Medina Community Relations and Fundraising Manager for Hospice of the Western Reserve. "It's an evening to celebrate together, while also ensuring that families in Medina continue to receive the care and support they deserve."

Adding even more excitement to the evening is the Nemacolin Raffle. For just \$100 per ticket, attendees have the chance to win a \$4,000 luxury resort experience at Nemacolin, one of the nation's premier destinations for relaxation and adventure.

Guests at the Harvest Jamboree can enjoy the rustic charm of the Blueberry Barn while savoring seasonal dishes and live entertainment. The event promises a welcoming atmosphere where community members can gather to celebrate the season and make a lasting difference for their neighbors in need. For seniors,

families, and supporters across Medina County, the Harvest Jamboree is an opportunity to connect, give back, and enjoy an unforgettable evening.

## JOIN THE CELEBRATION

The Harvest Jamboree will be held on Saturday, Sept. 13, at 6 p.m. at Forever Farms

Blueberry Barn in Medina. Tickets, event details and raffle entries can be found at [hospicwr.org/jamboree](http://hospicwr.org/jamboree).

By attending or by purchasing a Nemacolin raffle ticket you're ensuring that hospice and palliative care in Medina remains strong, compassionate, and accessible to all who need it.

### The prize package includes a \$4,000 resort credit, which can be used for:

- Championship golf designed by Pete Dye
- World-class spa treatments
- Fine dining and unique culinary experiences
- Family adventures and luxury accommodations

Only 100 tickets will be sold, giving each entry remarkable odds of winning. The drawing will take place during the Harvest Jamboree, though the winner does not need to be present to claim the prize.



At **Hospice of the Western Reserve**, we walk alongside families facing serious illness – offering care, guidance and comfort tailored to your needs. Whether at home, in a care facility or in one of our hospice care centers, our team is here to help you focus on what matters most.



800.707.8922 | [hospicwr.org](http://hospicwr.org)





# SUPPORTIVE TECHNOLOGY:

## Making life better for seniors and people with disabilities

From: The MCBDD

Technology has come a long way—and it's not just for the young or super tech-savvy. In fact, some of the biggest benefits of modern tech are being felt by seniors and people with disabilities. From smart home gadgets to apps that help with everyday tasks, supportive technology is opening up new possibilities and making life easier, safer, and more connected.

### MORE INDEPENDENCE AT HOME

One of the biggest ways technology is helping is by giving people more control over their daily lives. Things like voice assistants (like Alexa or Google Home), smart lights, and remote-controlled thermostats let you adjust your environment without having to move. For someone with limited mobility or arthritis, just being able to turn off the lights or change the TV channel using your voice can be a game changer. It means fewer physical challenges and less need to rely on others for simple tasks—which can feel incredibly empowering.

### STAYING CONNECTED WITH FAMILY AND FRIENDS

Feeling isolated is a big issue for many older adults and people with disabilities, especially if it's hard to get out and socialize. Supportive tech makes it easier to stay in touch. Video calls, messaging apps, and even social media can help keep connections strong. There are also devices and apps designed specifically for people who have trouble speaking or hearing,

like text-to-speech software or captioned video calling. These tools make communication easier and more inclusive, so nobody feels left out.

### KEEPING AN EYE ON HEALTH

Health and safety are concerns for many people, especially those who live alone. Thankfully, there are many tech tools that can help with this. Wearable devices can track things like heart rate, steps, and sleep. There are also sensors that detect falls and alert caregivers or family members right away. Plus, with telehealth options, people can talk to doctors or therapists online—no need to leave home or wait in crowded clinics. It's convenient, safe, and saves time.

### HELP WITH MEMORY AND DAILY TASKS

For people with memory challenges—like those living with dementia or cognitive disabilities—technology can help keep things on track. Digital calendars, medication reminders, and smart pillboxes help make sure nothing important gets forgotten. There are even apps and devices that provide fun games and exercises to keep the brain active. And for emotional support, some people use robotic pets or digital companions that can respond to voice and touch—offering comfort and company, especially when living alone.

### THE BOTTOM LINE

Supportive technology isn't just about gadgets—it's about improving quality of life. It helps people stay independent,

**- Technology Makes a Difference -**



**Medina County**  
board of developmental disabilities

**Interactive Tech Expo**

*See! Touch! Experience! The Newest Technology!*

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**Summit Mall (3265 Market St., Fairlawn)**

See the newest technology which helps people increase independence, improve quality of life, and have better access to community. Over 50 vendors with hands-on interactive displays for vision and hearing, home adaptations, daily living health and safety, and mobility devices.

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safe, and connected. In Medina County, the Medina County Board of DD has a Smart Room that has a host of smart home technologies that people are able to try out to see if what works for an individual situation. The room is a

mock "home" set up to demonstrate a wide variety of technologies available to help a person be more independent within their home. Some of the technologies include a remote monitoring system, smart kitchen devices, Alexa,

remote-controlled doors, and much more. To schedule a visit or ask questions about the MCBDD Smart Home, please contact the MCBDD Assistive Technology Office at **330-725-7751 ext. 243**.

SAVE THE DATE

**THE VILLAS AT BAKERS RIDGE PRESENTS**



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# WHAT'S THE RIGHT TRUST FOR ME?

By: MARIE EDMONDS, Counselor at Law



MARIE EDMONDS



initial trustee, depending on the type of trust you have established.

Your Beneficiaries receive the proceeds from the trust based on those instructions you have left the trustee. The trustee may have specific instructions, or you may have given the trustee wide discretion. Depending on the type of trust, you might be the beneficiary while you are alive.

You typically transfer assets to a trust at which time the trust becomes the legal owner of those assets. The trustee then manages those assets and distributes them to the beneficiaries depending on your instructions.

Your trust typically is effective during your lifetime. So if you are setting up a revocable trust, of which you are the initial trustee, it means your successor trustee can step in and manage your assets if you become disabled, not just when you pass away.

**People create trusts for numerous reasons. Some of the most common are the following:**

## AVOIDING PROBATE

This is often the reason people look into setting up trusts as the court process can be time-consuming and costly. Assets owned by the trust do not go through probate court. However, there are many ways to avoid probate court other than by means of a trust. That depends on how you have titled your assets and/or named beneficiaries.

## REDUCING ESTATE TAXES

When Ohio had an estate tax and the federal exemption amount was quite small, this was definitely a motivation to set up a trust. However, the current federal estate tax exemption is \$13,990,000 for each individual, which is the amount that can pass tax free to your family upon your death. So this is still a motivating factor for very wealthy families, but it is not necessary for most of us.

## PROTECTING ASSETS

Depending on the type of trust, a trust can shield assets from the beneficiary's creditors, lawsuits and potential mismanagement. A revocable trust, however, does not protect your assets while you are alive, as you have complete control over them during your lifetime. However, this is a great reason to consider setting up trusts for your family within your own trust, to take effect upon your death.

## PROVIDING FOR LOVED ONES

Trusts are great tools to take care of minor children or those with special needs, according to your wishes and the instructions you leave. You can also use trusts to help a family member who may be a spendthrift or need some assistance in managing finances. You can set up trusts for grandchildren for whatever reasons are the most important to you.

## MANAGING ASSETS DURING INCAPACITY

Trusts allow for an easy transition of management of your assets to your chosen successor trustee should you become unable to manage your finances due to illness or incapacity.

When you hear the term "trust" you may think that a trust is only for wealthy families, discouraging you from getting more information from your advisors. Misconceptions about trusts often come from a lack of understanding of what a trust actually is, how it works and situations where it can provide just the benefits and protections you may be looking for.

**Although there are many types of trust, every trust has some things in common.**

As the Grantor (sometimes called settlor, trustor, trustmaker), you create the trust and decide which assets to put into it.

A Trustee manages the trust assets for the beneficiaries, based on the instruction you have included in the trust. You may be the



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Marie Edmonds



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# Weekender Bags & Beyond

## Nourishing Neighbors Across Medina County

By: ANNIE MILO,  
BEAT Reporter

No one should have to worry where their next meal is coming from, but for thousands of families in Medina County, that's a daily reality. Feeding Medina County is working powerfully to change that by making sure people have access to the food they need. Executive director Janet Newcomer states, "Our mission is to nourish our neighbors in need."

Feeding Medina County is the largest food pantry in the area, running five major programs that support children, seniors, and working families across the county. The organization began when local leaders recognized the growing problem of food insecurity



and joined forces to address it. As Newcomer puts it, "We don't want anyone in Medina County to go without food."

One of their biggest efforts is the Weekender Bags program. It started back in 2012 with

just 50 snack bags, but now they pack and deliver nearly 1,100 bags each week during the school year and even keep going all year round. These bags go to kids who get free or reduced-price lunches at school but might not have

enough to eat on the week-ends. Each bag is filled with simple, easy-to-make foods like snacks, breakfast items, and proteins, so kids always have something to eat when school meals aren't available.

Newcomer leads a dedicated team of four employees and over 200 volunteers. They work behind the scenes every day to keep the warehouse stocked with fresh produce, canned goods, and proteins, making sure food gets to the people who need it most. Their days are busy and varied. One day might be delivering bags to a school and the next could be organizing a food drive or speaking to community groups

Beyond the Weekender Bags, Feeding Medina County offers weekly food distributions where volunteers load groceries right into people's cars, an emergency pantry for those who need immediate help, monthly deliveries to senior housing, and even home deliveries for folks who can't get out. They always appreciate donations of shelf-stable foods and financial gifts that help stretch every dollar by allowing the pantry to buy in bulk.

Right now, Feeding Medina County supports more than 4,000 people each month. To donate, volunteer, or organize a food drive, visit [Feedingmedinacounty.org](http://Feedingmedinacounty.org). As Newcomer states, "We can't do what we do without the support and help of our communities."

## JOIN OUR COMMUNITY

Plum Creek Assisted Living provides a range of activities as diverse as its residents. Activities can include card games, garden club, enjoying a musical performance, Bingo, working a puzzle, enjoying the outdoors, and volunteer activities.

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# DIMINISHED CAPACITY

## and the competency to sign documents



ANN SALEK

As people live longer, the legal issues surrounding diminished physical and mental capacity become more and more problematic. I often have people tell me “my mom is unable to sign a Will.” When I question them further, I find out mom has the legal mental capacity needed to execute a Will but she just physically cannot sign her name. A physical inability to sign your name does not, in itself, preclude you from executing a document. A person can legally “sign” a document with just an “X” or a mark or even direct someone else to sign on their behalf so long as the person has the mental capacity necessary to sign that document.

People also tell me their loved one is “too out of it” to execute a document. However, the mental capacity necessary to execute a Will is relatively low (often referred to as “Testamentary Capacity”). In very simplified general terms, Testamentary Capacity requires

you to know (1) your family; (2) your property; and (3) generally understand that a Will is a document directing the disposition of your property upon your death.

Furthermore, the Testamentary Capacity level is only needed at the time of execution. Therefore, you may have “moments of lucidity” when you have the capacity level necessary to execute the Will but an hour later, you do not have that capacity level. So long as you execute the Will during a “moment of lucidity,” forgetting what you signed an hour later will not invalidate that Will.

“Contractual Capacity” is a higher level of capacity needed to execute documents such as a real estate deed or a financial power of attorney or enter transactions such as gifting property or selling a business. Contractual Capacity requires the ability to comprehend the nature and effect of the transaction.

This higher capacity standard requires more than a transient surge of lucidity, it requires an understanding of the significance and consequences of the transaction. Many believe it makes sense that Testamentary Capacity is lower than Contractual Capacity because the consequence of your testamentary decisions does not occur until after you are deceased but the consequences of your contractual decisions typically occur while you are still living.

Determining whether someone is “competent” to execute a document depends on whether that person meets these capacity levels. The capacity level can be determined by a combination of input from several different sources such as a physician, attorney, family members, etc. Keep in mind that just because someone may not seem “with it” doesn’t mean they cannot execute documents or enter transactions.

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# At-Home Management of Medications Safely After Surgery

## Tips from Archangels Specialty Home Care

By: SHERRY CASSILY, Archangels Specialty Home Care



SHERRY CASSILY

### Home Care Services by Angels on Earth

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### Use a shoe box as an Alternative Chart/Schedule to keep it simple:



#### Organize your pill containers with these steps:

- Flip caps upside down for easier opening.
- Label clearly: Write the medication's name on the lid.
- Assign a unique number to both the lid and the side of its corresponding container to avoid mix-ups.
- Store everything in a shoebox.

#### Organizing Daily Dosages in a Shoebox Lid

- Create cardboard dividers within the shoebox lid. The number of sections should match your daily medication times.



Note: egg cartons and muffin tins will also work if they have the correct number of slots

- Line the bottom of the lid with a paper towel and mark dosage times directly onto it.
- Place each day's medication into its corresponding time slot.

Recovering from surgery often means managing multiple medications with varying dosages and schedules, which can feel overwhelming. At Archangels Specialty Home Care of Medina County, we have extensive experience helping our home care clients safely and effectively manage their medications. A clear organization system is crucial for your safety and recovery. Here are some tips:

### Essential Preparation & Communication

#### GET A DETAILED MEDICATION LIST FROM YOUR DOCTOR / HOSPITAL

Before discharge, ensure you have a written list of all medications, including:

- Medication name (brand and generic)
- Dosage (e.g., 500mg, 1 tablet)
- Frequency (e.g., twice daily, every 4-6 hours)
- Time of day (e.g., morning, with dinner, before bed)
- Specific instructions (e.g., with food, on an empty stomach, as needed)
- Understand "As Needed" Medications: Pain and nausea prevention medications are often prescribed "as needed." Discuss with your doctor how to best use these to manage pain or nausea effectively without overdoing it.

### ORGANIZING YOUR MEDICATIONS

- Pill Organizers (Pill Boxes): This is perhaps the most essential tool.
- Daily Dosage Organizer: A shoebox, egg carton, or muffin tin can be used to organize daily dosages.
- Weekly Organizers: Look for a pillbox with compartments for each day of the week, large enough to hold all the pills needed daily. At the beginning of each week, fill in your pill organizer for the entire week based on your medication schedule.

### MEDICATION CHART / SCHEDULE

Create a visual chart using a whiteboard, a printed template, or a notebook to list all your medications, their dosages, and the exact times you need to take them.

Medication Name (Brand and Generic)	Time/s of Day	Dosage	Frequency
Acetaminophen (Tylenol)	8am/ 8pm	500mg	Twice daily
Ibuprofen (Advil)	8am/ 2pm/ 8pm/ 12pm	200mg	Every 6 hours
Metformin	9pm	1 tablet	Once daily
Amoxicillin	10am/4pm/ 10pm	250mg	Three times daily
Lisinopril	10am	10mg	Once daily

### SET REMINDERS

- **Smartphone Alarms:** Use your phone to set multiple alarms for each medication. Label them clearly (e.g., "Pain Meds AM," "Blood Thinner PM").
- **Smart Speakers/Digital Assistants:** If you have a smart speaker (like Google Home or Amazon Alexa), utilize voice reminders.
- **Pill Reminder Apps:** Consider dedicated medication reminder apps, which often include tracking features. The Medisafe Medication Management App is a highly rated option.

### DAILY HABITS

- **Link to Routine:** Try to tie medication times to existing daily habits, like brushing your teeth, eating meals, or going to bed.
- **Hydration & Food:** Be mindful of instructions to take medications with or without food and ensure you are drinking plenty of water.
- **Constipation Prevention:** Your doctor will likely prescribe stool softeners. Take these as directed, it is easier to prevent constipation than to treat it. Increase fiber and water intake as well.
- **Refill Management:** Keep an eye on your medication supply.

By implementing these organizational strategies, you can minimize stress and ensure you are taking your medications correctly, which is vital for a smooth and successful recovery from surgery.



# AUTO INSURANCE HELP

From: DENNY BAUER, Romig Finnicum Insurance



## RENTAL CAR COVERAGE

As the owner and agent of an agency that sells auto insurance, one of the most common questions I am asked is, "When I rent a car, should I take the car rental companies insurance"? The answer to this age-old question is that it depends. Here are things to consider.

■ Does your current personal auto insurance have comprehensive and collision coverage? If so, your coverage should cover your rental if you get into an accident. I recommend you confirm your coverage with your agent.

■ If you are traveling abroad, you need to confirm with your agent that you have coverage. Most policies don't cover you in a foreign country when renting a vehicle in that country.

■ If you are traveling on business you should consider taking the insurance that is offered. Most personal auto policies don't cover you when using the car for business purposes.

■ If you are renting a truck that will be used for moving, you should consider taking the insurance provided by the rental agency as it's designed to cover that type of risk.

■ If you are the type of person who enjoys the peace of mind of knowing that if something happens to the vehicle, you can hand the keys back and walk away, you might want to consider taking the offered coverage.

To conclude, other than some of the considerations mentioned above, if you have a policy that covers comprehensive and collision, you don't have to spend the money on the extra insurance.



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# TRUSTED HELP AT HOME

Why Non-Medical Care is Changing Senior Living



At BTR Haus 55+ communities, the role of non-medical home health providers has become increasingly vital in supporting residents' independence and well-being. Unlike traditional housekeeping services, non-medical home health offers a more specialized approach tailored to the needs of older adults.

"These care partners aren't just cleaning—they're trained to understand seniors," said Christina Waller. "They know how to communicate, how to respond, and they receive in-depth training in areas like dementia care."

This training makes a world of difference. As care partners assist with daily tasks such as housekeeping, they also build trusted relationships with residents. Over time, this bond helps ease transitions when seniors require more personal assistance.

Transportation services are another key benefit. "Providers escort our residents to doctor appointments, stop to pick up prescriptions, and make sure they return home safely," Waller explained. "In some cases, they even update family members or powers of attorney about the visit—which gives everyone peace of mind."

Safety and trust are also top priorities. Integrated Providers Homecare ensures that every care partner is licensed, bonded, and background checked—a safeguard that families consider essential when welcoming someone into their loved one's home.

The services also extend to short-term recovery. After a hospital or skilled nursing stay, seniors often need temporary help with mobility or bathing. Non-medical home health providers step in to bridge that gap, supporting both recovery and independence.

Integrated Providers Homecare has become a trusted partner for many families seeking reliable, compassionate care across several BTR Haus communities, including The Village at Hinckley Oaks and The Villas at Bakers Ridge.

## INTEGRATED PROVIDERS HOMECARE AT A GLANCE

- Personal Care
- Medication Reminders
- Light Housekeeping
- Meal Preparation
- Transportation to Appointments and Errands

## LEARN MORE:

[www.integratedprovidershomecare.com](http://www.integratedprovidershomecare.com)  
Program Manager: LaChelle Lettrich  
**330-433-7343**

## OUR MISSION

Born from the vision of dedicated healthcare professionals, Integrated Providers Homecare is committed to elevating private duty homecare. Their mission is to provide exceptional, personalized care that meets the unique needs of every individual they serve.

## Local BTR Haus Communities

**The Village at Hinckley Oaks**  
1456 Ridan Way Road,  
Hinckley, OH 44233  
(330) 632-3223

**The Villas at Bakers Ridge**  
21600 Experience Way,  
Strongsville, OH 44149  
(440) 291-5455  
Email: [bakersleasing@btrhaus.com](mailto:bakersleasing@btrhaus.com)



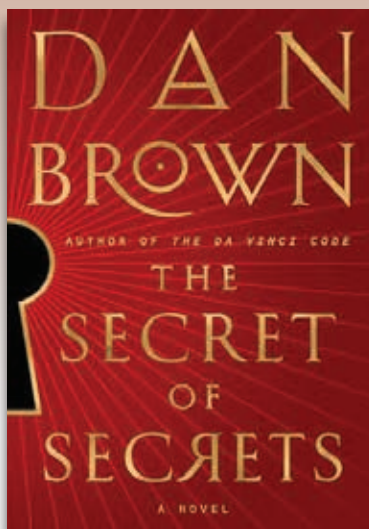
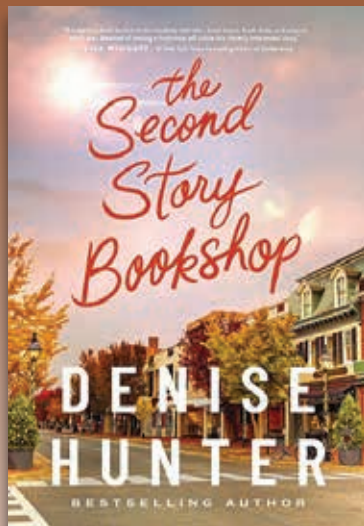
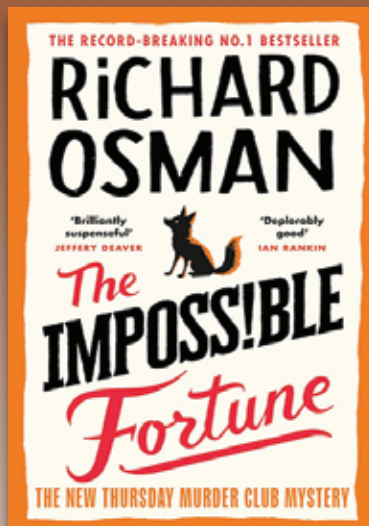


# LIBRARY NEWS

*Read it and Reap!*

## FALL READING Some Titles to Check Out!

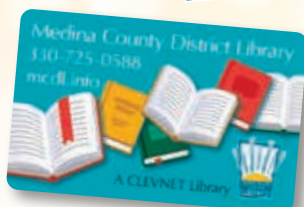
From: MARY OLSON, Readers' Advisory Librarian



## Get a Library Card

**Knowledge and  
entertainment  
are yours!**

[mcdl.info/Card](http://mcdl.info/Card)



**Medina County District Library**

## Brush Up on Your Computer Skills and Learn New Ones at MCDL!

### CAMP WIRED

Medina - Every Thu., 10:30 am - 12:00 pm  
Learn or brush up on your computer skills and software with Sherri. Call for topics. No session Nov. 27 No registration required.

### TECH CLASSES

Learn new computer and technology skills with Pieri.

Medina - Wed., 6:30 pm  
Sep. 10 - Microsoft Excel  
Oct. 15 - Safety & Security: Online Scams  
Nov. 12 - All About Internet Browsers  
Lodi - Wed., 6:30 pm  
Sep. 17 - Windows 11 Features & Customizing  
Nov. 19 - Apple iPhone Apps  
Brunswick - Thu., 1:00 pm  
Sep. 18 - Android Device Apps  
Oct. 9 - Safety & Security: Online Scams  
Please register at [mcdl.info/TechnologyEvents](http://mcdl.info/TechnologyEvents)

### DIGITAL LAB & MAKERSPACE DEMOS

Medina - Mon., 1:30 pm - Watch equipment demonstrations.  
Oct. 6 - Cricut, sublimation printer, and mug press  
Nov. 10- Betamax tapes, vinyl records, and audio cassettes.  
Please register at [mcdl.info/TechnologyEvents](http://mcdl.info/TechnologyEvents)

### INTRODUCTION TO CANVA

Medina - Mon., Oct. 27, 6:30 pm - View a demonstration of Canva, a free, online resource for graphic design. Learn to create custom designs for a variety of projects. Includes discussion of how to print creations in the Makerspace. Please register at [mcdl.info/TechnologyEvents](http://mcdl.info/TechnologyEvents)  
Adult Events

### PRESERVING DIGITAL MEMORIES

Medina - Wed., Nov. 4 6:30 pm - Learn to use the 3-2-1 backup system to keep your digital files safe and secure. Please register at [mcdl.info/TechnologyEvents](http://mcdl.info/TechnologyEvents)

## The Following Art Shows will be Held During the Fall Season (Sept-Nov)

### MEDINA LIBRARY B. SMITH GALLERY

#### Beyond the Rainbow

Sep. 2-28 - The eight local artists of Women in Art will explore the colors of the rainbow spectrum and take them a step beyond into the creation of exciting new art. Reception - Sun., Sep. 7, 2:00 - 4:00 pm

#### A Path Forward

Oct. 6 - Nov. 2 - The PerSisters share not only beauty, but also thought-provoking art about some of today's most pressing issues and conflicting ideas, hopefully leading to conversation and discovery of common ground.

#### Interpretations

Nov. 10 - Dec. 7 - Do all artists see things the same way? Or, does their emotional connection to a landscape affect their interpretation? Cuyahoga Valley Area Plein Air Painters explore this idea with their paintings.

### BRUNSWICK LIBRARY

#### 42nd Annual Medina Needlework Guild Show

Sep. 13-14 - Enter a needlework creation in this juried show. Entries accepted Sep. 11 at Brunswick Library until 7:45 pm. Junior category for ages 18 and under. Fee structure and more information at [mcdl.info/art](http://mcdl.info/art).

### HIGHLAND LIBRARY

#### Vintage Buttons Exhibit

Sep. 8-30 - View a magnificent collection of buttons from the Buckeye State Button Society. Learn about antique button collecting on Sep. 30; see page 18.

#### Honey Bee Quilters

Sep. 21 - Oct. 16 - View amazing quilts and find out how to join their club and make vibrant quilts.

#### Vintage Vanities Jewelry Exhibit

Nov. 4-26 - Patriotic and Sweetheart Jewelry of the WWII Era worn by those who had loved ones in the United States armed forces.

## WANT TO SHOWCASE YOUR ART?

Medina County District Library features galleries at Medina, Brunswick, Highland, and Lodi Libraries. For more information on showcasing your art at MCDL, visit [mcdl.info/art](http://mcdl.info/art) or email [art@mcdl.info](mailto:art@mcdl.info).





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